Satisfaction with the Social Support of People with Mental Illness in Recovery Process
Objective

• Evaluate the satisfaction with the social support of people with mental illness, in the scope of recovery, after hospital discharge.
Methods

- **InterComuniCaRe**

- Quantitative, descriptive and exploratory study

- **Task 3** – Individual Intervention Implementation Program.

- **3 Evaluation Moments** – M0 (hospital discharge); M1 (2 months after discharge) and M1 (4 months after discharge).
Methods

• Study:
  • Referes to M0
  • Sample (N=36) – *Convenience sample technique*

• Inclusion criteria:
  • Mental illness; Age ≥ 18

• Exclusion criteria:
  • Dementia, intelectual debility and addiction problems.
Methods

• Evaluation Instrument:
  
  • Social Support Satisfaction Scale (Pais-Ribeiro, 2011).
    • 15 items
    • 4 dimensions (Satisfaction with Friends, Intimacy, Family Satisfaction and Social Activities).
Statistical Analysis

• IBM Statistical Package for Social Sciences (version 25.0)

• Descriptive measures (percentage, average and standard deviation)
Results

• N=36
  • 97.2% women (N=35) and 2.8% man (N=1).

• Age x=48.7 (SD=10.8).

• Diagnosis
  • 44.4% present psychotic disorders; 38.9% present mood disorders and 16.7% personality disorders.

• Situação Profissional
  • 55.6% attended middle school; 41.7% are employed, 33.3% are unemployed.
Results

• Social Support Satisfaction Scale (Conversion 0-100)

  • Lowest score: Social Activities (x=47,8; SD=19,6)
    • Followed by Intimacy (58,3±18,6) and Satisfaction with Friends (59,7±21,3)
  • Highest score: Family Satisfaction (x=68,9; SD=22,0)

• Total Score Punctuation: x=44,1; SD=10,7
Discussion

• Social Support
  • one of the strategies of people to cope with the complexity and adversity of health and disease

• Social activities – most fragile dimension

• Satisfaction with the family - strongest dimension
Discussion

• Results
  • are relevant so that the individual intervention programs designed for each person, in the scope of recovery, take into account the level of satisfaction that he/she presents with social support.

• Implications to the practice
  • allow a serious reflection of the subjective aspects of people's lives, and confirm the importance of including them in the care process associated with the promotion of recovery.
Bibliography


Thank you!