

Development of porous lamellar poly(L-lactic acid) scaffolds by conventional injection molding process

Satyabrata Ghosh^{a,b}, Júlio C. Viana^c, Rui L. Reis^{a,b}, João F. Mano^{a,b,*}

^a 3B's Research Group – Biomaterials, Biodegradables and Biomimetics, University of Minho, Campus de Gualtar, 4710-057 Braga, Portugal

^b IBB – Institute for Biotechnology and Bioengineering, PT Government Associated Laboratory, Braga, Portugal

^c IPC – Institute for Polymers and Composites, University of Minho, Campus de Azurém, 4800-058 Guimarães, Portugal

Received 23 August 2007; received in revised form 10 January 2008; accepted 6 March 2008

Available online 18 March 2008

Abstract

A novel fabrication technique is proposed for the preparation of unidirectionally oriented, porous scaffolds by selective polymer leaching from lamellar structures created by conventional injection molding. The proof of the concept is implemented using a 50/50 wt.% poly(L-lactic acid)/poly(ethylene oxide) (PLLA/PEO) blend. With this composition, the PLLA and PEO blend is biphasic, containing a homogeneous PLLA/PEO phase and a PEO-rich phase. The two phases were structured using injection molding into well-defined alternating layers of homogeneous PLLA/PEO phase and PEO-rich phase. Leaching of water-soluble PEO from the PEO-rich phase produces macropores, and leaching of phase-separated PEO from the initially homogeneous PLLA/PEO phase produces micropores in the lamellae. Thus, scaffolds with a macroporous lamellar architecture with microporous walls can be produced. The lamellae are continuous along the flow direction, and a continuous lamellar thickness of less than 1 μm could be achieved. Porosities of 57–74% and pore sizes of around 50–100 μm can be obtained using this process. The tensile elastic moduli of the porous constructs were between 580 and 800 MPa. We propose that this organic-solvent-free method of preparing lamellar scaffolds with good mechanical properties, and the reproducibility associated with the injection molding technique, holds promise for a wide range of guided tissue engineering applications. © 2008 Acta Materialia Inc. Published by Elsevier Ltd. All rights reserved.

Keywords: PLLA; PEO; Lamellar; Scaffold; Injection molding

1. Introduction

Each tissue or organ has its own characteristic architectural organization, which is closely associated with its physiological functions. Some specific tissues, such as bone, tendon, ligaments, spinal cord, peripheral nerve, ureter and intestine, have tubular or lamellar architectures. The repair of such tissues remains an intractable problem due to their poor capacity for natural regeneration. Tissue engineering strategies have great potential in the biological and functional regeneration of such tissues. In general, the growth of nerve cells is highly random and does not extend

through the lesion site to the host tissue. A better strategy is to physically guide the linear growth of axons across a site of injury. This allows retention of the original architecture of regenerating axons across the lesion site and increases the probability of achieving total functional recovery. The essential steps for engineering such strategies are the development of biomimetic and anisotropically oriented scaffolds consistent with the morphology of the natural skeleton of host tissues. In general, the materials of these temporary porous scaffolds are either of natural and synthetic biodegradable polymers [1–5]. Synthetic polymers have design flexibilities in terms of material composition, processability, control over macro- and microstructures, and mechanical properties [3]. Poly(α -hydroxy acids) including poly(lactic acid), poly(glycolic acid) and their co-polymers are the widely accepted biodegradable synthetic polymers for tissue engineering applications.

* Corresponding author. Address: 3B's Research Group – Biomaterials, Biodegradables and Biomimetics, University of Minho, Campus de Gualtar, 4710-057 Braga, Portugal. Tel.: +351 253 604 497.

E-mail address: jmano@dep.uminho.pt (J.F. Mano).

A number of processing techniques based on textile technologies, thermally induced phase separation, solvent casting/particulate leaching, fiber templating, melt extrusion and combinations of the above techniques have been used for the preparation of multi-tubular and simple tubular structures. Hollow conduit-like constructs can be fabricated by melt-based processing techniques such as extrusion of polymer/salt followed by leaching of salt [6]; radial alignment of internal pores across a hollow tube by spinning a polymer suspension followed by freeze drying and sublimation [7]; formation of tubular scaffolds by rolling freeze-dried films into the form of a tube [8]; bonding of non-woven polymer meshes wrapped around a mandrel and spraying a polymer solution onto them [9]; or formation of hollow fabric tubes by knitting of prefabricated yarns followed by dipping in solution, freezing and sublimation [10]. The multitubular porous scaffolds can also be prepared by phase-separation techniques, e.g. (i) freezing of polymer solution and sublimation of solvent [11,12]; (ii) freezing polymer/solvent with a uniaxial temperature gradient followed by sublimation of solvent [13]; (iii) injecting polymer suspension into a prefabricated multiple channel mold followed by sublimation of solvent [14,15]; (iv) freeze-drying with a uniaxial thermal gradient [16–18]; (v) fiber templating technique [19–21]; and (vi) solution coating and gas foaming by porogen decomposition [22]. Scaffolds prepared by the freeze-drying process are limited to thin constructs and the dense outer wall of the scaffolds may not allow interaction between the cells in the lumen and the surrounding tissue. Moreover, the dense outer walls may prevent scar tissue from invading into the scaffolds and suppress tissue regeneration. The permeability of the tubular wall is an important requirement of such scaffolds as it facilitates the supply of oxygen and nutrients and the removal of metabolic waste substances. Moreover, the use of organic solvents in most of these fabrication processes and the potential toxicity of these solvents has already been reviewed [23].

Three-dimensional porous scaffolds can also be produced from selective dissolution of a polymer from blends such as poly(L-lactic acid) (PLLA)/polystyrene, PLLA/poly(ϵ -caprolactone) and poly(ϵ -caprolactone)/poly(ethylene oxide) (PEO) [24–26]. Lee and Kim have demonstrated that a layered structure could also be produced by injection molding a low interfacial tension, partially miscible polymer blend [27]. Injection molding is a versatile, efficient and highly reproducible process, capable of fast production of complex geometric shapes with tight dimensional tolerances. Injection molding has previously been used to prepare scaffolds by compounding polymer with a blowing agent [28]. In that case sphere-shaped pores were obtained. In this work, we intend to fabricate anisotropically oriented PLLA scaffolds by injection molding a blend of PLLA and PEO. PEO is a thermoplastic and water-soluble polymer. Moreover, PEO is biocompatible and is currently used in biomedical applications [29]. PEO has been used in this study as a porogen to obtain porous structures.

Most polymer blends are immiscible because of unfavorable interactions and the small increase in entropy upon blending. In an immiscible blend, the constitutive polymers are immiscible throughout the composition range due to the high interfacial tension and poor adhesion between the phases. In a miscible blend, however, the constitutive polymers are miscible over a wide range of compositions due to specific molecular interactions. In a partially miscible blend, a small part of one blend component is dissolved in the other component. With increased fraction of the minor phase, the system becomes biphasic and both blended phases are homogeneous [30].

A polymer pair tends to be miscible if the difference in solubility parameters is less than $0.5 (\text{cal cm}^{-3})^{1/2}$ [31]. The solubility parameter is defined as $(\text{CED})^{1/2}$, where CED is the cohesive energy density. The solubility parameters of PLLA and PEO are 10.1 and $9.9 \pm 1 (\text{cal cm}^{-3})^{1/2}$, respectively [31,32], and the closeness of these values indicates that the miscibility of PLLA and PEO is thermodynamically favorable. The glass transition temperatures (T_g) of pure PLLA and pure PEO are 61 and -54°C , respectively. The miscibility is supported by the detection of a single glass transition temperature in between the T_g s of the pure polymers [33].

In this paper, we describe an original approach to the fabrication of anisotropically oriented porous scaffolds using a conventional melt-based injection molding technique. More specifically, different layered structures were obtained by varying the injection molding processing conditions of a 50/50 wt.% PLLA/PEO blend. The porous constructs were produced by swelling the compact specimens in water followed by aqueous dissolution of water-soluble PEO. The steps describing the fabrication of the unidirectionally oriented porous scaffolds are summarized in Fig. 1. The hypothesis is that this methodology could be a route to fabricate unidirectionally oriented porous scaffolds. We investigated the effect of melt processing temperature and injection flow rate on the morphology of the porous structures observed by scanning electron microscopy. The effects of processing conditions on swelling behavior, porosity and mechanical properties were also studied.

2. Materials and methods

2.1. Materials

A high stereoregular PLLA from Cargill Dow LLC, USA was used in this study. PLLA was estimated to have an L-lactide content of 99.6% based on its specific optical rotation in chloroform using an AA-1000 Polarimeter [34]. The PLLA had $\overline{M}_n = 69,000$ and polydispersity of 1.73 as determined by gel permeation chromatography (Shimadzu LC10A, Japan) in chloroform with the standard of polystyrene. The PEO was Polyox WSR N-10, $\overline{M}_n = 100,000$, from Dow Chemical Company, USA. A 50/50 wt.% blend of PLLA and PEO was used in this study.

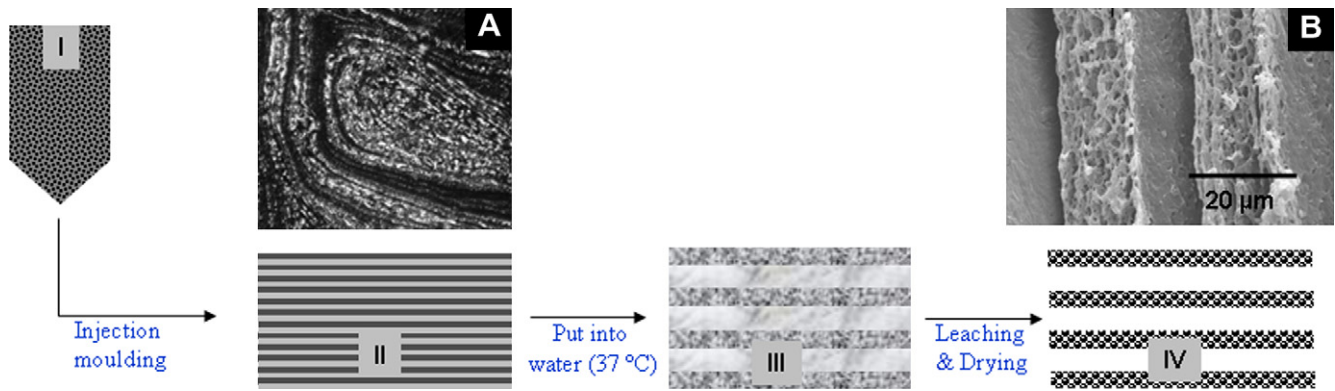


Fig. 1. Scheme for preparing the porous lamellar scaffolds using a conventional injection molding process. The 50/50 wt.% PLLA and PEO was compounded in a tumbler mixer in solid form and put into the hopper (I). The lamellar structure was developed by injection molding the blend above the melting temperature of PLLA and PEO, and the morphology was maintained by quenching at 5 °C (II). The molded specimens were immediately immersed in water at 37 °C and the blend swelled in water (III). The porous lamellar scaffolds (IV) were obtained by aqueous leaching of water-soluble porogen. The optical micrograph (A) shows the lamellar structure of the compact injection molded specimen and the SEM micrograph shows the porous lamellar architecture (B).

2.2. Experimental

2.2.1. Injection molding

The injection molded specimens were dumbbell-shaped tensile bars of 60 mm length, with a constant rectangular cross-section of $4 \times 2 \text{ mm}^2$ and a reference length of 20 mm. They were molded in an ENGEL T 45 machine (ES-200/45 HL-V). PLLA granules and PEO powder were pre-dried at 50 °C for 4 h in a vacuum oven. Prior to injection molding, PLLA and PEO were extensively mixed at room temperature in a rotating-drum tumbler mixer. The processing parameters that were kept constant are shown in Table 1. The injection molding processing parameters that were varied are shown in Table 2.

2.2.2. Swelling of lamellar structures in water

Following their ejection from the mold, the injected specimens were immediately immersed in deionized water at 37 °C. The compact specimens swelled in water at 37 °C. The supernatant water was changed every 8 h. The swelling process was continued for 30 days and was monitored at 5, 10, 15, 20, 25 and 30 days. At each interval, a minimum of five specimens from each run were taken out of water. Both the wet and dry weights were

Table 1
Processing parameters that were kept constant during injection molding

Parameter	Unit	Setting
Plasticizing speed	%	30
Back pressure	MPa	1
Barrel temperature (165 °C)	°C	165–155–150–100
Barrel temperature (190 °C)	°C	190–170–150–100
Mold temperature	°C	5
Injection pressure (hydraulic)	MPa	15
Hydraulic pressure (switch over)	MPa	4
Holding pressure	MPa	5
Holding time	s	3
Cooling time	s	30

Table 2

Processing parameters that were varied during injection molding (T_m = melt processing temperature, Q_{inj} = injection flow rate)

Runs	T_m (°C)	Q_{inj} ($\text{cm}^3 \text{ s}^{-1}$)
C1	165	7
C2	165	56
C3	190	7
C4	190	56

measured. No mass loss was observed after 5 days. From day 10 onwards, the dried specimens from runs C1 and C2 reached a constant weight. On the other hand, specimens from runs C3 and C4 reached a constant dried weight from day 20 onwards. On day 30, the samples were taken out from water, patted dry on adsorbent paper for 2 h and then dried in a vacuum oven at 40 °C for 48 h. The volumes of the compact and porous samples were calculated by measuring the dimensions of the dried samples. The degree of equilibrium swelling was determined volumetrically after 30 days in water using the following equation:

$$\text{Degree of swelling} = \left(\frac{V_s - V}{V} \right) \times 100, \quad (1)$$

where V_s and V are the volumes of swelled specimens and compact specimens, respectively.

2.2.3. Rheological analysis

Rheological characterization was performed in a parallel-plate rheometer (Paar Physica, MCR 300). The discs (0.8 mm thick \times 30 mm in diameter) of pure PLLA and pure PEO were prepared by compression molding at 180 and 70 °C, respectively. The stress sweeps were performed at 165 and 190 °C for PLLA and PEO to demarcate the region of linear viscoelasticity. The experiments were then carried out in dynamic mode at 165 and 190 °C (corresponding to the melt processing temperatures used in the

injection molding process) from 0.1 to 100 Hz in a nitrogen atmosphere.

2.2.4. Microstructural characterization

The morphology of the dried scaffolds was examined at room temperature using scanning electron microscopy (SEM) (Leica Cambridge S-360, UK) at 15 kV. The porous tensile bar specimens were cross-sectioned at the centre. The cross-sections were then coated with a thin gold layer using a sputter coater.

2.2.5. Estimation of density, porosity and water uptake

The density and porosity of the porous scaffolds were determined by measuring the dimensions and mass of the scaffolds. The apparent density (ρ) of the scaffolds was calculated as $\rho = m/V$, where m is the mass and V is the volume of the porous scaffolds.

The porosity of the porous scaffolds was calculated as

$$\text{Porosity} = \left(1 - \frac{\rho}{\rho_c}\right) \times 100, \quad (2)$$

where ρ_c is the density of amorphous PLLA, assumed to be 1248 kg m^{-3} [35].

To measure the water uptake, the wet scaffolds were taken out of water, placed on an adsorbent paper for 30 s and then weighed. The water uptake of the porous scaffolds was calculated as

$$\text{Water uptake} = \left(\frac{m_{\text{wet}} - m}{m}\right) \times 100, \quad (3)$$

where m_{wet} is the weight of wet scaffold.

2.2.6. Mechanical characterization

The dumbbell-like porous specimens were tested in an Instron 4505 computerized universal mechanical testing machine, in tensile mode. The recommendations of ASTM Standard D638 were followed. The deformation of the specimens was measured using an extensometer. The tests were performed at a controlled room temperature of $23 \text{ }^\circ\text{C}$ at a test velocity of 5 mm min^{-1} . From each condition, minimum five specimens were tested. The mechanical properties tested were the elastic modulus (E), the yield stress (σ) and the yield strain (ϵ).

3. Results and discussion

3.1. Rheological properties

The rheological behavior of neat PLLA and PEO was studied at 165 and $190 \text{ }^\circ\text{C}$, corresponding to the melt processing temperature used in injection molding. As expected, the viscosities of both the polymers decreased with increasing temperature (Fig. 2).

The viscosity of PLLA was sensitive to temperature and decreased at elevated temperature. PLLA is not very sensitive to shear rate in the measured shear-rate range at both studied temperatures [36].

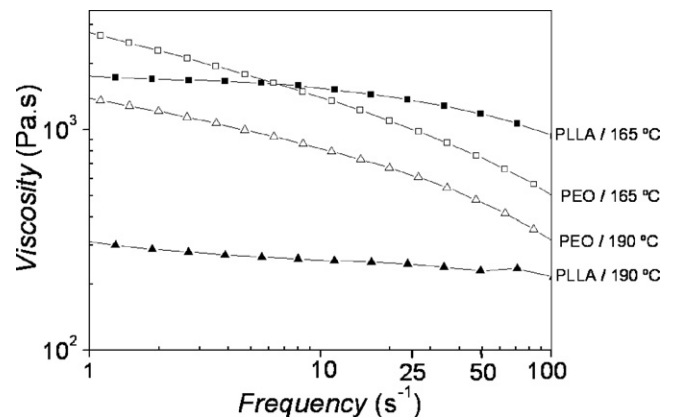


Fig. 2. Dependence of complex viscosity on angular frequency of PLLA (filled symbols) and PEO (open symbols) at $165 \text{ }^\circ\text{C}$ (square symbols) and at $190 \text{ }^\circ\text{C}$ (triangular symbols), corresponding to the melt processing temperatures used in the injection molding process.

3.2. Morphological development with the molten PLLA/PEO blend

In an experiment in quiescent melt, with the particular PLLA/PEO pair used in this work, it was observed that 10 wt.% PEO was miscible in PLLA, whereas a PEO-rich phase appears with 21 wt.% PEO [37]. These results are comparable with the results reported elsewhere [33], where less than 20 wt.% PEO formed a homogeneous PLLA/PEO phase and the homogeneity was verified from the presence of a single glass transition temperature. Therefore, it can be assumed that with the 50/50 wt.% PLLA/PEO used in this work, the melt blend is biphasic, containing a homogeneous PLLA/PEO phase and a PEO-rich phase.

During injection molding, the biphasic blend formed the unidirectionally oriented layered structures. The schematic in Fig. 1 shows all the steps that led to the final porous constructs. All the scaffolds produced by injection molding of the blend followed by leaching of PEO exhibited unidirectionally oriented lamellae. The developed morphology was retained by fast cooling using the minimum possible mold temperature at $5 \text{ }^\circ\text{C}$, as the T_g of the blend was near to $0 \text{ }^\circ\text{C}$ [33]. After molding and upon rapid immersion in water, both the homogeneous PLLA/PEO phase and PEO-rich phase absorb water and swell. Highly oriented lamellar macropores originate from leaching of the PEO-rich phase. The micropores were produced on the pore walls through leaching of phase-separated PEO from the initially homogeneous PLLA/PEO phase.

Fig. 3a–d show the lamellar architectures of four different macroporous scaffolds produced by four different injection molding processing conditions (Table 1).

The processing parameters were varied in order to assess the effect of both melt-processing temperature (T_m) and injection flow rate (Q_{inj}) on the scaffold morphology. Fig. 3a ($T_m = 165 \text{ }^\circ\text{C}$, $Q_{\text{inj}} = 7 \text{ cm}^3 \text{ s}^{-1}$) presents the morphology of the oriented porous scaffold with a radial gradient to the center. Fig. 3b ($T_m = 165 \text{ }^\circ\text{C}$, $Q_{\text{inj}} = 56 \text{ cm}^3 \text{ s}^{-1}$)

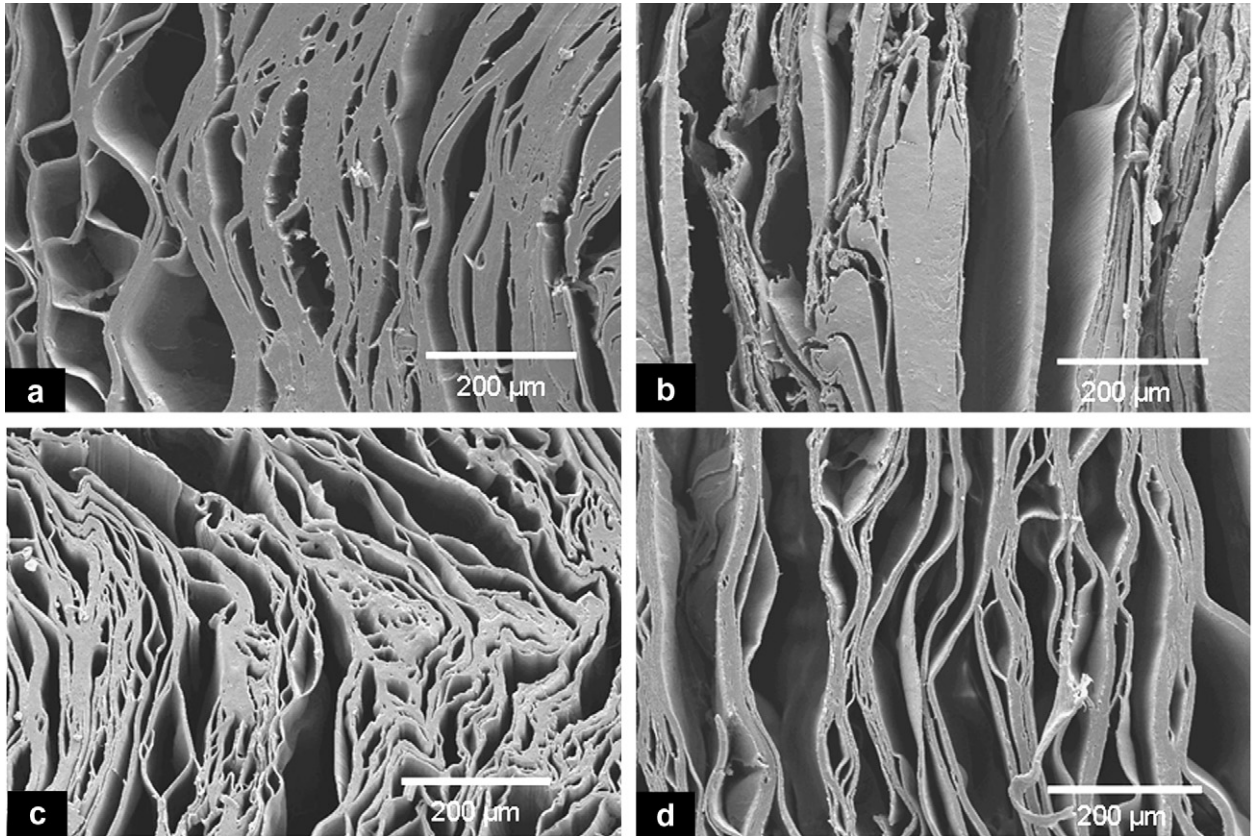


Fig. 3. SEM micrographs showing the lamellar architectures along the cross-section of PLLA scaffolds prepared from injection molding of a 50/50 wt.% blend of PLLA and PEO followed by swelling and posterior leaching of porogen. (a) Melt processing temperature = 165 °C, injection flow rate = 7 cm³ s⁻¹; (b) melt processing temperature = 165 °C, injection flow rate = 56 cm³ s⁻¹; (c) melt processing temperature = 190 °C, injection flow rate = 7 cm³ s⁻¹ and (d) melt processing temperature = 190 °C, injection flow rate = 56 cm³ s⁻¹.

shows a lamellar architecture with a shallower gradient to the center. Fig. 3c ($T_m = 190$ °C, $Q_{inj} = 7$ cm³ s⁻¹) shows a well-defined lamellar structure with a distinct segregation of individual layers; however, a radial concentricity was maintained. Fig. 3d ($T_m = 190$ °C, $Q_{inj} = 56$ cm³ s⁻¹) shows a porous lamellar structure with minimum radial gradient. PLLA lamellae are thicker for specimens molded at low melt processing temperatures (Fig. 3a and b). The radial concentricity of the lamellar structures is higher for low injection flow rates (Fig. 3a and c).

The interesting feature on all the structures observed in Fig. 3a–d is that the porous structures consist of only lamellae and the lamellae are integral, i.e. none of the lamellae is transformed to fibrils or droplets. The formation of a lamellar structure from partially miscible and biphasic polymer blend in a flow field is a consequence of laminar flow [38]. The 50/50 wt.% molten PLLA and PEO mixture forms a biphasic blend containing a homogeneous PLLA/PEO phase and a PEO-rich phase. Because of the presence of PEO in both phases, the interface between two phases is practically non-existent. In the absence of interface, the morphological development of such a partially miscible biphasic system is independent of rheological parameters [38]. A partially miscible molten polymer blend behaves like a mixture of two miscible viscous liquids [39].

Under a flow field, the components of a polymer blend deform easily and produce alternating layers, characterized by lamellar thickness distribution along a cross-sectional plane [39]. The lamellar thickness of a polymer blend in laminar flow depends on total strain and viscosity of the phases [38–40]. The injection molding flow path is constant. Therefore, the morphology development of such a biphasic system is only dependent on the viscosity of the blend constituents.

The viscosity of PLLA at 165 °C is less than the viscosity of PLLA at 190 °C – see Fig. 2. It is intuitive that the higher-viscosity PLLA at 165 °C deformed less and formed thicker lamellae (Fig. 3a and b), and the low-viscosity PLLA at 190 °C deformed more and formed thinner lamellae (Fig. 3c and d). The formation of lamellar structures in miscible polymer blends go through repetitive thinning to fine lamellae until molecular diffusion takes over and homogenizes the system [39].

The higher magnification SEM images in Fig. 4a–d show the representative microstructures of lamellar scaffolds originating from different processing conditions. The sizes of the micropores ranged from less than 1 μm down to the nanometer scale. The number of micropores observed on the lamellae (Fig. 4a and b) from low melt processing temperatures are higher compared with the

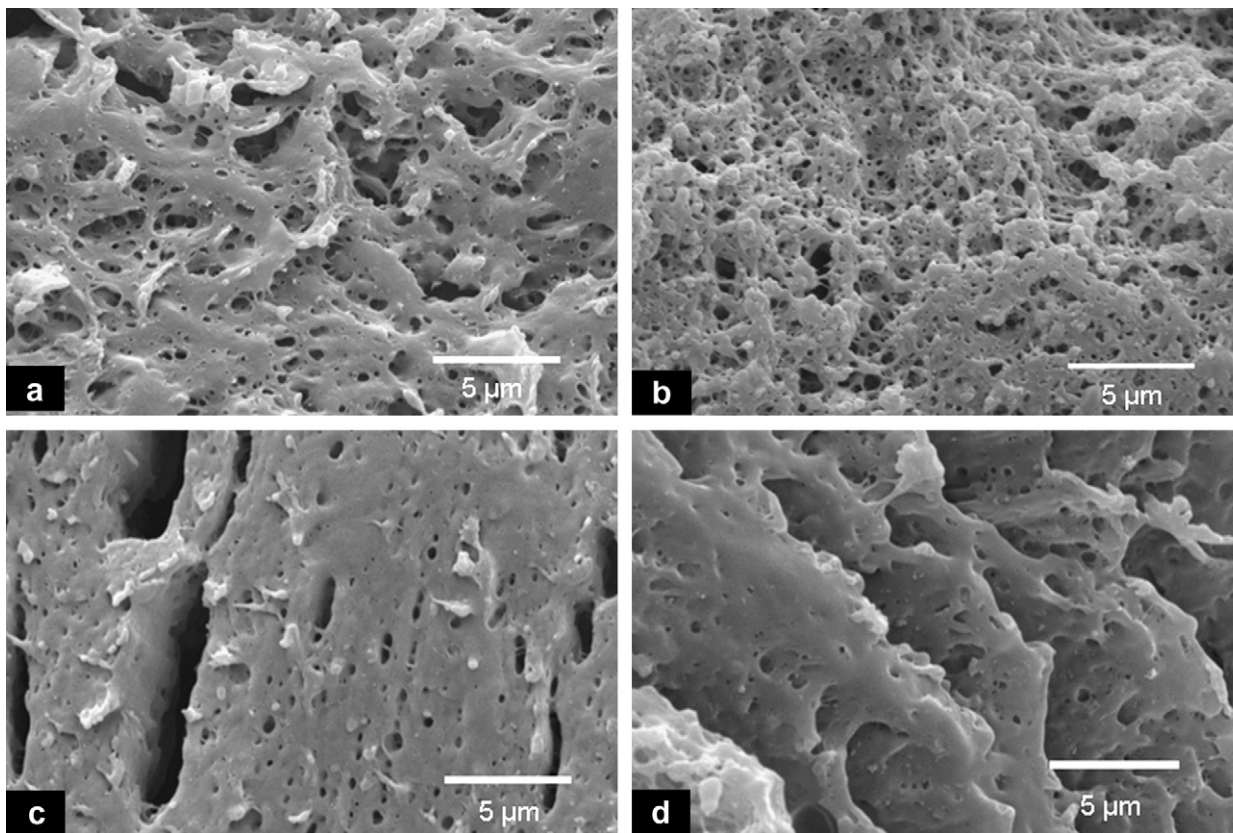


Fig. 4. Higher-magnification SEM micrographs showing the micropores on lamellae of PLLA scaffolds prepared from injection molding of a 50/50 wt.% blend of PLLA and PEO followed by swelling and posterior leaching of porogen. (a) Melt processing temperature = 165 °C, injection flow rate = 7 cm³ s⁻¹; (b) melt processing temperature = 165 °C, injection flow rate = 56 cm³ s⁻¹; (c) melt processing temperature = 190 °C, injection flow rate = 7 cm³ s⁻¹; (d) melt processing temperature = 190 °C, injection flow rate = 56 cm³ s⁻¹.

number of micropores from high melt processing temperature conditions (Fig. 4c and d). The micropores on the lamellae are spherical with low melt processing temperatures and more elongated with high melt processing temperatures.

Typically, the injection molded specimens exhibit a skin-core structure with different microstructures in skin and core [41]. In contrast to the skin-core structures of injection molding, the low-magnification SEM micrograph in Fig. 5 shows an interesting porous PLLA architecture resulting from injection molding of 50/50 wt.% PLLA and PEO blend followed by swelling and leaching of PEO. The distribution of lamellae across the cross-section is uniform. This even distribution of lamellae clearly undermines the effect of the rheological parameters of injection molding on morphological development of 50/50 wt.% PLLA/PEO blend.

As the aim of this work was to produce porous scaffolds, it is important to understand the mechanism of pore formation in the layered structures.

3.3. Swelling behavior and leaching of porogen

Without increasing the porogen fraction, the porosity of a scaffold can be increased by swelling, giving an additional

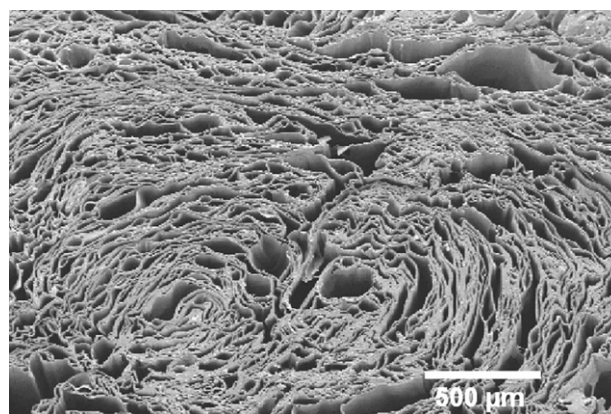


Fig. 5. Low-magnification SEM photographs along the cross-section of a porous PLLA scaffold showing the uniform lamellar architecture produced with a melt processing temperature of 190 °C and an injection flow rate of 7 cm³ s⁻¹. This homogeneous lamellar structure is in contrast to heterogeneous skin-core structure of conventional injection molding.

degree of freedom in the scaffold design. After ejection from the mold, the specimens were immediately put in water at 37 °C. Fig. 6 shows the equilibrium swelling of injected specimens produced with different processing conditions. The average degree of swelling of the specimens produced with runs C1, C2, C3 and C4 were 58%, 25%,

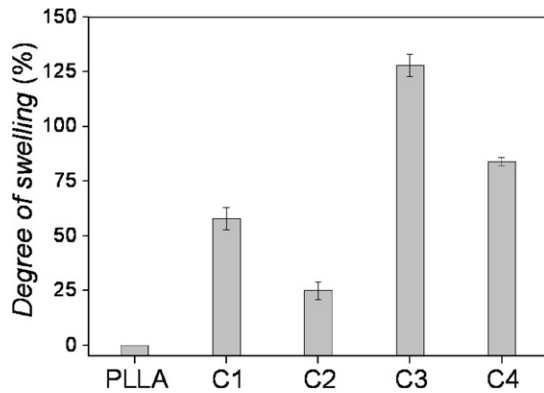


Fig. 6. Degree of swelling of a 50/50 wt.% blend of PLLA and PEO in water at 37 °C for specimens with different lamellar structures. Compact PLLA specimens were used as reference.

128% and 84%, respectively, while pure PLLA specimens did not swell significantly, as expected.

The results indicate that the degree of swelling is directly related to the morphology that develops during processing. The specimens with low melt processing temperature (runs C1 and C2) demonstrate a lower degree of swelling, and the specimens with high melt processing temperature (runs C3 and C4) exhibit a higher degree of swelling. Moreover, under both temperature regimes, the increase of injection flow rate (from C1 to C2 and C3 to C4) decreased the degree of swelling. It seems that the degree of swelling increases with the increasing number of lamellae (Fig. 3c and d) and decreases with increasing lamellar thickness (Fig. 3a and b).

The swelling and leaching of the PEO-rich layer produces the lamellar macropores (Fig. 3a–d). The leaching of phase-separated PEO from the initially homogeneous PLLA/PEO phase produces micropores on the PLLA lamellae (Fig. 4a–d). The micropores created by this technique may play an important role in regulating cell behavior [42]. In general, micro- and nano-textures can be created on polymeric substrates by other nanofabrication techniques [43,44]. In this study, the micropores created by dissolution of PEO may be useful for enhancing cell-substrate interaction [45].

3.4. Porosity and water uptake

Fig. 7 shows the porosity and water uptake capabilities of the macroporous PLLA scaffolds prepared with different injection molding processing conditions followed by swelling and leaching of porogen. The scaffolds prepared from high melt processing temperature conditions (C3 and C4) exhibit higher porosities compared to the scaffolds prepared from low melt temperature conditions (C1 and C2). The residual amount of PEO in the scaffolds prepared from C1, C2, C3 and C4 were 25, 22, 9 and 10 wt.%, respectively, while the added amount of PEO was 50 wt.%. The amount of PEO in the porous construct could not be calculated quantitatively by differential scanning

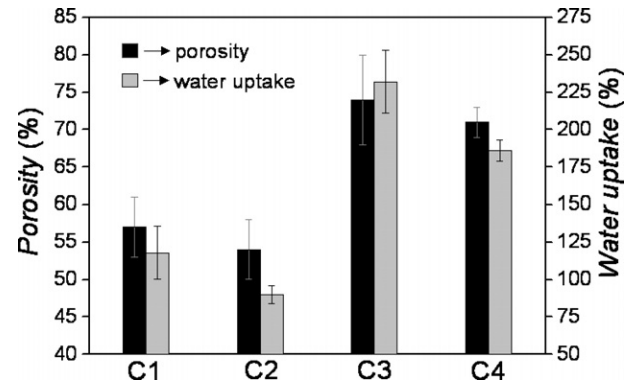


Fig. 7. Porosity and water uptake of porous lamellar PLLA porous constructs obtained from different injection molding conditions followed by posterior leaching of porogen.

calorimetry (DSC) as the PLLA glass transition temperature (61 °C) and PEO melting temperature (58 °C) are close [33]. The residual amount of PEO was calculated assuming that the mass loss was solely due to dissolution of PEO [46]. The extent of dissolution of PEO was directly related to the thicknesses of lamellae. A lower fraction of PEO was trapped in the scaffolds with thinner lamellae (C3 and C4), whereas a higher fraction of PEO was trapped in the thicker lamellae (C1 and C2). The average porosities of C1, C2, C3 and C4 were 57 ± 4 , 54 ± 4 , 74 ± 6 and $71 \pm 2\%$, respectively. The observed porosities are quantitatively higher than the leached PEO fraction as additional void volume was created by swelling. However, the porosities were underestimated as the wet scaffolds shrank upon drying, and the average shrinkages of C1, C2, C3 and C4 were 10%, 8%, 30% and 23%, respectively.

The water uptake followed exactly the same trend as the porosity. The average water uptake of C1, C2, C3 and C4 were 118%, 90%, 232% and 186%, respectively (Fig. 7). The scaffolds prepared with $T_m = 190$ °C (C3 and C4) had higher water uptake compared with those from $T_m = 165$ °C (C1 and C2). Moreover, water uptake of the “C3 and C4 scaffolds” compared with the “C1 and C2 scaffolds” is proportionally higher than the increment in porosity. The similar trend of proportionally higher water uptake compared with the increment of porosity was also observed in isotropic porous scaffolds [47]. The increase in the number of channels increases the surface area of such multitubular architectures [15]. This increased surface area could improve the cell-seeding efficiency and cell-attachment properties of these oriented scaffolds [43].

3.5. Mechanical properties

An important requirement for most tissue engineering constructs is to match the mechanical properties of the host tissue and implant, until the regenerated tissue takes over the load-bearing function. Fig. 8a shows the tensile moduli of the four different scaffolds prepared with four distinct processing conditions. The highest and lowest values of

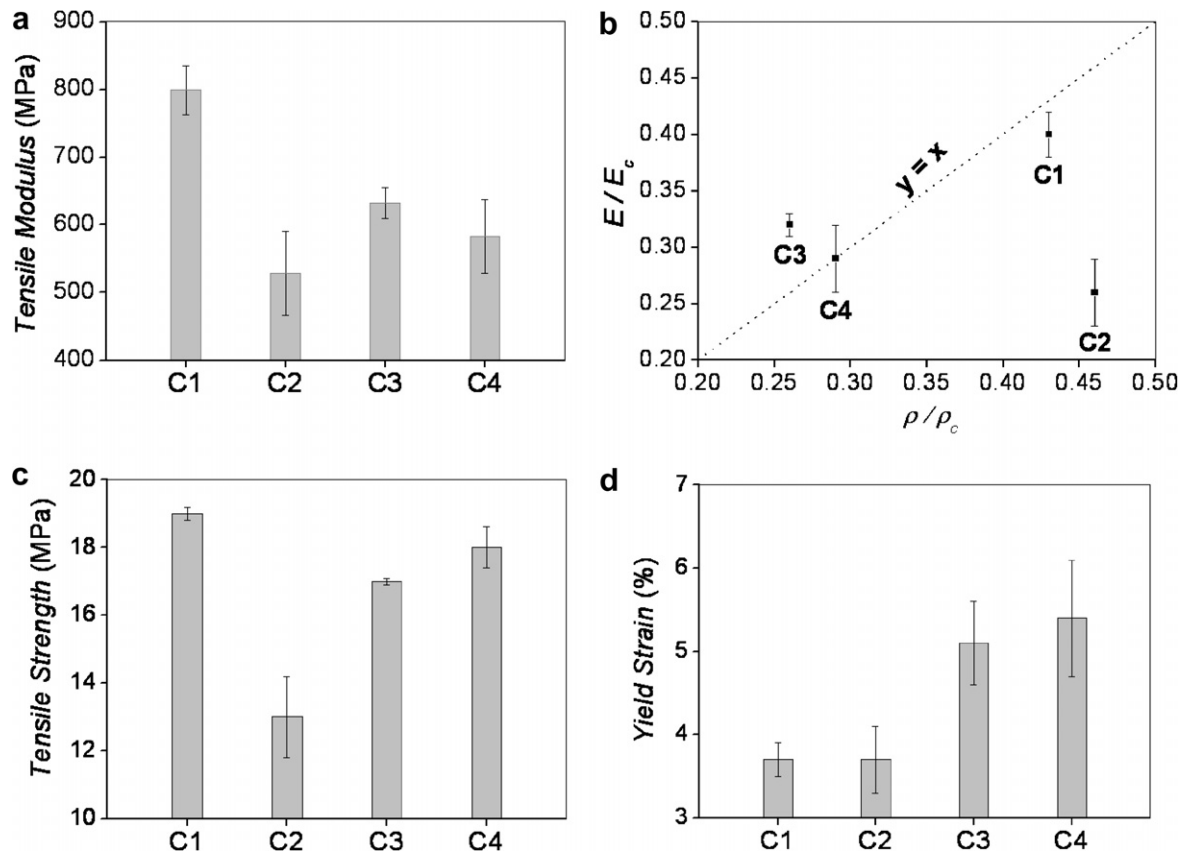


Fig. 8. Effect of different lamellar structures and porosities on (a) tensile moduli, (c) tensile strength and (d) yield strain of oriented porous scaffolds originating from different injection molding conditions of 50/50 wt.% PLLA and PEO blend followed by swelling and posterior leaching of porogen; (b) normalized modulus as a function of normalized density. Dotted line shows theoretical relationship of Voigt model, where normalized modulus (y) = normalized density (x).

moduli are 799 and 528 MPa, respectively (a variation of 51% due to processing). As the modulus of a porous scaffold is related to the modulus of parent polymer and porosity, it is reasonable to compare the normalized modulus (ratio of porous scaffold modulus to compact polymer modulus) with the normalized density (ratio of porous scaffold density to compact density) [48]. Fig. 8b shows the normalized modulus as a function of normalized density. There are several models to describe the mechanical property–porosity relationship of different porous constructs with simplified assumptions. The Voigt model given by Eq. (4) can be used to relate the tensile modulus to the density of these unidirectionally oriented porous scaffolds [48]

$$\frac{E}{E_c} = (1 - f) = \frac{\rho}{\rho_c}, \quad (4)$$

where E and ρ are the apparent elastic moduli and apparent densities of porous scaffolds, respectively, and f is the void fraction of the scaffold. The average elastic modulus (E_c) of PLLA is taken as 2.0 GPa [34] and the compact density (ρ_c) of PLLA as 1248 kg m⁻³ [35]. As per the Voigt model, the dotted line in Fig. 8b shows the theoretical relationship between normalized modulus and normalized density. The normalized moduli of C1, C3 and C4 fit nearly to the normalized density. However, the tensile modulus of

C2 has a lower value than the theoretically predicted value. A possible reason for this discrepancy could be related to the uneven lamellae of C2 – see Fig. 3b. This unevenness in lamellar thickness could act as defects which may reduce the modulus of the cellular constructs [49]. For uneven lamellae, the stress concentration in the slender regions of lamellae could result in lower modulus values compared with the theoretically predicted values. It is worth mentioning that the lamellar morphology formed during injection molding was co-continuous in all the processing conditions and was maintained in the PLLA porous constructs. This fitting of normalized tensile moduli with normalized densities in most of the scaffolds can be regarded as a measure of continuity of the lamellae in the porous constructs.

Fig. 8c shows the tensile strength behavior of anisotropic scaffolds originating from different processing conditions. The average tensile strength values for C1, C2, C3 and C4 were 19, 13, 17 and 18 MPa, respectively, whereas the corresponding porosities were 57%, 54%, 74% and 71%, respectively. Similar to modulus, the defects in the lamellae of C2 reduce the tensile strength. Excluding C2, the results indicate that the variation in porosity (C1, C3 and C4) had little influence on the tensile strength of the scaffolds. Fig. 8d shows the tensile yield strain of the oriented porous scaffolds obtained by different injection molding processing

conditions. The results show that the yield strain values are directly related to porosity, as C1 and C2, with low porosities, show low yield strain, whereas C3 and C4, with higher porosities, exhibit higher yield strain. Low melt processing temperature conditions give rise to lower yield strain, and high melt processing temperature conditions produce higher yield strain. The results indicate that the yield strain increases with increasing numbers of lamellae in the scaffolds. Therefore, the injection molding processing parameters could control the lamellar blend morphology of partially miscible and biphasic PLLA/PEO blend. Upon swelling and leaching of porogen, the mechanical property and porosity could be then tailored for desired medical or tissue engineering applications.

4. Conclusions

A novel technique for the fabrication of porous lamellar PLLA scaffolds was developed using conventional injection molding of a 50/50 wt.% blend of PLLA and PEO followed by swelling and selective porogen leaching. This technique produced porous lamellar scaffolds in which (i) a lamellar architecture with alternate layers of homogeneous PLLA/PEO phase and PEO-rich phase was developed using injection molding; (ii) the lamellar thickness could be controlled by melt processing temperature; (iii) the macropore sizes and porosities could be controlled by injection molding processing parameters and swelling; (iv) the micropores could be obtained on the pore walls through leaching of phase-separated PEO from initially homogeneous PLLA/PEO phase.

The rheological parameters are not relevant in regulating the lamellar structure formation of this partially miscible PLLA and PEO blend. The lamellae are integral to all the porous structures irrespective of the injection molding-processing conditions used. The melt processing temperature was the most significant parameter affecting the porosity, water uptake and mechanical properties of the lamellar scaffolds. A melt processing temperature of 190 °C resulted in uniform lamellar architecture with even lamellar thickness, the highest porosity, good mechanical properties, and a low level of residual porogen in the obtained scaffolds.

This processing technique of preparing porous lamellar scaffolds by injection molding, quenching, swelling and leaching of porogen is a simple and reproducible process. Long, anisotropically oriented lamellar scaffolds can be prepared by this methodology. This organic-solvent-free processing technique with superior process controls offers a versatile route for preparing PLLA-based porous scaffolds with lamellar morphology that can be tailored for different tissue engineering applications.

Acknowledgments

Financial support for this work was provided by FCT, through the POCTI and FEDER programmes, and the

project POCTI/FIS/61621/2004. S.G. thanks FCT for the award of a PhD Grant, SFRH/BD/12657/2003. This work was also partially supported by the European Union funded STREP Project HIPPOCRATES (NMP3-CT-2003-505758).

References

- [1] Freed LE, Grande DA, Lingbin Z, Emmanuel J, Marquis JC, Langer R. Joint resurfacing using allograft chondrocytes and synthetic biodegradable polymer scaffolds. *J Biomed Mater Res* 1994;28:891–9.
- [2] Murphy WL, Kohn DH, Mooney DJ. Growth of continuous bone-like mineral within porous poly(lactide-co-glycolide) scaffolds in vitro. *J Biomed Mater Res* 2000;50:50–8.
- [3] Middleton JC, Tipton AJ. Synthetic biodegradable polymers as orthopedic devices. *Biomaterials* 2000;21:2335–46.
- [4] Chupa JM, Foster AM, Sumner SR, Madhally SV, Matthew HWT. Vascular cell responses to polysaccharide materials: in vitro and in vivo evaluations. *Biomaterials* 2000;21:2315–22.
- [5] Suzuki M, Ikada Y. Biodegradable polymers in medicine. In: Reis RL, San Román J, editors. *Biodegradable systems in tissue engineering and regenerative Medicine*. New York: CRC Press; 2005. p. 3–12.
- [6] Widmer MS et al. Manufacture of porous biodegradable polymer conduits by an extrusion process for guided tissue regeneration. *Biomaterials* 1998;19:1945–55.
- [7] Harley BA, Hastings AZ, Yannas IV, Sannino A. Fabricating tubular scaffolds with a radial pore size gradient by a spinning technique. *Biomaterials* 2006;27:866–74.
- [8] Boccaccini AR, Blaker JJ, Maquet V, Day RM, Jerome R. Preparation and characterisation of poly(lactide-co-glycolide) (PLGA) and PLGA/Bioglass® composite tubular foam scaffolds for tissue engineering applications. *Mater Sci Eng C* 2005;25:23–31.
- [9] Mooney DJ, Mazzoni CL, Breuer C, McNamara K, Hern D, Vacanti JP, et al. Stabilized polyglycolic acid fibre-based tubes for tissue engineering. *Biomaterials* 1996;17:115–24.
- [10] Wang A, Ao Q, Cao W, Yu M, He Q, Kong L, et al. Porous chitosan tubular scaffolds with knitted outer wall and controllable inner structure for nerve tissue engineering. *J Biomed Mater Res A* 2006;79:36–46.
- [11] Ma PX, Zhang R. Microtubular architecture of biodegradable polymer scaffolds. *J Biomed Mater Res* 2001;56:469–77.
- [12] Maquet V, Martin D, Malgrange B, Franzen R, Schoenen J, Moonen G, et al. Peripheral nerve regeneration using bioresorbable macroporous polylactide scaffolds. *J Biomed Mater Res* 2000;52:639–51.
- [13] Stokols S, Tuszynski MH. The fabrication and characterization of linearly oriented nerve guidance scaffolds for spinal cord injury. *Biomaterials* 2004;25:5839–46.
- [14] Moore MJ, Friedman JA, Lewellyn EB, Mantila SM, Krych AJ, Ameenuddin S, et al. Multiple-channel scaffolds to promote spinal cord axon regeneration. *Biomaterials* 2006;27:419–29.
- [15] Sundback C, Hadlock T, Cheney M, Vacanti J. Manufacture of porous polymer nerve conduits by a novel low pressure injection molding process. *Biomaterials* 2003;24:819–30.
- [16] Patist CM, Mulder MB, Gautier SE, Maquet V, Jerome R, Oudega M. Freeze-dried poly(D,L-lactic acid) macroporous guidance scaffolds impregnated with brain-derived neurotrophic factor in the transected adult rat thoracic spinal cord. *Biomaterials* 2004;25:1569–82.
- [17] Maquet V, Martin D, Scholtes F, Franzen R, Schoenen J, Moonen G, et al. Poly(D,L-lactide) foams modified by poly(ethylene oxide)-block-poly(D,L-lactide) copolymers and a-FGF: in vitro and in vivo evaluation for spinal cord regeneration. *Biomaterials* 2001;22:1137–46.
- [18] Schoof H, Apel J, Heschel I, Rau G. Control of pore structure and size in freeze-dried collagen sponges. *J Biomed Mater Res* 2001;58:352–7.

- [19] Flynn L, Dalton PD, Shoichet MS. Fiber templating of poly(2-hydroxyethyl methacrylate) for neural tissue engineering. *Biomaterials* 2003;24:4265–72.
- [20] Yu TT, Shoichet MS. Guided cell adhesion and outgrowth in peptide-modified channels for neural tissue engineering. *Biomaterials* 2005;26:1507–14.
- [21] Silva MMCG, Cyster LA, Barry JJA, Yang XB, Oreffo ROC, Grant DM, et al. The effect of anisotropic architecture on cell and tissue infiltration into tissue engineering scaffolds. *Biomaterials* 2006;27:5909–17.
- [22] Lin ASP, Barrows TH, Cartmell SH, Guldborg RE. Microarchitectural and mechanical characterization of oriented porous polymer scaffolds. *Biomaterials* 2003;24:481–9.
- [23] Forman S, Kas J, Fini F, Steinberg M, Ruml T. The effect of different solvents on the ATP/ADP content and growth properties of HeLa cells. *J Biochem Mol Toxic* 1999;13:11–5.
- [24] Washburn NR, Simon Jr CG, Tona A, Elgendy HM, Karim A, Amis EJ. Co-extrusion of biocompatible polymers for scaffolds with co-continuous morphology. *J Biomed Mater Res* 2002;60:20–9.
- [25] Sarazin P, Roy X, Favis BD. Controlled preparation and properties of porous poly(L-lactide) obtained from a co-continuous blend of two biodegradable polymers. *Biomaterials* 2004;25:5965–78.
- [26] Yuan Z, Favis BD. Macroporous poly(L-lactide) of controlled pore size derived from the annealing of co-continuous polystyrene/poly(L-lactide) blends. *Biomaterials* 2004;25:2161–70.
- [27] Lee HS, Kim ES. Linear viscoelasticity and the measurement of interfacial tension in a partially miscible polymer mixture. *Macromolecules* 2005;38:1196–200.
- [28] Gomes ME, Ribeiro AS, Malafaya PB, Reis RL, Cunha AM. A new approach based on injection moulding to produce biodegradable starch-based polymeric scaffolds: morphology, mechanical and degradation behaviour. *Biomaterials* 2001;22:883–9.
- [29] Peppas NA, Keys KB, Torres-Lugo M, Lowman AM. Poly(ethylene glycol)-containing hydrogels in drug delivery. *J Control Release* 1999;62:81–7.
- [30] Koning C, Van Duin M, Pagnoulle C, Jerome R. Strategies for compatibilization of polymer blends. *Prog Polym Sci* 1998;23:707–57.
- [31] Meaurio E, Zuza E, Sarasua JR. Miscibility and specific interactions in blends of poly(L-lactide) with poly(vinylphenol). *Macromolecules* 2005;38:1207–15.
- [32] Brandrup J, Immergut EH. *Polymer handbook*. New York: Wiley; 1989, p. 555.
- [33] Nijenhuis AJ, Colstee E, Grijpma DW, Pennings AJ. High molecular weight poly(L-lactide) and poly(ethylene oxide) blends: thermal characterization and physical properties. *Polymer* 1996;37:5849–57.
- [34] Ghosh S, Viana JC, Reis RL, Mano JF. Effect of processing conditions on morphology and mechanical properties of injection molded poly(L-lactic acid). *Polym Eng Sci* 2007;47:1141–7.
- [35] Shin D, Shin K, Aamer KA, Tew GN, Russell TP, Lee JH, et al. A morphological study of a semicrystalline poly(L-lactic acid-b-ethylene oxide-b-L-lactic acid) triblock copolymer. *Macromolecules* 2005;38:104–9.
- [36] Cooper-White JJ, Mackay ME. Rheological properties of poly(lactides) Effect of molecular weight and temperature on the viscoelasticity of poly (L-lactic acid). *J Polym Sci, Part B: Polym Phys* 1999;37:1803–14.
- [37] Ghosh S, Viana JC, Reis RL, Mano JF. The double porogen approach as a new technique for the fabrication of interconnected poly(L-lactic acid) and starch based biodegradable scaffolds. *J Mater Sci Mater Med* 2007;18:185–93.
- [38] Utracki LA, Shi GZH. Compounding polymer blends. In: Utracki LA, editor. *Polymer blends handbook*. Dordrecht: Kluwer; 2002. p. 577–651.
- [39] Jana SC, Sau M. Effects of viscosity ratio and composition on development of morphology in chaotic mixing of polymers. *Polymer* 2004;45:1665–78.
- [40] Dhoble A, Kulshreshtha B, Ramaswami S, Zumbrennen DA. Mechanical properties of PP-LDPE blends with novel morphologies produced with a continuous chaotic advection blender. *Polymer* 2005;46:2244–56.
- [41] Viana JC, Cunha AM, Billon N. The thermomechanical environment and the microstructure of an injection moulded polypropylene copolymer. *Polymer* 2002;43:4185–96.
- [42] Flemming RG, Murphy CJ, Abrams GA, Goodman SL, Nealey PF. Effects of synthetic micro- and nano-structured surfaces on cell behavior. *Biomaterials* 1999;20:573–88.
- [43] Recknor JB, Sakaguchi DS, Mallapragada SK. Directed growth and selective differentiation of neural progenitor cells on micropatterned polymer substrates. *Biomaterials* 2006;27:4098–108.
- [44] Gates BD, Xu Q, Stewart M, Ryan D, Wilson CG, Whitesides GM. New approaches to nanofabrication: molding, printing and other techniques. *Chem Rev* 2005;105:1171–96.
- [45] Wan Y, Wang Y, Liu Z, Qu X, Han B, Bei J, et al. Adhesion and proliferation of OCT-1 osteoblast-like cells on micro- and nano-scale topography structured poly(L-lactide). *Biomaterials* 2005;26:4453–9.
- [46] Tsuji H, Smith R, Bonfield W, Ikada Y. Porous biodegradable polyesters. I. Preparation of porous poly (L-lactide) films by extraction of poly(ethylene oxide) from their blends. *J Appl Polym Sci* 2000;75:629–37.
- [47] Ghosh S et al. Dynamic mechanical behavior of starch-based scaffolds in dry and physiologically simulated conditions: effect of porosity and pore size. *Acta Biomater* 2008;4:950–9.
- [48] Zhang Y, Rodrigue D, Ait-Kadi A. High density polyethylene foams. II. Elastic modulus. *J Appl Polym Sci* 2003;90:2120–9.
- [49] Grenestedt JL. Influence of wavy imperfections in cell walls on elastic stiffness of cellular solids. *J Mech Phys Solids* 1998;46:29–50.