A Review on Biological Processes for Pharmaceuticals Wastes Abatement—A Growing Threat to Modern Society

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ABSTRACT: Over the last decades, the production and consumption of pharmaceuticals and health care products grew manifold, allowing an increase in life expectancy and a better life quality for humans and animals, in general. However, the growth in pharmaceuticals production and consumption comes with an increase in waste production, which creates a number of challenges as well as opportunities for the waste management industries. The conventional current technologies used to treat effluents have shown to be inefficient to remove or just to reduce the concentrations of these types of pollutants to the legal limits. The present review provides a thorough state-of-the-art overview on the use of biological processes in the rehabilitation of ecosystems contaminated with the pharmaceutical compounds most commonly detected in the environment and eventually more studied by the scientific community. Among the different biological processes, special attention is given to biosorption and biodegradation.

1. INTRODUCTION

The burst of anthropogenic activity and industrialization has led to the production of enormous amounts of toxic residues and aqueous effluents containing a diversity of hazardous substances such as organic contaminants (volatile organic compounds, pharmaceutical and personal care products, and dyes, among others) or metals and metallic/metalloid compounds.^{1–4} Among these pollutants, pharmaceutical compounds stand out as they are able to remain biologically active for long periods of time, and the vast majority of their metabolites and respective ecotoxicity are either unknown or poorly understood. The main source of pharmaceuticals entrance into the environment includes human and animal ingestion, followed by excretion and disposal in wastewater that will end at the wastewater treatment plants (WWTP).⁵ Moreover, hospitals, veterinary clinics, industrial wastewater, and illegal and uncontrolled drugs discharge,⁶ as well as the runoff associated with cattle breeding and releases from medicated feeds in aquaculture, can also represent a significant source of aquatic contamination. The pharmaceuticals most often detected in aquatic systems comprise acetaminophen, caffeine, carbamazepine, cotinine, ibuprofen, and sulfamethoxazole. Among these, acetaminophen and caffeine are the least recalcitrant, whereas carbamazepine, cotinine, and sulfamethoxazole are more recalcitrant. Once these compounds enter the aquatic matrices, they may be transformed via sediment sorption, photolysis, micro- and macroorganisms assimilation, or microbial activity.⁷ The continuous development and investment on new and improved formulas (Supporting

Information (SI), Figure S1) increase and exacerbate the problems previously mentioned.

The entrance of these contaminants into the environment makes them accountable for the instability and fragility of the ecosystems⁸ and for their detrimental impact on public health.^{3,9} The growing awareness and concern of the overall population regarding the impact of these pollutants has stimulated and even demanded the development and application of stricter legislation and more efficient detection and treatment measures,³ particularly ecofriendly measures that may use innocuous microorganisms or their aggregates.^{2,10}

Although stricter legislation has been implemented in most developed and developing countries, this does not necessarily imply more on-site or in-plant systems able to efficiently treat contaminated water. Before the implementation of such measures, a substantial amount of research and engineering work must be conducted prior to systems design.¹⁰

To date, several techniques have been employed for the treatment of wastewater and industrial effluents. These techniques can be divided into two major groups: abiotic and biotic techniques. The abiotic ones cover physical–chemical processes like ion exchange, adsorption, precipitation, electrochemical and membrane technologies,¹⁰ oxidation with or without flame, air-stripping, thermal degradation, condensation, and incineration.^{11,12} These are usually very expensive,

Received: December 11, 2018

Revised: May 20, 2019

Accepted: June 5, 2019

Published: June 19, 2019

Figure 1. Possible biological interactions between cells and organic pollutants.

from operational, maintenance, and equipment perspectives, not ecofriendly, with efficiency dependent on pollutants concentrations, and they usually require a secondary treatment due to the production of toxic sludge and toxic gases such as NO_x .^{1,13} Some of them do not alter the chemical structure of the organic pollutants but simply transfer them to a different phase¹⁴ not solving the actual problem. The biotic techniques cover processes like biodegradation, biosorption, bioremediation,¹⁵ and bioaccumulation.¹⁰ These biotic processes have been used for several decades in standard sewage and water treatments, as well as in auxiliary reed bed and wetlands approaches^{3,9} and present several important advantages over the abiotic techniques; namely, they can be carried out *in situ*, usually present an eco-friendly character, and are cost effective.^{11,15}

A thorough review is now presented on the state-of-the-art usage of biological processes in the rehabilitation of ecosystems contaminated with the pharmaceuticals compounds most commonly detected in the environment and the main factors and limitations affecting the biological processes used and the strategies to overcome them. Among the different biological processes, special attention is given to biosorption and biodegradation processes.

2. OVERVIEW OF BIOSORPTION AND BIODEGRADATION PROCESSES

Biological processes include bioremediation, phytoremediation, biosorption, and biodegradation and can occur separately or simultaneously during the removal of pollutants, being influenced by numerous parameters² (SI, Figure S2).

Microorganisms can participate in the treatment of contaminated effluents without undergoing any kind of human intervention (natural attenuation), and this can be enhanced by engineered techniques, either by the addition of nutrients (biostimulation) or by the addition of supplemental microorganisms (bioaugmentation). In recent years, genetic recombination has been used to upgrade the biological

capabilities of microorganisms leading to genetic-engineered microorganisms (GEM). The use of GEM in the field presents, however, several risks of ecological and environmental concern.

Biological processes are usually classified according to a set of parameters such as the involvement of metabolic or nonmetabolic pathways of entrapment or degradation of contaminants (Figure 1), the primary metabolic pathway used by the dominant group of active microorganisms, and the growth conditions.

According to the availability and use of oxygen, biological processes can be classified as aerobic, anaerobic, and anoxic,¹⁶ whereas according to the growth conditions, they can be classified as in suspended growth or as in attached growth in biofilm structures.¹⁷

2.1. Biosorption. The term biosorption has a multidimensional character, with a quite embracing definition that has evolved over the past years. The various aspects are related to the type of sorbate and the type of biosorbents employed, to the environmental conditions, to the diversity of the underlying mechanisms, and to the metabolic processes in the case of living organisms.¹⁸ The term was used for the first time by Ruchhoft in 1949 according to Volesky,¹⁹ and the concept describes the physical–chemical processes that occur naturally in biological material, dead or inactive, derived from biological sources, that allow the passive uptake of toxicants onto its cellular structure.⁸ It is currently accepted that biosorption is as a reversible and fast physical–chemical binding of molecules and/or ions from aqueous solutions onto functional groups present on the surface of biological entities. It can be performed either by inactive or dead biomass, cellular fragments and tissues, or by living cells as an active and metabolism-dependent process. Both mechanisms may overlap, adding additional intricacy to the terminology.^{9,18,20}

Biosorption processes occur spontaneously in nature, and they play a critical role in numerous substantial biochemical processes, for example, sorption in soil, sorption on host cells as the first stage in virus replication, or even antigen–antibody

immune reactions.⁹ The great majority of research reports published in the last decades is essentially related to sorption of metals, namely, heavy metals. Only recently, and due to the increasing number of emerging pollutants, namely, psychiatric drugs and pharmaceutical and personal care products, PPCP,^{5,21} as well as due to their potential hazardous effects on public health, have biosorption processes been employed on nonmetallic systems.²²

The number of studies related to the ability of different materials of biological origin to decontaminate complex systems is extremely scarce,^{5,18} especially at pilot scale and industrial scale and/or context, thus creating a serious gap between the knowledge acquired and the actual needs of either WWTP and industrial facilities.

2.1.1. Applications and Target Sorbates. The vast majority of biosorption research has been directed toward the entrapment of metal ions and correlated compounds, including metalloids, lanthanides, actinides, and several radioisotopes of those molecules.^{3,9} Particulates and colloids have also been studied, as well as organometal (loid) and organic compounds, including dyes.^{20,23,24} Metals and dyes are, in fact, the most thoroughly investigated pollutants/contaminants in this field, and biosorption presents a good potential to remove them as demonstrated by several authors,^{25–28} thus being able to efficiently replace conventional methods.¹⁰

A vast portion of current research has been carried out on the removal of cations such as lead, cadmium, zinc, copper, mercury, nickel, chromium, and rare earth elements^{1,3,20,28,29} for being key elements in numerous industrial processes with high toxicity. Anions removal has also become an emergent concern in some industries, whose effluents present toxic metals and metalloids such as arsenic, selenium, chromium, molybdenum, and vanadium.^{3,20} In addition, biosorption processes can also be used for subsequent recovery and reuse of metals such as gold,^{9,19,30} thus reducing the economic costs associated with their extraction and disposal as a residue with no increased value.

Organic sorbates such as dyes, phenolics, pesticides, herbicides, hydrocarbons, and polycyclic aromatic hydrocarbons (PAH) may present extreme toxicity, and they persist in the environment.^{3,9,31–33} Kodali and Akzu³⁴ studied the biosorption of Remazol Black B, an anionic dye, onto a dried *Rhizopus arrhizus*, in the eventual presence of cetyltrimethylammonium bromide, a cationic surfactant. According to the Langmuir model, the highest dye removal capacity was 27.8 mg_{dye}/g_{dried biomass} at pH 8, increasing to 500 mg/g_{dried biomass} with 200 mg/L of cetyltrimethylammonium. Ara et al.³⁵ used corn cob as biosorbent for the removal of metribuzin, an organic herbicide, and the maximum adsorption value was obtained at pH 5 ($Q_{\max}$ = 4.07 mg/g).³² Al-Zaben and Mekhamer³⁶ used a washed and boiled coffee waste to retain 4-chloro-2-methyl phenoxy acetic acid, an organic pesticide, with a maximum capacity adsorption of 340 mg/g.³² Flores-Chaparro et al.³³ tested three macroalgae (brown, green, and red) as biosorbents for toluene and benzene, two of the most soluble hydrocarbons. Brown macroalgae registered the highest removal capacities, 112 mg/g and 28 mg/g for benzene and toluene, respectively.³⁷

Another class of molecules also present in the environment have recently received the attention of many researchers: pharmaceuticals compounds.^{38–41} In the last two decades, numerous studies have been conducted to infer about the

occurrence, impact, and removal/degradation of pharmaceutical residues from different environmental matrices.^{42,43}

Antibiotics, for example, are being held accountable for disturbing the wastewater treatment processes and the microbial ecology of surface water, and it is foreseen that they will have an impact of such order on ecosystems that may destroy their fragile ecological equilibrium.^{41,44} The majority of pharmaceuticals are only partially removed during the biological process in sewage treatment plants, with consequent release into surface water,^{24,41,44,45} becoming thus available to freely react with other chemicals and all forms of living beings.

2.1.2. Effect of pH, Organic Matter, and Biosorbents on PPCP Removal Efficiency. Parameters such as pH, natural dissolved organic matter (NDOM), and the type of biosorbent can affect significantly the removal efficiency of pharmaceuticals in water treatment systems (WTS). He et al.⁴⁶ considered the effects of dissolved organic matter (DOM) and nitrification on the biodegradation of several pharmaceuticals (caffeine, metoprolol, propranolol hydrochloride, carbamazepine, naproxen, fenopropen calcium salts, and ibuprofen) in aerobic-enriched cultures from constructed wetlands. Biodegradation of propranolol, carbamazepine, and diclofenac was insignificant (<15%); caffeine biodegradation was inhibited by easily biodegradable DOM, whereas DOM enhanced the biodegradation for metoprolol, naproxen, and ibuprofen since it acted as a structural analogue, promoting biomass growth as well as an electron shuttle stimulating the metabolism or co-metabolism of such compounds. Nitrification enhanced the biodegradation of naproxen and ibuprofen and mineralization of the seven pharmaceuticals when mixed, as well as of the less biodegradable DOM, which may result from the ammonia-oxidizing bacteria metabolism or from the improved heterotrophic microbial activity. Metoprolol biodegradation was inhibited under nitrification conditions.

The pH variation is responsible for the protonation/deprotonation of the sorbents and sorbates, being directly responsible for the polarity of the sorbates and their adsorbability. Generally, at low pH values, the surface of the sorbents, in particular, oxidic sorbents and, to a lesser extent, carbonaceous ones, becomes positively charged, whereas at high pH values, it becomes negatively charged. When the operational pH is above the acid dissociation constant (pK_a), the sorbate becomes negatively charged, and sorption is relatively poor, not only as a result of the higher polarity of the charged sorbate species but also due the existing repulsion forces between sorbent and sorbate. When specific conditions occur ($pH_{pzc} > pK_a$ for acids and $pH_{pzc} < pK_a$ for bases), the sorbate species and the sorbent surface present opposite charges, attraction forces occur in addition to the van der Waals forces, and maximum sorption is obtained.⁴⁷

The presence of inorganic salts, generally added during primary and/or biological treatments, may also improve the removal of acidic substances due to their precipitation with trivalent cations and subsequent sorption of the precipitated molecules.⁴⁸

2.1.3. Removal of Pharmaceuticals from Aqueous Solutions by Biosorbents. Pharmaceuticals are becoming increasingly problematic contaminants of either surface water and groundwater⁴⁹ and therefore the subject of great concern for researchers.^{50–52} Usually, household pharmaceuticals can enter into the sewage system after human excretion and washing off by tap water via sinks or toilets.⁵³ Kümmerer⁵⁴ reported that from 10% to 90% of the administered dose of

Table 1. Removal of Pharmaceutical Drugs by Biosorption

Therapeutic class	Pharmaceutical	Biosorbents	Initial concentration ^a	Removal (%) or uptake (mg/g)	refs
Nonsteroidal anti-inflammatory drugs (NSAID)	Diclofenac sodium (Na-DCF)	Sterilized sludge	5.0 ± 0.5 µg/L	40.1%	70
	Diclofenac sodium (Na-DCF)	Isabel grape bagasse	1–30 mg/L	16.4%–22.8%	71
	Ibuprofen	White-rot fungi <i>Trametes hirsuta</i>	20–500 ng/L	100%	72
	Mefenamic acid	White-rot fungi <i>Trametes hirsuta</i>	20–500 ng/L	100%	72
	Indomethacin	White-rot fungi <i>Trametes hirsuta</i>	20–500 ng/L	100%	72
	Naproxen	White-rot fungi <i>Trametes hirsuta</i>	20–500 ng/L	100%	72
Antibiotics	Penicillin G potassium	<i>Rhizopus arrhizus</i> and dried activated sludge	50–1000 mg/L	591.8 mg/g	24
	Sulfamethyldiazine	Spent mushroom	0.5–10 mg/L	2.1 mg/g	73
	Sulfamethazine	Spent mushroom	0.5–10 mg/L	1.8 mg/g	73
	Sulfathiazole	Spent mushroom	0.5–10 mg/L	2.3 mg/g	73
	Sulfamethoxazole	Marine algae (<i>Lessonia nigrescens</i> Bory and <i>Macrocystis integrifolia</i> Bory)	n.d.	73.8 mg/g	74
Antibiotics	Sulfacetamide	Marine algae (<i>Lessonia nigrescens</i> Bory and <i>Macrocystis integrifolia</i> Bory)	n.d.	177.9 mg/g	74
	Oxytetracycline	Aerobic granular sludge	5 mg/L	91.74 mg/g	75
Anticonvulsants/Antiepileptics	Carbamazepine	Rice straw	5–50 mg/L	60%–75% q _{max} = 40 mg/g	76
		Activated sludge/Sterilized sludge	200 µg/L	8.9%	70
		White-rot fungi <i>Trametes hirsuta</i>	20–500 ng/L	<40%	72

^an.d.: Data not available.

pharmaceuticals is excreted in their parent form, while the rest is excreted as metabolites and/or conjugated forms. They are transported into WWTP via sewage pipes, being discharged into surface water, seawater, groundwater, soil, and eventually reaching some drinking water.⁵⁵ Although conventional WWTP can effectively reduce carbon and nitrogen content of raw sewage,⁵⁶ they are impotent at removing pharmaceutical residues. The discharge of WWTP effluents has been identified as the primary source of these contaminants entrance into the aquatic environment.^{55,57,58}

In aquatic environments, pharmaceuticals may be toxic to certain aquatic organisms⁵⁹ and may cause adverse effects such as feminization of male fish,^{60,61} alteration of the reproductive function of male and female fishes,⁶² impairment of renal, gill, and liver in fish,⁶³ and decrease in plankton diversity.⁶⁴ Even low levels of pharmaceuticals in aquatic environments may have toxic impacts on human health such as degenerative and inflammatory reactions in the liver of humans when exposed to diclofenac.⁶⁵

Some of most popular pharmaceuticals are present in water bodies at concentrations ranging from ng/L to µg/L^{66,67} (SI, Table S1).

According to several articles published between 1997 and 2009,⁶⁸ the primary therapeutic classes found in the different environmental matrices are blood lipid-lowering agents, steroid hormones, antibiotics, and nonsteroidal anti-inflammatory drugs. Table 1 presents the updated results relative to the removal of the most significant therapeutic classes of pharmaceutical compounds by biosorption.

Understanding of PPCP physical–chemical properties such as solubility in water (*S*), Henry coefficient (*H*), acid dissociation constant (*pK_a*), octanol–water partition coefficient (*K_{OW}*), sludge–water distribution coefficient (*K_d*), adsorption coefficient (*K_{OC}*), and degradation rate constants

(*K_{biol}*) is vital for an accurate analysis of the intricate processes that occur during their course through WWTP. According to Suárez et al.,⁴⁸ several scenarios can be predicted in the biological treatment: (i) Substances with low *K_d* and high *K_{biol}* are extremely well biodegraded, independently of the solids and hydraulic retention time, SRT, and HRT, respectively. (ii) Substances with high *K_d* and low *K_{biol}* are detained in the aeration tank by sorption processes, suffering biological degradation with sufficient SRT. (iii) Substances with medium *K_d* and high *K_{biol}* are reasonably degraded, independently of the HRT used, and weakly dependent on SRT. (iv) Substances with low *K_d* and *K_{biol}* are inefficiently eliminated or biodegraded, despite the SRT and HRT used.

PPCP quantification in WWTP should be performed either in liquid or solid phase since a considerable fraction of PPCP, particularly the ones with lipophilic character and thus low water solubility, can be sorbed onto solids. Losses due to air stripping are negligible for estrogens and pharmaceuticals, almost negligible for tonalide and galaxolide, and very significant for celestolide, considering the usual air flow rates employed in traditional activated sludge treatment systems, 5–15 m³ air/m³ wastewater.⁴⁸ Pharmaceutical compounds such as endocrine-disrupting compounds (EDC) and PPCP with reduced water solubility and high *K_{OW}* or high *K_{OC}* are susceptible to sedimentation or association with biota.⁶⁹ Sorption potential of PPCP is therefore a function of their lipophilic character (*K_{OW}*) and acidity (*pK_a*).

2.1.3.1. Nonsteroidal Anti-Inflammatory Drugs. Nonsteroidal anti-inflammatory drugs (NSAID) have analgesic and antipyretic properties and have been used in large quantities by humans and animals.⁷⁷ The nonsteroidal anti-inflammatory drug diclofenac, DCF (2-(2-(2,6-dichlorophenylamino) phenyl) acetic acid), represents one of the most commonly detected compounds in effluents and surface water

since it is easily achievable without a prescription and is consumed worldwide. The topical application of DCF is the main source of release into water since it was reported that only 6% to 7% is absorbed into the body through the skin,⁷⁸ with the remaining washed off from the skin or clothes.⁷⁹ Diclofenac was recently included by the European Commission on the list of priority substances (European Directive 2013/39/EU) due to its intrinsic toxicity potential and nonbiodegradable behavior.^{77,80,81}

Antunes et al.⁷¹ evaluated the biosorption process of diclofenac sodium (Na-DCF) using Isabel grape (*Vitis labrusca* and *Vitis vinifera*) bagasse, describing the kinetics, equilibrium, and thermodynamics of the adsorption process. The removal percentage of Na-DCF ranged from 16.4% to 22.8%, independently of the initial concentration of the pharmaceutical. The reuse of grape bagasse for the biosorption of Na-DCF had some benefits over commercial-activated carbon due to its low cost since this biomaterial is a waste from a productive process.

Fan et al.⁷⁰ established the contributions of sludge biosorption and biodegradation on the removal of different pharmaceuticals, including Na-DCF. Results of batch adsorption experiments via sterilized sludge showed that the removal efficiency of Na-DCF was 40.1%. The biosorption profile of Na-DCF is closed to the total removal profile, so biodegradation is negligible and removal efficiencies are positively correlated with the K_{OW} of the different pharmaceuticals tested.

Ibuprofen (IBP) or 2-(4-isobutyl phenyl) propionic acid is the most popular nonsteroidal anti-inflammatory drug resulting from propionic acid, and due to its various applications, a huge amount of IBP is manufactured worldwide. IBP, which was listed by the World Health Organization as one of the "Essential drugs",⁸² has been detected in surface water and wastewater in different European countries at the range from ng/L to low mg/L. The ubiquity of IBP is peculiarly alarming due to its potentially detrimental effects on the human endocrine system and on the reproduction of aquatic organisms, even at trace amounts.⁸³ Studies have also identified a harmful effect on the central nervous system produced by a degradation product of ibuprofen known as 4-isobutylacetophenone (4-IBAP).⁸⁴

Indomethacin (1-(p-chlorobenzoyl)-2-methyl-5-methoxyindole-3-acetic acid) is a nonsteroid anti-inflammatory drug that is available under about a dozen trademarks and is used for the treatment of intensely painful episodes due to its effectiveness in a short time.⁸⁵ Several works have reported the worldwide detection of indomethacin in surface water and effluents of WWTP.^{39,86–88} Its chronic exposure may cause serious health effects such as endocrine disruption and growth inhibition and may present cytotoxicity toward aquatic animals.⁸⁹

Mefenamic acid (2-[(2,3-dimethylphenyl) amino] benzoic acid) is another NSAID that is taken orally to treat mild to moderate pain,⁹⁰ and it has been detected in sewage effluents as well as in receiving water in different countries.^{91–96}

Naproxen (NPX) is a propionic acid derivative of the aryl acetic acid group of NSAID, extensively used to treat moderate pain, osteoporosis, rheumatoid arthritis, menstruation pain, and headaches. In addition, this drug is frequently used in veterinary medicine in considerable quantities.^{97,98} Bioassay tests have revealed that NPX has a chronic toxicity higher than its acute toxicity. Moreover, its photodegradation byproducts are more toxic than NPX itself.^{99,100}

The efficiency of the white-rot fungi (WRF) *Trametes hirsuta* in removing several classes of pharmaceutical drugs, including NSAID (ibuprofen, indomethacin, mefenamic acid, and naproxen), was evaluated by Haroune et al.⁷² at low but environmentally representative concentrations (20–500 ng/L). These authors compared the importance of biosorption over enzymatic activity on the removal of the selected pharmaceutical active compounds by assessing the performances of living fungi (LF), heat-kill treated fungi (HKF), and biocide-treated fungi (BF). Ibuprofen, indomethacin, mefenamic acid, and naproxen were successfully removed by LF and HKF, but the removal was significantly lower with BF. Biosorption played a key role in the removal process of these compounds, while extracellular enzyme activity had a negligible effect. The higher removal attained with HKF compared with BF could reflect a higher biosorption ability due to improved membrane surface after heat treatment.

2.1.3.2. Antibiotics. The extensive use of antibiotics made them ubiquitous,¹⁰¹ and they spread into the environment from different sources such as the production of active ingredients in the pharmaceutical industry, excretion of residues after usage, or from the discarding of unused medicines. After administration to humans and animals, up to 90% of nonmetabolized antibiotics may be excreted into wastewater,²⁴ where they can persist through a complex cycle of transformation and bioaccumulation in the food chain. This may lead to the death of microorganisms performing in wastewater treatment or even to the development of multiresistant strains of bacteria.²⁴ The molecules that are highly persistent, and thus more difficult to be removed, degraded, or transformed, present an increasing contamination level in the environment.¹⁰⁰ Antibiotics are typically detected at mg/L levels in hospital effluents and municipal wastewater and at ng/L levels in surface, sea, and groundwater.^{73,102,103}

β -Lactam antibiotics are the largest class of bacterial cell wall synthesis inhibitors, consisting of all antibiotic agents containing a β -lactam ring in their molecular structures. These antibiotics are among the most widely used due to their broad spectrum. Akzu and Tunç²⁴ considered the potential use of dried *Rhizopus arrhizus* as a substitute for powdered activated carbon, PAC, for the removal of penicillin G from aqueous solutions. The uptake of penicillin G on dried *R. arrhizus* as a function of pH, temperature, and initial antibiotic concentration was evaluated and compared to the one of PAC. The maximum uptake capacity is 591.8 mg/g for dried *R. arrhizus*, while the uptake of PAC is 463.0 mg/g at 35 °C.

Sulfonamide antibiotics (sulfas) are a group of synthetic medicines that contain the sulfonamide chemical group, being used in human therapy, livestock production, and aquaculture. Zhou et al.⁷³ reported the potential use of spent mushroom substrates, which is a readily available agricultural waste, for the biosorption of sulfas from water in a batch process. The maximum adsorption capacities reported were 2.1, 1.8, 2.3, and 2.2 mg/g at 288 K for sulfamethyldiazine, sulfamethazine, sulfathiazole, and sulfamethoxazole, respectively. Spent mushroom substrates are low-cost and effective adsorbents to remove sulfas from water while reducing agricultural waste, thereby improving and preserving the environment. Likewise, Navarro et al.⁷⁴ investigated the biosorption of two sulfonamides, sulfamethoxazole and sulfacetamide, by marine algae: *Lessonia nigrescens* Bory (L13) and *Macrocystis integrifolia* Bory (S12). Both marine seaweed have high sorption capacity, which can be related to the presence of surface functional

groups such as fucoidan and alginate, that have high electron density.¹⁰⁴ Navarro et al.⁷⁴ reported that the maximum adsorption capacity of sulfamethoxazole, 73.8 mg/g, was reached by L13, whereas the higher adsorption capacity for sulfacetamide, 177.94 mg/g, was attained by S12.

Tetracyclines are considered one of the cheapest and most used classes of prime antibiotics throughout the world. Mihciokur and Oguz⁷⁵ studied the biosorption of oxy-tetracycline, a wide spectrum antibiotic, by an aerobic granular sludge. They fed a sequential batch reactor with artificial wastewater and found the optimum operating conditions. A maximum adsorption capacity of 91.74 mg/g was established at pH 6.

2.1.3.3. Anticonvulsants/Antiepileptics. Antiepileptics and anticonvulsants are central nervous system (CNS) medicines that help to reduce the unnatural firings of nerves in the CNS and in the brain.^{5,105} Among this class of pharmaceuticals, carbamazepine (SH-dibenzo[b,f]azepine-5-carboxamide) is the most frequently detected pharmaceutical in various water bodies.^{106–108} Clara et al.¹⁰⁹ classified carbamazepine as a suitable marker for anthropogenic influences in the aquatic environment. Carbamazepine works by reducing abnormal electrical activity in the brain and is commonly used in the treatment of epilepsy and neuropathic pain, as well as mental illnesses such as of schizophrenia and bipolar disorder.^{106,110} Classified as an emerging recalcitrant organic pollutant, carbamazepine is also found to be extremely persistent during chlorination procedures usually employed in water treatment systems.^{111,112} Carbamazepine is hardly biodegraded or adsorbed onto solid surfaces which results in a relatively low removal performance, mostly below 10%, through conventional WWTP.^{113–115} Studies in North America and in Europe have revealed that carbamazepine is one of the pharmaceuticals most commonly detected in river water, WWTP effluents, final sewage effluents, surface water, drinking water, and groundwater.^{5,106,116} This scenario can be aggravated if metabolites are also present since besides of being able to persist in the environment for long periods of time, their effects and impact on living beings and on ecosystems are little known.

The efficiency of biosorption of carbamazepine on white-rot fungi (WRF) *Trametes hirsuta* was evaluated by Haroune et al.⁷² Contributions of biosorption over enzymatic activity were assessed, comparing the performances of living fungi (LF), heat-kill treated fungi (HKF), and biocide-treated fungi (BF). The removal of carbamazepine is very effective and similar comparing LF and HKF, but it is significantly weaker with BF. The similar performances of LF and HKF are related to the limited effect of the extracellular enzyme LAC on the removal. The higher removal observed with HKB compared to BF is probably related to an improved membrane surface after heat-induced membrane breakdown.

Fan et al.⁷⁰ reported the contributions of sludge biosorption and biodegradation on the removal of different pharmaceuticals including carbamazepine by operating a submerged membrane bioreactor using sterilized sludge and activated sludge. The total removal efficiency of carbamazepine was only 8.9%, and for that reason, neither sludge adsorption nor biodegradation was effective in those circumstances. Liu et al.⁷⁶ evaluated the removal of carbamazepine by the agricultural waste rice straw biosorbent (RSB) and reported that the removal efficiency of carbamazepine was enhanced with the increase in RSB dosage without pH control. The maximum measured uptake of carbamazepine was 40.0 mg/g.

2.2. Biodegradation. Biodegradation is the transformation of organic substances into smaller and simpler molecules by the action of enzymes naturally produced by living microbial consortia. Biodegradation processes can either be complete, with mineralization of the substrate into the final product CO₂, or it can be incomplete, with the substrate transformation into intermediates/metabolites. Although many microorganisms are able to adapt to new environmental conditions, eventually degrading organic compounds of anthropogenic origin in the process,^{6,117} not all hazardous compounds are biodegradable, limiting the application of biodegradation. This advantageous ability to degrade complex and hazardous compounds is of crucial importance in the case of pharmaceuticals since it may lead to the development of resistant or even multiresistant microbial species toward one or more pharmaceuticals.^{118–120}

It is important to highlight that the majority of the biodegradation studies conducted to date have been focused on the evaluation and optimization of the degradation capacity of microbial species or microbial consortia toward a specific organic contaminant with no special attention to the metabolites formed or to their potential toxicity and fate.^{22,118} This is quite relevant since the degradation of pharmaceutical compounds usually leads to the production of more polar, soluble, and therefore more mobile metabolites.¹¹⁸

2.2.1. Nonsteroid and Anti-Inflammatory Drugs. According to recent reports on its ecotoxicity, DCF exposure was identified as the main and possibly the only cause responsible for the fast decline on the *Gyps vultures* population across the Indian subcontinent.¹²¹ DCF exposure up to 0.1 µg/L was found to affect the biochemical processes of duckweed plants,¹²² whereas contamination up to 0.2 µg/kg has a detrimental impact on freshwater fishes.¹²³ At high concentrations (50–100 mg/L), DCF inhibits the DNA synthesis of Gram-positive and Gram-negative bacteria and thus their growth.

Moreira et al.¹²⁴ evaluated the capacity of *Labrys portucalensis* F11 to biodegrade DCF in aqueous solutions (1.7–34.0 µM), eventually supplemented with 5.9 mM of sodium acetate. Here, 70% biodegradation of DCF was reached within 30 days in assays with DCF as the only carbon source, whereas complete degradation was reached via co-metabolism with sodium acetate (6 and 25 days for initial concentrations of DCF equal to 1.7 and 34.0 µM, respectively). In this evaluation, numerous metabolites were detected through UPLC-QTOF/MS/MS, and the chemical structure of 12 of them was proposed. At the end of the assays, stoichiometric liberation of chlorine was observed, and no metabolites were detected, thus suggesting the complete biodegradation of DCF by the bacteria *Labrys portucalensis* F11. These results are of extreme relevance as they constitute the first report on the identification of the conjugated metabolites of the bacterial sulfonation reaction with DCF, allowing the assessment of their effects and impact on the environment and on living beings. This is also the first report to point out the complete degradation of DCF by a single bacterial strain culture previously isolated from the environment, proving once again the extraordinary capacity of microorganisms to degrade complex and hazardous substances.

Paje et al.¹¹⁷ reported that lotic biofilms composed of algal and bacterial species lost 70% of their entire initial biomass when exposed to 100 µg/L of DCF for 4 weeks. Some of *Cytophaga* species (a Gram-negative, gliding, and rod-shaped bacterium usually found in soil) presented microbial viability

Table 2. Microorganisms Identified as Efficient Degraders of Acetaminophen as Sole Carbon Source^a

Microorganism	Isolated from	Concentration	Biodegradation	refs
<i>Burkholderia</i> sp. AK-5	Rice field soil contaminated with 4-aminophenol	2.14 g/L	±99% (15 h)	137
<i>Cupriavidus necator</i> F1	Activated sludge	1 g/L	±96% (20 h)	138
<i>Delftia tsuruhatensis</i>	Biomass from a bioreactor membrane	100 mg/L	±97% (48 h)	135
<i>Penicillium</i> sp.	Paracetamol acidic solution	0.01% (w/v)	±98% (36 h)	139
<i>Pseudomonas aeruginosa</i>	Biomass from a bioreactor membrane	16 mg/L	±40% (48 h)	135
<i>Pseudomonas</i> sp. f2	Acetaminophen degrading aerobic aggregate	2.50 g/L	100% (70 h)	136
<i>Pseudomonas</i> sp. fg2	Acetaminophen degrading aerobic aggregate	2 g/L	100% (45 h)	136
<i>Pseudomonas</i> sp. ST-4	Activated sludge (4-aminophenol as substrate)	200 ppm	±80% (72 h)	140
<i>Pseudomonas</i> sp. AP-3	Activated sludge (2-aminophenol as substrate)	340 ppm	±70% (48 h)	141
<i>Stenotrophomonas</i> sp. f1	Acetaminophen degrading aerobic aggregate	400 mg/L	100% (116 h)	136

^aAdapted from Wu et al.²

after a 6 week period of acclimatization and was able to biodegrade up to 97% of DCF (100 µg/L) after 10 weeks of its addition. These results demonstrate the adaptive and the biodegradative capacity of the microbial consortium toward DCF.

Ibuprofen is a chiral molecule, and it has two different isomers that can be detected in the environmental matrices: S-(+)-ibuprofen and R-(-)-ibuprofen, respectively, the pharmacologically active and the inactive isomers.⁶ Ibuprofen metabolites are also chiral molecules and present a higher toxic profile than the parent compound.¹²⁵ The biodegradation of IBP (87%) in the laboratory using river water and sediment microcosms (20 µg/L)¹²⁶ or riverine microbial biofilms (100 µg/L)¹²⁷ was established, respectively, after a few hours and between 4 and 8 days of its addition. Hydroxyl ibuprofen, one of three metabolites of IBP, was also detected with removal percentages between 89% and 100%.

Marco-Urrea et al.¹²⁸ tested several white-rot fungi (*Trametes versicolor*, *Irpex lacteus*, *Ganoderma lucidum*, and *Phanerochaete chrysosporium*) and demonstrated the ability of these microorganisms to degrade several pharmaceuticals, namely, IBP in high concentrations (10 mg/L) in a 7 days period. *T. versicolor* was found to degrade IBP at a very early stage of the process into two hydroxylated metabolites, 1-hydroxy ibuprofen and 2-hydroxy ibuprofen, that are posteriorly degraded to 1,2-dihydroxy ibuprofen, a metabolite that has not been detected to date in biological systems. Assays conducted by Chen and Rosazza¹²⁶ with an alpha-Proteobacteria *Sphingomonas* sp., previously isolated from an enriched culture with IBP (500 mg/L) using an inoculum from a WWTP, was able to biodegrade IBP.

Although the information on the effects of ibuprofen on microorganisms is scarce, significant antifungal activity¹²⁹ and antibacterial activity against Gram-positive bacteria has been reported.¹³⁰ Lawrence et al.¹³¹ tested a riverine biofilm community, originated from rotating annular bioreactors, to appraise the impact of 10 µg/L of IBP among other pharmaceuticals, and they observed that IBP exposure reduced the bacterial biomass, and gamma-Proteobacteria and Gram-positive *Firmicutes* populations decreased significantly, whereas *Cytophaga-Flavobacteria* alpha- and beta-Proteobacteria and SRB385 (sulfate-reducing bacteria) populations increased, indicating that these microorganisms may play a role in IBP biodegradation. Quintana et al.¹³² revealed the inability of a fresh sludge from a membrane bioreactor to biodegrade IBP as a sole carbon source under aerobic conditions and after 28 days of contact. However, when powdered milk was added acting as an additional carbon source, co-metabolism of IBP

was complete within 22 days, indicating that IBP can be easily biodegraded in the presence of others carbons sources. The ability of these microorganisms to completely biodegrade IBP in the presence of additional carbon sources is extremely positive since it represents a real situation (effluents are usually a cocktail of organic and inorganic substances) and highlights the remarkable ability of microorganisms to degrade complex molecules. Naproxen is usually found as a microcontaminant of rivers and of groundwater from aquifers recharged with domestic water.⁶ Wojcieszynska et al.¹³³ proved the ability of a *Stenotrophomonas maltophilia* KB2 strain, a gamma-Proteobacteria, to biodegrade within 35 days 28% of the initial concentration of the naproxen used (6 mg/L, 30 °C). Moreover, when an additional carbon source (glucose or phenol) was added, the naproxen biodegradation capacity of *S. maltophilia* KB2 increases significantly (78% and 40%, respectively). *T. versicolor* was found to degrade naproxen (55 µg/L and 10 mg/L) a few hours after its addition. Rodarte-Morales et al.¹³⁴ reported the ability of *Phanerochaete chrysosporium* to completely biodegrade naproxen (1 mg/L) within 4 days and by *Bjerkandera* sp. R1 and by *Bjerkandera adusta* within 7 days.

The majority of the biodegradation studies conducted with naproxen revealed that this drug is not an intrinsically persistent pharmaceutical and is biodegradable in aerobic conditions. However, it is usually found in surface water at higher concentrations than the intrinsically persistent pharmaceuticals. In recent publications, the detrimental impact of naproxen (100 µg/L) on the microbial community of surface water was visible only 3 h after its addition: a significant decrease on the microbial cell viability and on the beta-Proteobacteria group, namely, the ammonia oxidizing bacteria (AOB), which are involved in the nitrogen cycle.

2.2.2. Analgesics and Antipyretics. Acetaminophen, usually known as paracetamol, is the most commonly used over-the-counter painkiller, and it acts by inhibiting the cyclooxygenase isozyme COX-3 activity. Recent reports have detected acetaminophen in groundwater at concentrations up to 120 µg/L. According to Wu et al.² several bacterial and fungal species have been identified as efficient acetaminophen degraders (Table 2) and producers of easily metabolized intermediates.

Gussemme et al.¹³⁵ reported the isolation of two acetaminophen-degrading bacteria strains from a membrane bioreactor biomass, identified as *Delftia tsuruhatensis* and *Pseudomonas aeruginosa*. Zhang et al.¹³⁶ were able to isolate three bacterial strains from an acetaminophen-degrading aerobic aggregate using acetaminophen (0.4, 2, and 2.50 g/L, respectively) as the

Table 3. Bacteria Identified as Carbamazepine Biodegraders^a

Microorganisms	Concentration	Biodegradation	Enzyme(s) involved
<i>Streptomyces</i> MIUG 4.89	200 µg/L	3% (7 d)	—
<i>Streptomyces</i> MIUG 4.89	200 µg/L	35% (7 d)	Laccase, phenoxidase
<i>Streptomyces</i> SNA	200 µg/L	30% (7 d)	Laccase
<i>Rhodococcus rhodococcus</i>	9500 µg/L	15% (7 d)	—
<i>Pseudomonas</i> CBZ-4	9500 µg/L	46.6% (144 h)	—
<i>Acetobacter</i> US1	100 µg/L	60% (12 d)	—
<i>Bacillus halodurans</i>	100 µg/L	60% (12 d)	—
<i>Micrococcus</i> SBS-8	100 µg/L	60% (12 d)	—
<i>Pseudomonas putida</i>	100 µg/L	60% (12 d)	—
<i>Paraburkholderia xenovorans</i> LB400	10,000 µg/L	100% (24 h)	Biphenyl dioxygenase, dihydrodiol dehydrogenase

^aAdapted from Nasir et al.¹⁴⁵ and Wu et al.¹⁴⁷.

sole carbon, nitrogen, and energy sources. These strains were identified as belonging to the genera *Stenotrophomonas* and *Pseudomonas*. The *Stenotrophomonas* species did not include, until recently, any known acetaminophen degraders in the group. The combination of the three bacterial strains was required for complete biodegradation and mineralization of acetaminophen, revealing a potential complementary interaction between these isolates. The ability of *Pseudomonas* sp. to use aromatic compounds as a carbon energy source under aerobic conditions makes it an attractive microorganism to be used in waste treatment application, where cocktails of organic compounds are present at variable concentrations.

Experiments conducted by Alvarino et al.¹⁴² aiming to assess the effect of acetaminophen and doxycycline, an antibiotic (50–1000 mg/L), on anammox, a microbial anaerobic ammonium oxidation reaction that oxidizes ammonium to dinitrogen gas under anoxic conditions and using nitrite as electron acceptor, revealed the anammox bacteria inhibition and the nitrification and denitrification inhibition ($\geq 25\%$) in the presence of acetaminophen (≥ 250 mg/L). Li et al.¹⁴³ evaluated through the use of ¹⁴C-labeling and LC-MS/MS techniques, the dissipation routes, and biodegradation pathways of acetaminophen (4 µg/g) in soil subjected to different treatments (nonsterilized, sterilized, and biosolid-amended soil). After a 120 day experiment under aerobic conditions, up to 17% of ¹⁴C-acetaminophen was mineralized, and mineralization was significantly inhibited after soil sterilization or amendment with biosolids due to the nonextractability of ¹⁴C-residues (73.4%–93.3% of the initial amount of ¹⁴C-acetaminophen used). Eight metabolites were identified in this study: hydroquinone, 3-hydroxyacetaminophen, 1,4-benzoquinone, 1,4-dimethoxybenzene, *N*-acetyl-*p*-benzoquinone, imine-4-methoxyphenol, 2-hexenoic acid, and *p*-acetanisidide. These authors also observed that either the acetaminophen mineralization or its conversion to bound residues are rapid, suggesting that soil is promptly detoxified, minimizing the potential for off-site transport.

2.2.3. Antibiotics. The discharge of antibiotics or other antimicrobial substances into the environment seriously compromise public health by promoting the development of mechanisms of bacterial resistance particularly by the species considered as pathogens since the genes conferring resistance are usually amenable to horizontal transfer. Furthermore, it may lead to the disappearance of organic matter or inhibition of chemical microbial degraders in WWTP, soil, and water ecosystems.⁶

Wang et al.¹²⁰ evaluated the biodegradation capacity of a sulfamethoxazole (SMX) degrading strain *Acinetobacter* sp.

toward several pharmaceuticals, including sulfamethazine (SMT, 30 mg/L), sulfadiazine (SD, 30 mg/L), triclosan (TCS, 2 mg/L), and thimethoprim (THM, 2 mg/L). Although *Acinetobacter* sp. presented different mineralization efficiencies toward SMT (20.5%), SD (17.5%), and SMX (98.8%), complete biodegradation was attained for these compounds. For TCS and THM, no biodegradation was observed. The biodegradation capacity of *Acinetobacter* toward TCS and THM in the presence of SMX was not improved. On the other hand, the presence of THM decreased SMX biodegradation, whereas the presence of TCS could completely inhibit SMX degradation.

The biodegradation of ciprofloxacin (CIP, 5 mg/L), ofloxacin (OFL, 5 mg/L), norfloxacin (NOR, 5 mg/L), and enrofloxacin (ENR, 5 mg/L) by *Thermus* sp. was assessed by Pan et al.,¹⁴⁴ who isolated it from pharmaceutical sludge and acclimatized it posteriorly with CIP (5–20 mg/L) for several weeks. The optimal pH and temperature for CIP degradation were 6.5 and 70 °C, respectively, for 55% degradation. Biodegradation of 63%, 70%, and 74% were attained, respectively, for OFL, NOR, and ENR after 72 h of exposure. The versatility of *Thermus* sp. toward different types of fluoroquinolones may be explained by their similar structure, while the different biodegradation performance is a reflex of different toxicity profiles.

2.2.4. Anticonvulsants/Antiepileptics. Carbamazepine is an antiepileptic compound, frequently detected in surface water, wastewater, and occasionally in groundwater,^{6,145} with high persistence in the environment and severe detrimental impact on the ecosystem dynamics.¹⁴⁵

Bessa et al.¹⁴⁶ evaluated the biodegradation capacity of two bacteria strains previously isolated from a municipal WWTP (Ponte de Moreira, Maia, Portugal) and enriched in minimal salt medium contaminated with carbamazepine (24 mg/L) for 6.5 months to biodegrade carbamazepine (10 mg/L) as the sole carbon source. The bacteria were identified as *Starkeya* sp. C11 and *Rhizobium* sp. C12 and showed reduced biodegradation capacity (30%) regardless of the acetate supplement. According to Nasir et al.¹⁴⁵ and Wu et al.,¹⁴⁷ studies on carbamazepine biodegradation by bacterial species are limited, summarized in Table 3.

Xiong et al.¹⁴⁸ assessed the biodegradation capacity of *Chlamydomonas mexicana* and *Scenedesmus obliquus* toward carbamazepine (0–100 mg/L), as well as its toxicity and cellular stresses resulting from its exposure.

The results revealed for both algae a decrease in cell growth with an increase in carbamazepine concentration (97% and 30% growth inhibition for *S. obliquus* and *C. mexicana*,

Table 4. Fungi Identified as Carbamazepine Biodegraders^a

Fungi	Concentration	Biodegradation	Enzyme(s) involved
<i>T. harzianum</i>	4 µg/L	72% (15 d)	Cytochrome P450
<i>P. ostreatus</i>	4 µg/L	68% (15 d)	Cytochrome P450
<i>P. ostreatus</i> PC9	8740 µg/L	99% (25 d)	Cytochrome P450, epoxidehydrolase
<i>T. versicolor</i> (ATCC 42530)	20 µg/L	57% (72 h)	Laccase
<i>T. versicolor</i> (ATCC 42530)	9000 µg/L	94% (6 d)	Laccase
	50 µg/L	61% (7 d)	Laccase
	200 µg/L	54% (15 d)	Laccase
<i>T. versicolor</i> (immobilized laccase on TiO ₂ nanoparticles)	4.73 µg/L	40% (96 h)	Laccase
	4.73 µg/L	68% (96 h)	Laccase
<i>T. versicolor</i> NRRL 66313	350 µg/L	60% (8 d)	Laccase, lignin and manganese peroxidase
<i>T. versicolor</i> (ATCC 7731)	930 µg/L	10% (22 h)	Laccase
<i>Cunninghamella elegans</i> (ATCC 9254)	0.24 µg/L	43% (25 d)	—
<i>Umbelopsis ramanniana</i> R-56	0.24 µg/L	26% (25 d)	—
<i>Phanerochaete chrysosporium</i> BKM F-1767	5000–1000 µg/L	60%–80% (100 d)	Lignin and manganese peroxidase
<i>Phanerochaete chrysosporium</i> BKM F-1767 (immobilized)	1000 µg/L	80% (165 d)	Manganese peroxidase
	1000 µg/L	>90% (160 d)	Lignin and manganese peroxidase
<i>Aspergillus niger</i>	11,400 µg/L	9% (7 d)	—

^aAdapted from Nasir et al.¹⁴⁵ and Wu et al.¹⁴⁷

respectively, for an initial concentration of 200 mg/L). Biochemical characteristics such as enzyme activities (CAT and SOD), total chlorophyll, and carotenoid contents were affected for both algae when a high concentration of carbamazepine was used. The total chlorophyll and carotenoid content as well as the CAT and SOD activity increased, suggesting the activation of a protective mechanism against external stress conditions induced by carbamazepine. A maximum biodegradation of 35% and 28% were, respectively, achieved for *C. mexicana* and for *S. obliquus*. Two metabolites were identified by UPLC-MS: 10,11-dihydro-10,11-epoxy carbamazepine and n-hydroxy-carbamazepine.

According to Nasir et al.,¹⁴⁵ the most common fungi used to biodegrade carbamazepine are *Trichoderma harzianum*, *Pleurotus ostreatus* (normal strain and strain AC9), immobilized *T. versicolor*, *T. versicolor* (ATCC 42530, ATCC 7731, and NRRL 66313), *Aspergillus niger*, *Cunninghamella elegans* (ATCC 9254), *Umbelopsis ramanniana* R-56, and *Phanerochaete chrysosporium* (mobilized strain F-1767 and immobilized strain F-1767) Table 4.

2.2.5. Antidepressants. According to a survey performed by the Organization for Economic Cooperation and Development (OECD) in 25 countries regarding the use of antidepressants, these are among the group of pharmaceuticals most prescribed worldwide, and their consumption has increased exponentially between 2000 and 2010. Their use in Germany has risen 46%, whereas in Spain and Portugal this increase was about 20%. Although the United States is not included in the OECD analysis, it is believed that 11% of Americans over the age of 12 take antidepressants. Even if the obtained data may not be as accurate as it should, since the popularity of antidepressants in a given country is the result of a complex mixture of depression ratios, wealth, health coverage, stigma, and availability of treatment,¹⁴⁹ this tendency is quite worrying, not only due to the reasons underlying the prescription of such medicines but also because of the impact that these huge amounts of drugs

and consequently their derivatives will exert, at short and long term, on the ecosystems.

A group of antidepressants that has been raising serious concern due to its wide use and mode of action, i.e., modulation of the levels of the neurotransmitter serotonin, is the selective serotonin reuptake inhibitors (SSRI). Despite their hazardous impact on the ecosystem, the number of environmental studies concerning fluoxetine persistence and biodegradation by natural microbial communities is extremely scarce. Kwon and Armbrust¹⁵⁰ evaluated the laboratory persistence and fate of fluoxetine in aquatic environments, including experiments performed with several distinct aqueous solutions, water/sediment systems, and activated sludge-amended media in light and dark environments. With the exception of synthetic humic water (pH 7), fluoxetine was found to be hydrolytically and photolytically stable in all the experiments for over a period of 30 days. The biodegradation rate increases sharply in the experiments conducted with synthetic humic water (pH 7): approximately 13-fold in comparison with buffered solutions at the same pH. In water/sediments, fluoxetine was found to rapidly dissipate from the aqueous phase due to sediments distribution. The dissipation rate from the aqueous phase was identical between light and dark environments, suggesting a low input of photodegradation processes to fluoxetine dissipation. A photoproduct was detected in the assays conducted with synthetic humic water and identified as norfluoxetine formed by demethylation of fluoxetine. These results reinforced the thesis regarding fluoxetine persistence and resilience to hydrolysis, photolysis, and microbial degradation and its fast removal from surface water due sediments adsorption.

Moreira et al.¹⁵¹ studied the enantioselective biodegradation of racemic fluoxetine and of its enantiomers by *Labrys portucalensis* strain F11. When 2 µM of racemic fluoxetine was used as the only carbon source, total biodegradation of both molecules was obtained within 30 days, with stoichio-

metric release of fluoride. This was not observed when 4 and 9 μM of racemic fluoxetine were used. When acetate is present, acting as a supplementary carbon source at 4, 9, 21, and 25 μM of racemic fluoxetine, (S)-fluoxetine, or (R)-fluoxetine, the two enantiomers suffered complete biodegradation. For superior concentrations of racemic fluoxetine (45 and 89 μM), partial biodegradation was obtained. Preferential biodegradation of (R)-fluoxetine was observed for all the experiments.

Velázquez and Nacheva¹⁵² evaluated the biodegradation capacity of a nitrite-oxidizing consortium, an ammonium-nitrite-oxidizing consortium, and a heterotrophic biomass toward pharmaceuticals, including fluoxetine, in batch tests with different retention times. The heterotrophic and the ammonium-nitrite-oxidizing consortia presented the highest biodegradation capacity, reaching, respectively, 85% and 79% biodegradation, whereas the nitrite-oxidizing consortium was only capable of biodegrading 48% of fluoxetine (1 g/L). The assessment of fluoxetine in the dissolved phase and in the biomass indicated that biodegradation was the major removal mechanism (86% to 94%) and that biosorption contributed only with 6% to 14% to its removal.

2.2.6. Blood Lipid Regulators. The growing number of cardiovascular diseases as a consequence of high cholesterol¹⁵³ has triggered an enormous increase in the volume of cholesterol-lowering substances prescribed. Gemfibrozil and clofibric acid, the primary intermediate of clofibrate lipid regulators, are the main common blood lipid regulators and respective metabolites found in European wastewater. Clofibric acid is accounted for as one of the most persistent metabolites with an estimated persistence in the environment of 21 years.¹⁰⁵ Buser et al.¹⁵⁴ detected the presence of clofibric acid in the North Sea at concentrations up to 7.8 ng/L. Quintana et al.¹³² proved bioreactors to be inefficient for the degradation of clofibric acid present in municipal wastewater, while Zhou et al.¹⁵⁵ demonstrated that aerobic sequencing batch reactors could promote the co-metabolic degradation of clofibric acid by a bacterial consortium dominated AOB. This bacterial consortium was first acclimatized with chlorinated aromatic molecules and then used as an inoculum in the batch reactors experiments. Still, recent studies reported concentrations of clofibric acid in surface waters higher than 240 ng/L.¹⁵⁶

Although gemfibrozil was not classified by the Agency for Research on Cancer regarding its carcinogenicity toward humans, recent reports have proven its toxicity and carcinogenic properties toward several organisms such as rodents (induction of peroxisome proliferation) and eels (induction of liver cancer), as well as its harmful effects on nontargets aquatic organisms. Despite being considered as a nonbiodegradable and a moderately to highly persistent pharmaceutical,^{94,157,158} recent studies have demonstrated the ability of different microbial species to biodegrade gemfibrozil, aiming at its removal from aqueous matrices.⁶ Lin et al.¹²⁷ observed that gemfibrozil degradation was achieved with a half-life inferior than 24 h, whereas Zhou et al.¹⁵⁵ were able to isolate a strain of *Bacillus* sp. from the sludge of a WWTP, able to quickly and efficiently degrade gemfibrozil in liquid culture at concentrations below 60 ng/L. Kang et al.¹⁵⁹ reported the ability of the fungus *Cunninghamella elegans* (ATCC 9245) to biodegrade gemfibrozil in a liquid culture medium through hydroxylation reactions. Comparative evaluations were conducted by Grenni et al.¹⁵⁸ with sterile and nonsterile river water incubated in the dark. No biodegradation of gemfibrozil occurred with sterile river water, whereas with micro-

biologically active water, a considerable reduction of gemfibrozil was observed, and the FISH analysis conducted on the microbial community revealed a noteworthy increase in the gamma-Proteobacteria group, suggesting that some populations of this group are involved in gemfibrozil degradation.

2.2.7. Antidiabetics. Although it has been estimated that a considerable part of the human population (3%–5%) suffers from diabetes mellitus type 2, antidiabetics have not yet received as much attention as the other classes of pharmaceuticals in terms of environmental impact. Taking into consideration the significant number of people suffering from this disease and its chronicity, a large amount of antidiabetics are and will be used and subsequently excreted along with their metabolites, eventually ending up in the WWTP.

Mrozik and Stefańska¹⁶⁰ assessed the capacity of three natural and representative soils of Central Europe (alluvial agricultural, Loessy Brown, and Podsolc Poland) to sorb and biodegrade glibenclamide, gliclazide, glimepiride, and metformin. The following biodegradation order was observed: metformin (MET) > gliclazide (GC) > glimepiride (GL) > glibenclamide (GB). It was also observed that after 120 days and under aerobic conditions, the type of soil and its physical–chemical properties played an important role in the sorption of MET, GC, GL, and GB. The alluvial agricultural was the most sorbing soil tested. It was also rich in organic matter, had a high cation exchange capacity, and had the highest fraction of fine clays, which increased significantly its sorption capacity.

2.3. Restrictions and Strategies for Inclusion of Biodegradation Processes in WWTP. Igos et al.¹⁶¹ made an exhaustive life cycle assessment comparison between two different protocols for pharmaceuticals abatement in WWTP. They considered the conventional treatment chain and the upgraded version with an ozonation step versus the decentralized approach, with a membrane biological reactor followed by specific treatments (ozonation, activated carbon adsorption, or ultraviolet radiation) at specific source points (as the outflow of hospitals). They concluded that life cycle assessment (LCA) is a holistic approach that hardly considers issues that may become highly relevant at the local level, but all the technologies considered for pharmaceuticals pollution abatement have some environmental impact *per se*, mainly in terms of sludge production. Nevertheless, the decentralized approach with the membrane biological reactor revealed to have a smaller environmental impact than the conventional integrated approach, with little advantage on the use of the post-treatment technologies. This work justifies the consideration of the biologic pathway to remove and/or degrade this class of contaminants, as well as its restrictions.

According to the literature, the major restrictions of biodegradation processes in WWTP are as follows:

- **Limited time for microorganisms to adapt to the toxic compounds:** According to Dionisi,¹⁴ microorganisms able to use hazardous compounds as the primary or sole carbon and energy source might have been in contact with these compounds presumably for a long period, having the necessary time to develop mechanisms for adaptation and survival in these hostile conditions. In activated sludge processes, for example, the residence time for microorganisms is frequently several months, but it can be limited just to some days. In these

Table 5. Characteristics, Advantages, and Limitations of Adsorptive and Oxidation Processes for Pharmaceuticals Abatement

Treatment process	Characteristics	PPCP concentration range	Efficiencies range	Advantages	Limitations	refs
<i>Adsorption</i>						
Activated carbon (AC) (obtained from various types of carbonaceous materials precursors)	Hydrophobic electrostatic interactions between the dissolved adsorbate and the adsorbent	5–1000 mg/L	Uptake capacity: 60–500 mg/g	Good removal efficiency at low concentrations of pharmaceuticals. Possibility of regeneration and reuse of the adsorbents. Does not generate toxic or pharmacologically active products. Low operational energy requirements.	High production and regeneration costs. Reduced efficacy and increased adsorbent consumption due to the presence of naturally occurring organic material. Environmental issues related to the disposal after saturation.	100, 175–177
Low-cost and waste adsorbents	Natural materials abundant in nature, waste materials, or byproduct from industry activities	<100 mg/L	Uptake capacity: <30 mg/g	Low-cost or inexpensive. Minimization of waste disposal (for waste materials). High availability. Does not generate toxic or pharmacologically active products.	Environmental issues related to the disposal after saturation. Typically are nonregenerable materials.	178, 179
Ozonation	Decomposition of O ₃ into hydroxyl radicals (•OH)	≤200 mg/L	90%–100% abatement. Low mineralization (<30%).	<i>Advanced Oxidation Processes (AOP)</i> Increase of the biodegradability of recalcitrant compounds. High removal rates. Disinfection and oxidation can be achieved simultaneously.	Compounds with amide linkages are resistant to ozone. Formation of toxic byproducts. Energy consuming. High operating costs. Risks associated with ozone generation.	180–183
Fenton oxidation; Photo-Fenton	Reaction of hydrogen peroxide with Fe ²⁺ or Fe ³⁺ to produce (•OH); with/without UV light	10–200 mg/L	High mineralization (>90%). COD removal (80%–90%).	Abundance of iron in nature. Can be applied as a pretreatment to biological processes (biodegradability enhancement). Not as energy intensive as other AOPs.	Generation of iron sludge. Effluent should be treated to meet the discharge standards for iron concentration (homogeneous Fenton). Operation at a narrow pH range.	171, 173, 184–186
Electrochemical Oxidation (EO)	Boron-doped diamond (BDD) anodes generate hydroxyl radicals (•OH)	0.1–12 g/L COD	97%–100% TOC removal	EO is generally not selective and can treat large volumes of wastewater. Low temperature requirements. No chemicals addition.	Only suitable for dilute wastewater: 5 g/L < (COD) < 30 g/L. High cost of BDD electrodes. Energy requirements. Risk of formation of chlorinated byproducts.	187–190

circumstances, microorganisms might not have sufficient contact time to stimulate the competent enzymes to grow on these substrates.

- **Limited availability of external carbon sources for co-metabolism:** For the co-metabolic processes, biodegradation can only occur if external biodegradable substrates are present. Thus, a probable restriction to co-metabolic biodegradation is the availability of other substrates, particularly when the ratio of toxic compounds to other biodegradable substrates in the influent is high and when the SRT is reduced.¹⁶²
- **Competition with abiotic removal mechanisms:** Biological degradation is possible if the substrate is dissolved in the liquid phase. In biological WWTP, the competing removal mechanisms of adsorption and air stripping decrease the concentration of the toxic compounds in the liquid phase, thus reducing the substrate availability for biodegradation.¹⁶³ The predisposition of a compound to be removed by air stripping depends on the Henry's constant of the substance and on the air flow rate. On the other hand, adsorption on activated sludge flocks depends on the solids retention time and on the partition coefficient of the compound between the liquid and the solid phase,^{162,163} which is often considered proportional to the octanol–water partition coefficient of the chemical.^{163,164} The influence of sludge age on adsorption of any contaminant relates to the fact that only the produced biomass is available for adsorption and that the biomass production rate is intrinsically dependent on the current sludge age. Thus, the older the sludge is, the poorer the removal of a given compound by adsorption is.¹⁶²
- **Reduced concentration of toxic compounds in the influent:** According to Hoehler,¹⁶⁵ a minimum bulk substrate concentration is mandatory to create sufficient energy for the phosphorylation of adenosine diphosphate (ADP) to adenosine triphosphate (ATP) and to ensure the maintenance necessities of the microorganisms.
- **Intrinsic nonbiodegradability:** As mentioned before, there is very little evidence of biodegradation of important hazardous compounds, including pharmaceuticals, polycyclic aromatic hydrocarbons (PAH) with a number of rings higher than 4, flame retardants, and pesticides in biological WWTP. Nevertheless, it is not evident whether this is due to intrinsic thermodynamics or kinetic restrictions or simply to the fact that the microorganisms able to do it have not been identified so far.¹⁶²

The main parameter affecting biodegradation in WWTP is the SRT since for any given substrate the longer the SRT is, the higher the biomass concentration in the system is and the higher the removal rate by biodegradation per unit volume of the biological reactor is. The increase in the SRT should be thoroughly considered since the removal of a hazardous compound by co-metabolism depends on the presence of other more readily biodegradable carbon sources. Generally, beyond a certain value of the SRT, all the readily or slowly biodegradable carbon sources are removed, and consequently, any additional increase in the SRT will not bring any benefits, as there will be no other carbon source available to support co-metabolism. An increase in the SRT is also likely to cause a

decrease in the removal by adsorption processes.¹⁶² Air flow rate may also affect the efficiency of biodegradation. Indeed, the higher the airflow rate is, the higher the removal of a given compound by stripping is. Consequently, decreasing the air flow rate can promote a raise in the fraction of the influent substrate that is biodegraded, instead of transferring it to the gas phase. A promising enhancement to the co-metabolic biodegradation of hazardous substances is the external addition of immediately and easily biodegradable substrates, in a similar way to what has been done in nitrification–denitrification processes for nitrogen removal with postdenitrification processes added subsequently.^{166,167} In WWTP, the external readily biodegradable substrate could be added in a specific reactor for hazardous compounds removal, placed, for example, after the main aeration tank. In this specific reactor, all the biodegradable substrates may be completely degraded, and therefore, hazardous compounds removal can only happen due to the addition of the external biodegradable substrate. The combination of anaerobic–aerobic processes is an appealing alternative for the abatement of toxic substances that are hardly biodegradable under exclusively aerobic conditions. Several examples of successful use of anaerobic–aerobic processes for the biodegradation of toxic compounds have been reported in the literature.^{168–170}

2.4. Alternative Technologies for Abatement of Pharmaceuticals. A number of technologies have been proposed for the treatment of wastewater containing PPCP mainly dealing with the effluent from tertiary WWTP. Conventional treatment processes include the activated sludge process, trickling filtration, and powdered-carbon-fed activated sludge process.¹⁷¹ Highly biodegradable pharmaceuticals can be completely degraded through aerobic biological processes or at least degraded to harmless substances. Nevertheless, conventional processes based on activated sludge are generally not sufficient to ensure total removal for most PPCP. There are several other processes available for the treatment of pharmaceutical wastes such as membrane techniques (ultrafiltration, nanofiltration, reverse osmosis) and adsorptive (powdered activated carbon and granular activated carbon) and oxidative processes (ozonation and advanced oxidation processes). Among these, adsorptive treatments and oxidations processes have been extensively studied and proposed as alternatives or as coupling technologies to biosorption and biodegradation processes. Table 5 presents the main advantages and limitations of adsorptive and oxidation processes, along with the initial concentrations used and efficiencies attained. Hybrid processes, which are a combination of one or more conventional/advanced treatments, may be very effective in the complete eradication of pharmaceutical contaminants.¹⁷² In order to ensure the economic optimization of the combined process, it is necessary to limit the intensity and/or duration of the advanced treatments due to their high cost.¹⁷³ Appropriate techniques must be combined to provide technically and economically feasible solutions.¹⁷⁴

3. PERSPECTIVES AND OUTLOOK

Sustainable development was defined 30 years ago by the United Nations World Commission on Environment and Development in its report “Our Common Future” as the ability of the present generations to meet their needs, without compromising future generations to meet their own. Technological development and scientific advances allowed humanity to increase life expectancy and quality, supported on

longer and better education, clever diets, more efficient pharmaceuticals, more suitable housing, and mainly on the consciousness of the impact of pollution, of contamination, and side effects of the new substances uptake in the environment and in living beings that development has brought, along with the advantages of the very same substances. Today, we cannot imagine a world without vaccines, antibiotics, blood pressure and cholesterol regulators, birth control pills, antidepressants, analgesics, sleeping pills, and so many other pharmaceuticals. To be effective, these formulations do need a minimum concentration of the active principles, but they include many other compounds that make them accessible to the individual that needs the medicine. It is known that only a fraction of the pharmaceutical is entrapped by the body, most of it is excreted reaching wastewater that may transport the pharmaceutical molecules toward rivers, oceans, ponds, soils, and sediments. Although reduced amounts of these contaminants are the responsibility of each of us, considering the urban concentrations and the worldwide population, the overall impact of these residues is huge. In fact, many distinct active principles are already detected in those ecosystems, with unforeseen effects on local biota. The common WWTP are not prepared to tackle these emergent pollutants, mainly with secondary treatment based on the activity of consortia of microorganisms. These may suffer the toxicological impact of the emergent molecules affecting their efficiency in COD and BOD abatement. At the best, they may survive the impact, but the pollutant charge will pass through the station without any degradation.

It is also the authors' opinions that the lack of standard protocols and analytical techniques to assess contaminated effluents leads to the involvement of a large number of variables, increasing thus the difficulty in the evaluation and comparison of the processes employed, in terms of efficiency and maximum capacity. The need to perform a pretreatment in the material to be used as decontaminating agents or the need to pretreat industrial effluents, for example, prior to their discharge, significantly increases the amount of wastes produced, which will also require treatment, thus increasing the human impact on the environment. The best way to protect ourselves and the environment is to reduce the use of pharmaceuticals to the minimum possible and when necessary to strictly follow the prescriptions avoiding the risk of microbial resistance and the consumption of additional medicines.

With a circular economy approach, the recovery and reuse of natural resources that otherwise will disappear in the near future should be implemented. The new trend is to rehabilitate contaminated systems with pharmaceutical molecules through the ability of certain microorganisms to entrap and degrade the pollutant molecules. Microbes are ubiquitous and easily collected and maintained, and they behave like microtreatment stations. The complete biodegradation reduces the medicine molecule to carbon dioxide and water, so it is up to the present generation to use bacteria, yeasts, algae, or fungi as exceptional sorbents and degraders to be used in engineered rigs as permeable biobarriers that avoid the contamination of soils and sediments, while rehabilitating polluted water. The present knowledge on microbial genetic modifications may contribute to a highly specialized structure to retain a wide variety of xenobiotic formulations.

■ ASSOCIATED CONTENT

§ Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: [10.1021/acs.est.8b06977](https://doi.org/10.1021/acs.est.8b06977).

Information on the development and/or improvement of pharmaceutical formulas in the different health areas (Figure S1). It is also presented a schematic summary regarding the application of biological processes to contaminated environmental matrices (Figure S2) and a table (Table S1) with the most popular pharmaceuticals detected in water bodies and their respective concentrations.(PDF)

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Notes

The authors declare no competing financial interest.

■ ACKNOWLEDGMENTS

This study was supported by the Portuguese Foundation for Science and Technology (FCT) under the scope of the research project PTDC/AAG-TEC/S269/2014, the strategic funding of the UID/BIO/04469/2013 unit, and BioTecNorte operation (NORTE-01-0145-FEDER-000004) funded by the European Regional Development Fund under the scope of Norte2020 – Programa Operacional Regional do Norte.

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