Latent heat storage in PCM containing mortars—Study of microstructural modifications

S.S. Lucas a,*, V.M. Ferreira a, J.L. Barroso de Aguiar b

a University of Aveiro/CICECO, Department of Civil Engineering, 3810 193 Aveiro, Portugal
b University of Minho, Department of Civil Engineering, Campus de Azurém, 4800 058 Guimarães, Portugal

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The incorporation of phase change materials (PCM) into traditional mortars give to these products the ability to store and release heat. In this way it is possible to reduce the energy consumption and improve the thermal comfort in buildings. The introduction of micro and nanomaterials in the mortars matrix can cause microstructural changes that need to be addressed in order to optimize the PCM addition. The relationship between the hardened state performance of different PCM-mortars, its internal microstructure and pore distribution as been observed for different binders such as lime, cement and gypsum. Their hardened state properties, microstructural modifications and heat storage capabilities were evaluated. The ability to store and release heat depends strongly on the size and distribution of internal pores and not only on the PCM content. Using a thermal efficiency test, an important correlation between thermal performance and the mortars microstructure was established, for mortars with 0–30% of PCM added.

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1. Introduction

Planning low energy buildings constitute a major challenge for sustainable construction. Excessive demand on fossil fuels contributes for the depletion of non-renewable resources and higher pollutant emissions. Growth on energy prices result in more operational expenses from heating and cooling systems, increasing the buildings life cycle cost [1]. To perform an energy impact assessment is essential to consider the total energy consumption during the building life cycle, including the use of heating, cooling and lighting systems. Materials selection can be of particular importance, since it can contribute to a significant reduction of the operational energy intake, improving the building environmental performance [2]. The use of materials with latent heat storage capabilities reduces the HVAC (heating, ventilation, and air conditioning systems) operation time, saves energy, diminish the pollutant emissions and fossil fuels depletion [3]. Latent heat storage occurs at constant temperature with low volume change and PCM (phase change materials) can store high amounts of energy. The latent heat transfer, caused by the PCM fusion, occurs at a temperature designated as phase change temperature. Latent heat storage is therefore dependent of the enthalpy change and can be determined from Eq. (1).

\[
\Delta Q = m \times \Delta H
\]

(1)

where \(\Delta H\), enthalpy variation (J); and \(m\), material mass (g).

One of the first studies concerning thermal energy storage was published in 1947 and describes an attempt of applying PCM in thermoelectric generators [4]. Reports performed by NASA in the 60’s and early 70’s delivered the first findings on thermal energy storage materials with PCM [5]. Energy crisis and growing environmental concerns motivated the research of possible applications of PCM as an alternative for energy storage in buildings. Phase change materials can be classified into different classes depending on their chemical composition [6]. Organic PCM are amongst the most studied and used, having a wide range of possible applications. Paraffins mixtures are commercially available, with a very competitive price and therefore, interesting for buildings applications [7]. They are available in several transition temperatures, compatible with the construction materials and are chemically stable [3]. In constructive applications – where contamination and leakage might compromise the system efficiency – the PCM required encapsulation. Depending on the size of the capsule, the method can be classified as macro or microencapsulation. The microencapsulation method can produce capsules ranging from 1 μm to 1000 μm containing small quantities of PCM confined in a shell of a polymer thin film, usually PMMA (polymethylmethacrylate) [8]. The research of potential applications of PCM in mortars has been focused mainly in cement and gypsum compositions.

* Corresponding author. Tel.: +351 933480007.
E-mail addresses: sandra.lucas@ua.pt (S.S. Lucas), victorf@ua.pt (V.M. Ferreira), aguiar@civil.uminho.pt (J.L.B.d. Aguiar).

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Several authors studied the impregnation of concrete, demonstrating the viability of the process for latent heat storage [9]. The reduction of the structural weight compared to the traditional product is one of the main advantages of this technique. In lightweight construction, the lower thermal mass increases the energy demand to maintain the indoor temperature within the comfort range. The incorporation of PCM in light structures, taking advantage of passive solar gains, reduce the temperature peaks and energy intake for heating and cooling [10]. However, the impregnation method presents several problems, such as: high risk of leakage to the surface, loss of material integrity, decrease in mechanical strength, odours and poor adhesion of paint coatings to the surface [11]. The development of the microencapsulation technique and its commercial availability enables the incorporation into porous materials. The product became safer, with the leakage problem and odour release solved [12]. Cement products incorporating phase change materials exhibit high thermal performance so they are viable as a construction product [13]. The PCM is introduced in the cement and gypsum pastes as an emulsion, which implies a higher water content causing a mechanical strength reduction [14,15].

In the past years, several commercial products with latent heat storage capabilities (concrete and gypsum wallboards) appeared in the market. Lime mortars are commonly used in the rehabilitation of historic buildings consequently, the incorporation of PCM enhances mortars workability and hardened state properties, increasing energy efficiency [16,17].

This work attempts to establish a relationship between the hardened state performance of different PCM-mortars and its internal microstructure and pore distribution. Several binders such as lime, cement and gypsum, with different PCM contents were used.

2. Experimental

2.1. Materials and formulations

Different mortars were prepared with three commercial binders: hydrated lime, Portland cement CEM II 32.5 N and gypsum stucco plaster; siliceous sand was used as fine aggregate. The phase change material (Micronal DS 5008) comprises a paraffin mixture encapsulated in a polymethylmethacrylate (PMMA) shell, with an average particle size of 6 μm, transition temperature of 23 °C and enthalpy of 135 kJ/kg. It was added to the mixtures 1 wt.% of a superplasticizer (Glenium 51), for workability control. According to Table 1, a pre-defined set of base compositions were tested with different PCM amounts (0, 10, 20 and 30 wt.% of total solids). The kneading water content was adjusted to each formulation in order to maintain the slump value constant (Table 2), keeping the mortar workability as constant as possible with the increasing amount of additive. Slump was determined with the flow table test as specified by European Standard EN 1015-3. The fresh mortars preparation started with the weighting of the raw materials and additives, followed by a manual dry mixing in a plastic bag. The superplasticizer and the kneading water where added and the mortar was mixed in an automatic mixer at 60 rpm.

2.2. Hardened state characterization

The samples for the mechanical strength tests were prepared following the procedure described in the European Standard EN 1015-11. The tests were carried out after a 90 days curing time, where the samples were stored at a temperature of 20 °C ± 2 °C and 65% ± 5% of relative humidity. The pore size and pore distribution was determined using a mercury intrusion porosimeter (AutoPore IV Micromeritics) working in a pressure range from 4 kPa to 228 MPa allowing measuring pores between 5 nm and 360 μm. Three samples were prepared for each test and each composition. The PCM and the mortars microstructure were investigated using a scanning electron microscope (SEM) Hitachi SEM SU-70.

2.3. Thermal efficiency measurements

The PCM mortar heat storage evaluations were performed with tests that simulate as closely as possible the real application conditions. For this purpose small-scale test cells made with an insulating material (extruded polystyrene) were developed. These cells were built with polystyrene board of 10 mm thickness and have a dimension of 200 mm × 200 mm × 200 mm. The removable top were prepared with styrofoam with an opening for the thermocouples. The cells were coated on the inside with a mortar layer of 3 mm. For each composition, cells with different amounts of PCM (0, 20 and 30 wt.%) were tested. The thermocouples were placed inside for temperature measurement and were connected to a data acquisition system (Data Logger Switch Unit from Agilent). For the climatic chamber tests a temperature cycle was set a minimum temperature of 10 °C and maximum of 40 °C with a heating and cooling rate of 0.5 °C/min. There was a steady-state period of 10 min at the maximum and minimum temperature value. The aim is to trigger the PCM phase transition (between 23 and 25 °C) to assess the impact of the heat storage and release when the temperature rises or falls throughout the cycle.
3. Results and discussion

3.1. Hardened state properties

Fig. 1 shows the results of the flexural and compression strength for all the compositions.

For the lime composition (L), with 10 wt.% of PCM, the mechanical strength remained stable, showing only a slight reduction however, with 20 and 30 wt.% of PCM increases, even surpassing the value of the reference mortar (0 wt.% PCM). These results, obtained with the aerial lime mortars are different from what is stated in other studies, where concrete and plaster are incorporation matrix for the PCM [14,15]. Hunger et al. reported a mechanical strength loss of 30% in cement mortars for an addition of only 1 wt.% of PCM, with 5 wt.% the reduction is higher than 60%. Therefore, an analysis of microstructure and porosity distribution is essential to understand the hardened state behaviour of the lime mortar composition. The differences in the mechanical strength obtained for the tested compositions could be related with the internal porosity and pore size distribution of the mortar.

Fig. 2 shows the curves that represent the internal porosity distribution, for each lime formulation tested. Without PCM the pores distribution is bimodal, having clearly defined dimension ranges (around 0.75 μm and 12 μm), but with the incorporation of PCM the pore size decreases. The reduction of the macroporosity (above 5 μm) and a larger concentration of nanopores (below 0.5 μm), for 20 wt.% and 30 wt.% of PCM, can be the reason for the mechanical strength increase. The PCM incorporation results in a better pore size distribution inside the lime mortar matrix, contributing to an improvement of the mechanical properties. Other authors also found that, in aerial lime mortars, the hardened state performance is strongly influenced by the pores dimension and concluded that the mortars with smallest ones exhibit higher mechanical strength [18]. Up to 20 wt.% of PCM, the increasing amount of pores, being more meaningful for the ones smaller than 1 μm, stabilizes the total porosity (Fig. 3). In the mortar with 30 wt.%, the total porosity increases as a consequence of the presence of micropores (0.5–5 μm) however does not affect the mechanical properties. It can be concluded that the pore size reduction, overlaps the porosity increase, contributing to enhance the hardened state performance. This clearly demonstrates the impact of the pore size reduction to the mechanical strength improvement of aerial lime mortars [19].

In the lime-cement mortar (LC), 50% of air lime binder was replaced by cement. According to Fig. 1, the use of cement obviously leads to higher mechanical strength compared to the plain air lime mortar. Even with the increasing content of PCM, the values remain above 2.5 MPa (flexural) and 4 MPa (compression). The reduction of the mechanical strength with the addition of 10 wt.% of PCM and the subsequent increase is similar to what was observed in the air lime composition (L). In Fig. 4, it can be seen that the reference mortar also presents a bimodal porosity distribution. The presence of cement as binder can help to reduce the volume of pores and total porosity [20]. The incorporation of PCM implies a gradual reduction of the larger pores (above 1 μm) that leads the pore distribution curve to progressively move to a range below 1 μm with 10 wt.% of PCM and 0.5 μm for 20 and 30 wt.% of additive content. It can be concluded that the mechanical strength is more affected by the size of the pores than for the total porosity (Fig. 5), in other words, by reducing the average pore size it is possible to increase the mechanical strength [21]. Introducing cement reduces the pore size when compared to the lime composition (L), for equal amounts of PCM. Aranidgyoen et al. report benefits of using blended cement-lime mortars in rehabilitation work, stating that it is advantageous and does not compromise in many cases the compatibility with pre-existing materials [22].

Fig. 1 shows that for the mechanical strength of the composition identified as LG, a mortar composed by two binders – lime
gypsum, with the increasing PCM content, is different from the previous compositions (L and LC). The values obtained with PCM are always lower than the reference mortar – the recovery noticed in L and LC compositions does not take place. The introduction of gypsum in the base composition has dramatically changed the porosity distribution (Fig. 6), which concentrates on higher values close to 2.5 μm, with some residual porosity in the range between 7 and 15 μm. Even with the elimination of the larger pores (above 7 μm) with the introduction of PCM, the pores are always distributed in a range between 1 μm and 5 μm, with absence of nanoporosity. The total porosity of the compositions tested is strongly dependent on the pore distribution curves, as shown in Fig. 7. The 20 wt.% formulation having lower pore size and lower porosity, exhibit higher mechanical strength.

Although being less apparent the benefit of the lime binder in the lime-gypsum mortar, it can be concluded that aerial lime contributes to reduce the macroporosity in PCM-containing mortars, which explains the improved mechanical strength. In the lime and the lime-cement compositions (L and LC), the significant growth of nanoporosity caused by the PCM incorporation, increases the mechanical strength. For the cement mortar (C), there is a steady mechanical strength decrease with the increase of PCM added (Fig. 1) although, even for 30 wt.% of PCM, the compressive strength exceeds 4 MPa. The formulation without PCM exhibits internal porosity distributed in two distinct intervals (Fig. 8), between 10 and 100 μm and 0.05–4 μm. With the incorporation of PCM into the cementitious matrix, the distribution curve moves to smaller sizes with a filling effect that eliminates the macropores. The difference of the cement mortar (C) to the lime (L) and lime-cement (LC) compositions lies in the pores size, which is, in this case above 0.5 μm. Nevertheless, it is possible to incorporate the microcapsules of PCM (with average size between 1 and 10 μm) in the cement mortar matrix, without compromising the hardened state properties [23]. The filing effect of the larger pores, that were present in great extent in the reference mortars (0 wt.% PCM), causes a slight decrease of the bulk porosity in the composition with 20% of PCM (Fig. 9). In the composition with 30 wt.% of additive, the porosity above 0.2 μm increases as well as total porosity, which reduces the mechanical strength.

3.2. Microstructure

By a more detailed analysis of the PCM in a scanning electron microscope (SEM), it was concluded that these particles – with dimensions between 3 and 20 μm (Fig. 10) – are in fact aggregates consisting of smaller spherical particles. In the Fig. 10 it included an image taken with greater magnification of individual particles of PCM smaller than 1 μm. An analysis of these images helped
to determine an average size of 0.4 μm for the capsules. So, even though the current designation of microcapsules, it can be consider a nanomaterial. The spherical shape of the capsules and its aggregates contributes to reduce the inter-particles friction and favours the lime mortars workability. The incorporation of PCM facilitates the mixing process in lime mortars, allowing a good control of fresh properties and a better hardened state performance [17].

SEM (Figs. 11 and 12), show the internal structure of the lime-based compositions with 30 wt.% of PCM (L and LC). It can be seen that the way the capsules are distributed in the mortar matrix contributes to reduce the pores size. The internal structure of the mortar with PCM is more cohesive in comparison with the reference mortar that exhibits biggest pores. The PCM shows a good integrity, without signs of rupture or damages, which demonstrates that the microcapsules can resist the process of the mortar preparation (mixing, application and curing).

### 3.3. Latent heat storage performance

The air lime mortar (L) was tested in a climatic chamber and Fig. 13 demonstrates the effect of PCM when incorporated into the base formulation. This effect is more evident in the composition with 30 wt.% of PCM, but even with 20 wt.% is already visible the latent heat storage capability. The curves of 20 wt.% and 30 wt.% show a delay relative to the reference one. With the addition of PCM, the test cells take longer to reach the maximum and minimum temperature, during heating and cooling respectively.

It is observed that as the temperature leaves the interval between the 20 °C and 25 °C (the PCM phase change) the curves of the test cell with additive begin to evolve differently from the reference cell. During the heating process, when the imposed temperature exceeds 25 °C, the test cells with PCM exhibited a slower heating rate. The reference cell have the highest temperature, in the cells with PCM, the maximum temperature is lower. The same effect can be verified in the cooling stage, more pronounced in the cell with 30 wt.% When the temperature lies near the indoor thermal comfort zone, the cells exhibit similar temperature values, since the PCM does not react within this range. The effect of latent heat storage (heating) and heat release (cooling) is detected only when the temperature diverges from the thermal comfort zone. The lower heating and cooling rate validated by the test cells with 20 and 30 wt.% of PCM confirm the heat storage capability. Since cells with PCM did not reach such extreme temperatures as the reference test cell, the temperature inside remains stable for a longer period. This mean a shortest operation time of HVAC systems when PCM-mortars are used and effective energy saving can be achieved.

The analysis of the temperature evolution curves does not provide enough information about the behaviour of these mortars when subject to consecutive heating and cooling cycles. It is necessary to assess how the temperature differs within each cell, relative to the reference one. Fig. 14 shows the variation of the thermal gradient throughout the test. This gradient reflects the temperature difference between the cell with PCM-mortar and the reference cell. It is determined by the difference between the test cell with PCM and the reference cell, in each moment of the temperature cycle. Thus, at any given moment, i, the temperature gradient between the reference cell and the cell with PCM can be calculated by the formula from Eq. (2):

$$\Delta T_{i} = (T_{i} - T_{\text{ref}})_{\text{i}}$$

(2)

where \(T_{\text{ref}}\), reference temperature at instant \(t = i \) (°C); and \(T_{\text{PCM}}\), temperature inside the cell with PCM when \(t = i \) (°C).
As the temperature cycle runs, the thermal gradient in cells with
PCM increases – as a result of the cyclic heat storage process. Hence,
the gradient decreases until it reaches the point where the cells
are all with the same temperature. This point is reached in
the zone between 23 and 25 °C, the thermal comfort zone (Fig. 14).
The mortar with 30 wt.% of PCM – which presents pores between 1
and 5 μm and a higher value of total porosity – exhibits the largest
thermal gradient. With 20 wt.% of PCM the porosity distribution lies
between 0.4 and 3 μm so, because average pores size is smaller and
the porosity lower, the heat transfer is delayed. The pore distribution
play an important role in the heat exchange between the PCM
and air – the reduction in the pores size can difficult such transfer.
Since the heat exchange is slower than in composition with 30 wt.%
of PCM, there is a reduction of the thermal gradient. Although the
smaller thermal gradient in the cell with 20 wt.% PCM, particularly
during cooling, it is possible to achieve differences exceeding 2 °C
– allowing to obtain energy savings with the application. The fact
that the lime mortars have higher amount of pores below 0.5 μm,
confirmed with the mercury intrusion porosimetry, has delayed the
heat exchange.

For the lime-cement mortar (LC), the behaviour is opposite to
the observed in with the lime composition, L (Fig. 15). Now, the
most significant difference between the heating and cooling curves
can be seen for the mortar with 20 wt.%. It shows a delay in the
heating and cooling rate and the temperature range is narrower.
During the heating process, shortly after the phase change at 26 °C,
the temperature curve for the cell with 20 wt.% of additive stands
out, while for the mortar with 30 wt.%, the difference only became
noticeable for 35 °C. The difference in the temperature evolution
throughout the cycle is even more apparent during the cooling pro-
cess. With 20 wt.% of PCM the decrease in the cooling rate begins at
23 °C, to 30 wt.% of additive only starts below 17 °C. Fig. 16 shows
the variation of the thermal gradient, which is more pronounced
in the cell with 20 wt.% of PCM. It should be expected that the
composition with more PCM exhibit the highest thermal gradient
however, the porosity plays a key role in the heat transfer from
the PCM-mortar to the air inside the cell. The porosity distribution
for the mortar with 20 wt.% lies in the range of 1 μm and for
the composition with 30 wt.% there is an increase in nanoporosity
(pores below 0.5 μm). Even with similar porosity distribution
for both compositions, the reduction of pores size difficult the heat
transfer, even with higher PCM content.

The lime-gypsum mortar (LG) shows a behaviour similar to
the one presented by the lime mortar (L), however the difference
between the reference cell and the 20 and 30 wt.% curves is more
pronounced and in this case the 30 wt.% has a better performance
(Fig. 17). With this composition a better efficiency is achieved dur-
ing cooling, with differences between 2 and 5 °C. The temperature
gradient is higher to the composition with 30 wt.% (Fig. 18). For
20 wt.% of PCM, with a porosity distributed by a narrower range,
0.7–3 μm, the heat release is extended in time. For the composition
with 30 wt.% there is an increase of pores with 3–4 μm, so the heat

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\text{Fig. 14. Temperature gradient in the test cells for the lime mortar.}
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\text{Fig. 15. Temperature evolution in the test cells for the lime-cement mortar.}
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\text{Fig. 16. Temperature gradient in the test cells for the lime-cement mortar.}
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\text{Fig. 17. Temperature evolution in the test cells for the lime-gypsum mortar.}
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\text{Fig. 18. Temperature gradient in the test cells for the lime-gypsum mortar.}
\]
transfer is enhanced. This effect is possible to observe in the
thermal gradient curve, which shows how quickly heat is transferred
to the air inside the cell.

The cement composition (C) is the one with minor differences
for the different amounts of PCM added. The curves follow a very
similar pattern in both heating and cooling, as can be seen in Fig. 19.
The porosity distribution to this mortar – with 20 and 30 wt.%
of PCM – is identical, and the pore average size is much smaller,
which resulted in two very similar thermal gradient curves
(Fig. 20). The cement mortar with 30 wt.% of PCM has a thermal
gradient slightly higher since the porosity is greater than that in
the mortar with 20 wt.%.

4. Conclusions

The effect of the incorporation of functional additives in mortars
for inner wall coating was studied. The introduction of a phase
change material (PCM) was assessed for mortars prepared with dif-
ferent binders – lime, cement and gypsum. The PCM selected is
composed by spherical aggregates with an average size of 6 μm.
However, SEM analysis proved that smaller capsules with 0.4 μm
form this aggregates, which can be classified as a nanomaterial.

There was a strong reduction of macroporosity for the lime and
lime-cement mortars, which led to an increase of the mechanical
strength, in compositions with 20 wt.% and 30 wt.% of PCM.
The mechanical strength evolution can be directly associated to
the presence of nanoporosity that contributes to increase its values,
even when the amount of pores is higher. The cement mortar
shows a reduction in mechanical strength with increasing contents
of PCM. Filling the larger pores counterbalances the detrimental
effect of introducing a nanoaditive with a high specific surface
area into the mortars. However, contrary to lime based mortars,
in cement compositions the nanopores content is not enough to
improve the mechanical strength for increasing amounts of PCM. It
can be stated that the different mortars compositions tested have
shown good mechanical performance, with 20 and 30 wt.% of PCM
added, allowing its application as a wall coating.

The mortars were evaluated for their latent heat storage capa-
bilities using test cells developed specifically for these experiments.
The cells were placed inside a climatic chamber and subjected to a
temperature cycle varying from 10°C to 40°C. These tests helped
to determine the extent of the attenuation effect during heating
and cooling, with the incorporation of the PCM nanocapsules. The
mixtures with 20 and 30 wt.% of PCM have a higher thermal gra-
dient compared to the reference mortar. It was demonstrated that a
higher PCM content does not necessarily implies an increase in the
latent heat transfer, proving that the internal porosity plays a very
important role in this process. The presence of nanopores reduces
the heat transfer capability even when the PCM content is higher.
From this study it is possible to fix the amount of 20 wt.% of PCM
as a good compromise between mechanical performance, thermal
efficiency and cost of the solution.

Reducing the energy demand decreases the fossil fuel depletion
and the environmental impact associated to the heating and cooling
systems. The use of PCM mortars proved to be an efficient strategy
to develop sustainable buildings.

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