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### Toward Osteogenic Differentiation of Marrow Stromal Cells and In Vitro Production of Mineralized Extracellular Matrix onto Natural Scaffolds

Ana M. Martins, Catarina M. Alves, Rui L. Reis, Antonios G. Mikos, and F. Kurtis Kasper

Tissue engineering has emerged as a new interdisciplinary field for the repair of various tissues, 8 restoring their functions by using scaffolds, cells, and/or bioactive factors. A temporary scaffold acts as an extracellular matrix (ECM) analog to culture cells and guide the development of new tissue. In this chapter, we discuss the preparation of naturally derived scaffolds of polysaccharide origin, the osteogenic differentiation of mesenchymal stem cells cultured on biomimetic calcium phosphate coatings, and the delivery of biomolecules associated with ECM mineralization. 14

#### Abbreviations

BMP	bone morphogenetic protein	10
BMP-2	bone morphogenetic protein-2	1'
BMSC	bone marrow stromal cell	1
BMSSC	bone marrow stromal stem cell	19
CaP	calcium phosphate	20
ECM	extracellular matrix	2
FGF-1	fibroblast growth factor-1	2:
FGF-2	fibroblast growth factor-2	2.
IGF-2	insulin-like growth factor-2	24

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- 25 MSC mesenchymal stem cell RGD arginine-glycine-aspartic acid 26 SBF simulated body fluid 27 1.0 SBF simulated body fluid (normal concentration) 28 1.5 SBF concentrated simulated body fluid  $(1.5 \times \text{normal concentration})$ 29 SPCL blend of starch and  $poly(\varepsilon$ -caprolactone) 30 31 TGF-β transforming growth factor-β
- 32 TGF-β1 transforming growth factor-β1

#### 33 13.1. Introduction

Bone is a dynamic, highly vascularized tissue with a unique capacity to heal and remodel 34 without leaving a scar. It is the structural framework of the body and is composed of an 35 36 inorganic mineral phase of hydroxyapatite and an organic phase of mainly type I collagen. 37 Bone continuously resorbs and reforms in a remodeling process that is carried out by two types of bone cells: the bone-building osteoblasts and the bone-resorbing osteoclasts. Slowly 38 39 and insidiously, bone deteriorates, losing minerals and structure. Bone injuries produced as a result of disease and/or trauma present a major health concern. A fracture, usually of the 40 hip, wrist, or a vertebra, is often the first indication that osteoporosis has been weakening the 41 bones of a patient for years [1]. Treatment options include transplantation, surgical repair, 42 prostheses, mechanical devices, and drug therapy [2]. However, major damage to a tissue or 43 44 organ can neither be repaired nor long-term recovery effected in a truly satisfactory way using these methods. 45

In this context, an emerging field of science termed "tissue engineering," defined as an "interdisciplinary field that applies the principles of engineering and life sciences toward the development of biological substitutes that restore, maintain, or improve tissue function" [3] has been gaining significant recognition. Tissue engineering uses organ-specific cells for seeding a scaffold ex vivo, however it may also involve the implantation of an acellular construct for guided tissue regeneration [4]. Indeed, a wide range of strategies exists for tissue engineering in general, and bone tissue engineering specifically.

53 Bone tissue engineering is a rapidly expanding field, full of innovative ideas for treating bone trauma and pathologies. Selection of the most appropriate material to produce a 54 55 scaffold in bone-related applications is a very important step toward the construction of a tissue-engineered construct. There is an increasing interest in the production of novel scaf-56 57 folds from renewable resources. Natural polymers are an attractive alternative to synthetic polymers for various clinical applications partly due to their biocompatibility and also 58 because they are typically biodegraded by "normal" and/or enzymatic hydrolysis (carried out, 59 in the majority of cases, by specific enzymes also present in the human body). Some of the 60 advantages associated with naturally derived biomaterials are their cost effectiveness as well 61 62 as the wide range of properties and structures attainable with these materials. A large number of different naturally derived biomaterials have been studied and proposed for bone tissue-63 engineering applications, namely polysaccharides (chitosan, starch, alginate, hyaluronic acid, 64 and cellulose, among others) and proteins (soy, collagen, and fibrin). Polysaccharides, in 65 66 particular, have some attractive properties, such as nontoxicity (pertinent monomer residues 67 are not hazardous to health), high swelling ability, and stability over a range of pH values.

For successful bone replacement, the ideal scaffold should be biocompatible [5-8] with the surrounding biological fluids and tissues to avoid any detrimental tissue response. The scaffolding material should degrade into nontoxic residues that can be easily removed from

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the body through normal excretion processes [5, 6, 8, 9]. The scaffolds serve as temporary 71 substrates for living cells as well as physical supports for tissue regeneration [10]. Adequate 72 surface area and appropriate surface energy are also needed to permit cell adhesion, promote 73 cell proliferation, and allow retention of differentiated cell functions [5–8, 10]. In addition, 74 sufficient mechanical stability of the scaffold material is necessary to maintain the desired 75 shape and structure during cell culture in vitro and transplantation in vivo. Control of scaffold 76 pore morphology is critical for controlling cell colonization rates and maintaining transport 77 of oxygen, nutrients, and metabolic waste, as well as for supporting organization of the engi-78 neered tissue. Furthermore, angiogenesis, a requirement for the survival and success of vas-79 cularized tissues, can be affected by the porosity of the scaffold l. Pore morphology can also 80 be expected to significantly affect scaffold degradation kinetics and the mechanical proper-81

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ties of the developing tissue [6, 11]. 82 The scaffolds used for tissue-engineering purposes mimic the extracellular matrix (ECM) 83 of the regenerating bone environment. Thus, in addition to serving as a mechanical support, 84 a tissue-engineering scaffold may also be "informative" to the cells. An ideal three-dimen-85 sional (3D) construct for bone tissue engineering, above all other pertinent characteristics, 86 should be simultaneously osteoinductive (capable of recruiting osteoprogenitor cells and 87 stimulating their differentiation along the bone-forming cell lineage), osteoconductive (capa-88 ble of supporting the formation of bone at the surface of the scaffold), and also resorbable 89 and amenable to gradual replacement by newly formed bone [12]. In the medical field, con-90 sideration of biodegradation is a priority on the list of safety standards when choosing poly-91 mers as potential biomaterials for tissue-engineering applications. Naturally derived materials 92 have recently gained interest, as they are structurally similar to the native ECM of many tis-93 sues; exhibit excellent biocompatibility; and induce minimal inflammatory response and 94 tissue damage. Natural polymers may present a biologically active environment to the cells, 95 since they usually contain domains that provide cues and can send important signals to guide 96 cells at various stages of development [10]. 97

A method to potentially increase the biological activity of a bone tissue-engineering 98 scaffold is to coat the surface of scaffolds with calcium phosphate (CaP). One of the main 99 goals of using CaP coatings on bone tissue-engineering scaffolds is to promote osteoconduc-100 tion by enhancing adhesion of osteogenic cells and ingrowth of bone into porous biomaterials 101 [13]. New technologies have been developed to promote osteogenic activity of bone tissue-102 engineering scaffolds. These approaches tend to integrate into the coatings osteoinductive 103 or bioactive agents (e.g., enzymes and antibiotics), to immobilize constitutional elements 104 of bone (e.g., growth factors, including bone morphogenetic proteins [BMPs] and other 105 members of the transforming growth factor [TGF]- $\beta$  superfamily), adhesion proteins (e.g., colla-106 gen, fibronectin, laminin, and vitronectin) and peptides (e.g., the arginine-glycine-aspartic 107 acid [RGD] sequence) on the surface of biomaterials. Immobilization and/or delivery of 108 bioactive molecules at specific sites have been exploited to enhance cell adhesion, differen-109 tiation, and other cell functions as well as to promote mineralization of the ECM of the tissue-110 engineered bone constructs. 111

#### 13.2. Scaffolds of Natural Origin – Polysaccharides

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A large number of natural polymers, including polysaccharides, have been suggested 113 as candidates for the production of scaffolds for bone tissue-engineering purposes. 114 Polysaccharides are relatively complex carbohydrates. They are high molecular weight polymers having one or more monosaccharide repeating-units joined together by glycosidic 116

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bonds. Polysaccharides tend to be amorphous and insoluble in water. Some of the main advantages associated with this class of polymers are wide availability, cost effectiveness, good hemocompatibility (probably because of their similarities with heparin), nontoxicity, and a wide range of properties and structures suitable for biomedical applications. These polymers have been proposed as scaffolds for bone tissue-engineering applications as well as carriers for cells and bioactive molecules (e.g., proteins, enzymes, and growth factors) for controlled-release systems.

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124 Chitosan, starch, and alginate, three examples of polysaccharide materials, will be 125 described in detail in the sections that follow.

#### 126 **13.2.1. Chitosan**

Chitosan, a naturally derived polymer, is a partially deacetylated derivative of chitin 127 found in crustacea exoskeletons (e.g., shrimp, crab, and lobster), cell walls of fungi, and 128 129 cuticles of insects [14, 15]. Depending on the source and preparation procedure, the molecular weight of chitosan may range from 300 to more than 1,000 kDa [11]. Chitosan is a suitable AU2 130 functional biomaterial because it is biocompatible, biodegradable, minimally immunogenic, 131 nontoxic, and hydrophilic. Moreover, it has adsorption properties with remarkable affinity for 132 proteins, and is not expensive [16-21]. Some studies report that chitosan enhanced osteogenesis 133 [22–24] and improved wound healing [25, 26]. In addition, chitosan is a hemostatic agent [11, 134 16] with antithrombogenic properties [27]. It has proved to be a useful excipient in various 135 drug delivery systems due to its nontoxicity, high cohesive and hydrophilic properties, and 136 137 polycationic character resulting from primary amine groups, which provide a high charge density in acidic solutions (pH  $\leq$  6.5) [18, 28]. It is soluble in dilute or weak acids (such as 138 acetic and formic acid), but it is normally insoluble in aqueous solutions above pH 6.5. 139

Chitosan is a binary polyheterosaccharide of N-acetylglucosamine and glucosamine 140 141 with a  $\beta 1 \rightarrow 4$  linkage. The superior tissue compatibility of chitosan can be partially attributed to its structural similarity to glycosaminoglycans, which are major components of the ECM 142 of bone and cartilage [15, 29]. Chitosan is easily hydrolyzed by various chitosanases [30], 143 144 which are completely absent in mammals, and is biodegraded in the presence of lysozyme in aqueous media in vitro [17, 31-35]; this degradation process depends on the degree of 145 deacetylation [31], which represents the proportion of N-acetyl-D-glucosamine units with 146 respect to the total number of units [30]. Chitosan degradation kinetics are inversely related 147 148 to the degree of deacetylation [31, 32]. In vitro and in vivo, chitosan is degraded by enzymatic hydrolysis; the primary agent of this process is lysozyme, which targets acetylated resi-149 150 dues [36]. Chitosan and glucosamine, its biodegradation product, are not toxic in vivo [37]. Lysozyme, or muramidase, is an enzyme that catalyzes the hydrolysis of the peptidoglycan 151 layer of bacterial cell walls [38]. This enzyme is active over a broad pH range (from 3 to 8) 152 and hydrolyzes its substrates both inside and outside cells. Lysozyme is widely distributed in 153 the human body [39]. It is found in the nose, bronchus, bronchiole, middle ear, lacrimal 154 gland, bone marrow, and digestive tract [16], and in lymphocytes; lysozyme is also secreted 155 by monocytes, macrophages, and granulocytes, which are the largest source of the enzyme 156 [40, 41]. Monocytes and macrophages are the primary contributors to the lysozyme content 157 in human serum [41]; the concentration in serum is in the range of 7–13 mg/L [39]. The 158 159 susceptibility of chitosan to degradation induced by lysozyme make the protein an attractive target for incorporation into this biodegradable material [29, 42-44]. 160

161 Incorporation of active biomolecules, such as growth factors, has been used as a highly 162 beneficial strategy for improving bone regeneration in tissue-engineering applications. The

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biological activity of chitosan on bone regeneration has been confirmed in many studies [18, 45]. 163 Chitosan can be easily fabricated into bulk porous scaffolds, films, microparticles, sponges, 164 and beads. The feasibility of forming porous scaffolds permits wide application of this poly-165 mer in tissue engineering. This is mainly true for bone tissue-engineering applications 166 because chitosan supports osteoblast proliferation and phenotypic expression [15]. Chitosan 167 fiber meshes with appropriate mechanical properties, developed by Tuzlakoglu et al. [46], 168 exhibited bioactivity; this is a very important aspect for biomaterials used as bone tissue-169 engineering scaffolds. Martins et al. [35] proposed the development of chitosan-based scaf-170 folds with the capability of forming porous structures in situ following attack by specific 171 enzymes (namely,  $\alpha$ -amylase and lysozyme) present in the human body. In addition to the 172 capability of forming pores in situ, other advantages these scaffolds have when compared 173 with other conventional materials are their suitable mechanical properties and lack of toxic-174 ity. Coutinho et al. [47] studied the function of an osteoblastic-like cell line (SaOs-2) on 175 chitosan blends with synthetic biodegradable polymers, and reported enhanced the osteoblas-176 tic activity. Costa-Pinto et al. [48] formulated scaffolds based on blends of chitosan and 177 synthetic polyesters, and provided evidence that these scaffolds are cytocompatible. 178 Furthermore, chitosan-based scaffolds promoted the attachment and proliferation of mouse 179 mesenchymal stem cells (MSCs) [48], which exhibited high levels of alkaline phosphatase 180 activity and produced a mineralized ECM [48]. 181

#### 13.2.2. Starch

Starch is one of the most abundant naturally occurring polymers with properties that 183 make it attractive for several biomedical applications. Starch is found as insoluble granules 184 of  $\alpha$ -amylose (20-30%) and amylopectin (70-80%) [49]. Amylopectin polymers are highly 185 branched structures containing  $(1\rightarrow 4)$ - $\alpha$ -D-glucose and  $(1\rightarrow 6)$ - $\alpha$ -D-glucose linkages, 186 whereas amylose is much more linear with long stretches of  $(1\rightarrow 4)-\alpha$ -D-glucose-linked 187 monomer units. Starch is extremely difficult to process and is brittle when used without the 188 addition of a plasticizer [49]. Over the years, several other materials have been blended with 189 starch to improve its processability, including several synthetic [50–54] and natural polymers, 190 such as polysaccharides [35, 55] and proteins [56]. Reis and coworkers [35, 57-70] have 191 proposed use of starch-based scaffolds for biomedical applications. Starch exhibits low toxicity 192 [35, 64], biodegradability [35, 70–72], and biocompatibility [73–75], which are excellent 193 characteristics for bone tissue-engineering applications. Compared with other biodegradable 194 polymers available, starch is inexpensive, and above all, reusable. Specific enzymes present 195 in the human body, namely  $\alpha$ -amylase in the blood plasma, can easily degrade starch. The 196 main enzymes involved in starch degradation are  $\alpha$ -amylases,  $\beta$ -amylases,  $\alpha$ -glucosidases, 197 and other debranching enzymes. 198

An important consideration of biodegradable materials of natural origin being consid-199 ered for use in the biomedical field is the host response to the degradation products. Starch 200 degradation products are oligosaccharides that can be metabolized to produce energy. Due to 201 their degradation by  $\alpha$ -amylases, this constitutes another strategy to control and tailor the 202 degradation of starch-based scaffolds. Martins et al. [35] developed a novel biodegradable 203 matrix based on chitosan and starch, with the capability of forming a porous structure in situ 204 following attack by specific enzymes (namely  $\alpha$ -amylase and lysozyme) present in the 205 human body. These researchers showed that pore size and distribution in the chitosan matrix 206 is controlled by the location of the "sacrificial" phase (i.e., native starch) that is enzymati-207 cally degraded [35]. This same study reported an interesting approach for the control of 208

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209 matrix degradation in situ and consequent pore formation, which could result in scaffolds 210 with mechanical properties appropriate for the initial stage of implantation [35]. Martins 211 et al. [76] also studied the influence of  $\alpha$ -amylase on the degradation of fiber-mesh scaffolds 212 based on a blend of starch and poly( $\epsilon$ -caprolactone) (SPCL) and demonstrated enhanced 213 scaffold porosity and pore size and decreased average fiber diameter with time. Furthermore, 214 culture of rat marrow stromal cells on SPCL fiber meshes (in medium supplemented with 215  $\alpha$ -amylase) resulted in enhanced cell proliferation [76].

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#### 216 13.2.3. Alginate

Alginate (alginic acid or algin) is a linear polyuronate containing D-mannuronic acid 217218 and L-guluronic acid that is abundant in the cell walls of brown algae. Due to the biocompatibility and gelation of alginate with certain divalent cations, it is widely used for cell immo-219 bilization and encapsulation. Alginate is soluble in aqueous solutions at room temperature 220 221 and forms stable gels in the presence of calcium, barium, and strontium without chemical 222 crosslinking agents [77]; for this reason, the viability and biological activity of entrapped cells and biochemical agents are maintained in alginate gels. As a biomaterial, alginate has a 223 number of advantages including biocompatibility and nonimmunogenicity, which are related 224 to its hydrophilicity [78, 79]. 225

Several studies examined alginate sponges as scaffolds for tissue-engineering applica-226 227 tions [78] and reported that their structural and morphological properties are appropriate for cell culture and proliferation as well as for neovascularization [78]. Other studies reported 228 229 that alginate supports synthesis of pertinent ECM components by various cell types, and provides an amenable environment for cell encapsulation, drug delivery, and gene delivery 230 [80]. Alginate also permits cotransplantation of multiple cell types and appropriate growth 231 stimuli to promote, for example, the osteogenic phenotype [81]. Encapsulated bone marrow 232 233 stromal cells (BMSCs) were studied for the purpose of healing bone defects in orthopedics [82]. Studies with gels containing MSCs and alginate beads loaded with vancomycin (a treat-234 ment for bone infections), reported that bone marrow-derived MSCs proliferated and 235 236 expressed alkaline phosphatase, osteopontin, and collagen 1A1 genes [83]. Cai et al. [84] reported expression of bone-specific ECM markers when they examined the ectopic bone-237 forming ability of BMSCs in combination with scaffolds made from alginate gel and 238 implanted subcutaneously in nude mice for 8 weeks. Moreover, hydrogels such as alginate 239 240are effective substrates for both two-dimensional (2D) [85] and 3D [78, 85] cell cultures, indicating the suitability of alginate for tissue-engineering applications. 241

#### 242 13.3. CaP Biomimetic Coatings

Ideally, tissue-engineering scaffolds should mimic, to the greatest degree possible, the properties of the native target tissue in an effort to promote, direct, and control regeneration of a specific, desired type of tissue. The term "biomimetics" is used to describe a branch of science that seeks to produce such "bioinspired" materials for a variety of applications.

Compared with other biomaterials, CaPs have a unique characteristic for bone mimicry and substitution. Their composition resembles that of bone mineral; most importantly, they can induce a biological response similar to that generated during bone remodeling, which involves resorption and formation of new bone tissue [86]. Osteoclasts are responsible for bone mineral degradation, resulting in bone resorption [86]. During bone resorption,

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the degradation products of CaP (calcium and phosphate ions) are naturally metabolized but 252 do not cause abnormally increased calcium and phosphate levels in urine, serum, or organs 253 [87]. It should be noted that osteoclasts degrade CaP in a similar fashion as they degrade 254 natural bone [88–90]. 255

In 1972 Hench et al. [91] showed that "Bioglass" (that is, glass in the Na<sub>2</sub>O-CaO-SiO<sub>2</sub>-256  $P_0O_s$  system), spontaneously bonded to living bone without formation of surrounding fibrous 257 tissue. In the early 1990s, Kokubo and coworkers [92, 93] proposed that the essential require-258 ment for a biomaterial to bond to living bone is the formation of bone-like apatite on the 259 surface of the biomaterial when implanted in vivo. This in vivo apatite formation can be 260 reproduced in vitro using simulated body fluid, which is a solution containing inorganic ion 261 concentrations similar to those of human extracellular fluids but without any cells or proteins 262 [94]. Under such in vitro conditions, the formed layer consists of carbonate apatite with small 263 crystallites and low crystallinity [94]. This apatite is referred to as "bone-like apatite" due to 264 its similarity to apatite present in natural bone. 265

Biomimetic methodology for coating biomaterials with a bone-like apatite layer has 266 been described in several publications [92, 95-98]. This technique mimics the natural 267 biomineralization processes, which involve controlled crystal phase nucleation and growth. 268 The main advantage of the biomimetic methodology is the use of physiological conditions 269 (pH 7.4 at 37°C) simulating the conditions under which apatite is formed in bone. 270 Moreover, this technique allows incorporation of proteins and bioactive agents into CaP 271 coatings without compromising bioactivity of the organic compounds [96, 98–101]. In 272 1997, Reis et al. [95] adapted the methodology developed by Kokubo and used bioactive 273 glass as a precursor to nucleation and growth of CaP films on starch-based polymers. 274 Briefly, for the preparation of biomimetic CaP coatings based on the methodology previ-275 ously developed by Abe et al. [92] and Kokubo [93] and adapted by Reis et al. [95], the 276 materials under consideration were first impregnated with bioactive glass, and were then 277 immersed in simulated body fluid (1.0 SBF) solution for several days at 37°C; this phase 278 is known as the "nucleation stage" and allows formation of CaP nuclei. In order to acceler-279 ate apatite formation, the biomaterials were subsequently immersed at 37°C in simulated 280 body fluid solution (1.5 SBF) with an ionic concentration 1.5-fold greater than physiologi-281 cal levels; this condition enhances CaP nuclei growth. The CaP biomimetic coatings, 282 which are thus formed, exhibit osteoconductive properties that will be discussed later 283 on in this chapter. 284

#### 13.3.1. Osteoconductivity

Scaffolds for bone tissue engineering should be osteoconductive; that is, able to support 286 formation of bone within and/or upon the scaffold. Osteoconductivity has been observed 287 when porous structures were implanted into or adjacent to bone. In such cases, osteoprogeni-288 tor cells migrated into pores and filled the porous structure with newly formed bone. This 289 process is characterized by an initial ingrowth of fibrovascular tissue that invades the porous 290 structure followed by later development of new bone directly within it [102]. Hydroxyapatite-291 based materials are osteoconductive, provided that fully differentiated osteogenic cells are 292 available at the site of implantation [12]. Adsorption of growth factors from the local milieu 293 and from the blood circulation contributes to the osteoconductivity of hydroxyapatite by 294 creating suitable conditions for bone formation when implanted in an osseous environment 295 in vivo. Many relatively insoluble CaP materials are osteoconductive, and, in some cases, 296 may induce extraskeletal new bone formation (i.e., they are osteoinductive). 297

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#### 298 13.3.2. Osteoinductivity

299 Osteoinduction is the process by which stem and osteoprogenitor cells are recruited 300 to the bone-healing site and stimulated to undergo osteogenic differentiation [103]. Osteoinductivity implies the ability of chemical compounds to induce osteogenic differentiation of 301 302 uncommitted progenitor cells [12]. It has been proposed that biomaterials do not have an 303 osteoinductive character in the absence of appropriate osteoinductive agents, such as certain 304 BMPs and other bioactive molecules [104]. However, several studies have reported that 305 some CaP biomaterials [105-107], namely CaP coatings [107, 108], may be osteoinductive. These CaP biomaterials may induce bone formation at extraskeletal sites without addition of 306 osteogenic cells or bioactive agents. Hydroxyapatite is not osteoinductive because it cannot 307 induce osteogenic differentiation of progenitor cells when implanted in a nonosseous envi-308 309 ronment, such as skin and muscle [12].

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#### 310 13.3.3. Incorporation of Biomolecules into CaP Biomimetic Coatings

Numerous attempts have been made to improve the osteoconductivity of biomaterials. 311 312 Coatings of CaP expedite osteoconduction and bone ingrowth at the surface of bone substitutes and, therefore, are useful strategies in tissue-engineering endeavors for the regeneration of 313 314 bone tissue. However, a methodology that enables regeneration of bone tissue should not 315 only expedite osteoconduction, but also osteoinduction through biochemical pathways 316 [109–112]. It is known that BMPs can be incorporated into CaP implants (with adequate 3D 317 geometry) to promote osteogenesis [112, 113]; the surface of such implants, however, will be 318 rapidly conditioned by several highly concentrated molecules [114]. For this reason, other types 319 of delivery-specific approaches have been investigated as alternatives that further functionalize and enhance the potential of CaP coatings. Specifically, the CaP biomimetic coatings have 320 been used as a carrier of various molecules, including osteoinductive agents such as BMPs 321 322 [115–117], other proteins [101, 118–120], enzymes [96, 98, 101], and antibiotics [13, 121].

Biomimetic CaP coatings, produced as described in earlier parts of this chapter, are deposited onto surfaces under physiological temperature and pH [110], enabling coprecipitation and consequent incorporation of biologically active molecules [99]. This approach circumvents difficulties common to plasma spraying techniques. By using low temperatures, biomimetic processes can be applied not only to highly resistant materials (e.g., metallic alloys) but also to polymeric and naturally derived materials (e.g., chitosan, starch, and collagen) for implantation [122].

The major objective of CaP coatings is to provide appropriate biological composition and to improve the quality of the surfaces of various materials used for orthopedic applications. The conditions under which such a coating is prepared affect conformational stability of incorporated biomolecules, and thus the bioactivity and shelf-life of the final product. Such coatings, which are structurally and chemically comparable to the mineral component of bone, can possesses favorable bioactive properties that may facilitate outcomes in cases of critical clinical need [13, 123].

This alternative coating technique may be used to produce systems with several advantages, such as reduction of burst release of incorporated molecules into the biological milieu. In this case, biomolecules incorporated in the inorganic phase are gradually released as the latticework undergoes degradation. The advent of the slow degradation of the coating modulates delivery of bioactive agents. Slow release of these chemical compounds may improve the osteoinductive capacity of the implant material [100, 124].

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One of the potential applications of CaP coatings pertains to the incorporation of bioactive 343 agents and proteins. Azevedo et al. [101] used a biomimetic technique and successfully 344 incorporated bovine serum albumin and  $\alpha$ -amylase into a CaP coating on the surface of a 345 starch-based polymer. In that study, the properties of the resultant biomaterial were tailored 346 by judicious choice of specific enzymes and their incorporation at different compositions and 347 combinations into CaP coatings that retained their bioactivity [101]. Efficient incorporation 348 of active  $\alpha$ -amylase into biomimetic coatings controlled the degradation rate of starch-based 349 biomaterials. Similar results and applications were achieved with chitosan scaffolds after 350 incorporation of lysozyme [96, 98]. Martins et al. [96, 98] incorporated lysozyme into CaP 351 coatings on the surface of chitosan scaffolds in order to control the degradation rate of chi-352 tosan and subsequent formation of pores. Furthermore, since lysozyme has antibacterial 353 properties, these coatings may be used as a carrier for its sustained release, potentially miti-354 gating infection at the implantation site. Several studies reported in the literature addressed 355 incorporation of BMPs into biomimetic CaP layers [110, 116, 123, 125]. These studies indi-356 cated that CaP coatings have the potential for sustained delivery of many other bioactive 357 agents. Liu and coworkers [99] demonstrated that BMP-2 retained its osteoinductivity when 358 delivered from biomimetic systems and that the osteoconductivity of implant material sur-359 faces was affected by BMP-2 and its delivery mode [123]. 360

In summary, the results discussed in this section support the strategy of adding osteoin-361 ductive signaling molecules into CaP biomimetic coatings for the purpose of inducing bone 362 growth. 363

#### Osteogenic Differentiation of Marrow Stromal Cells and 13.4. Mineralized ECM Production In Vitro

Biomaterials and scaffolds considered for bone tissue engineering are often evaluated 366 in vitro for their ability to support adhesion, proliferation, and differentiation of progenitor 367 cells along the osteogenic pathway prior to being evaluated in vivo. In vitro cell-scaffold 368 interactions are determined using osteoblasts, osteosarcoma cell lines, and osteoprogenitor 369 cells. The scaffolds used for this purpose mimic the ECM of bone and play a crucial role in 370 supporting cell functions and differentiation, but may also be used to deliver biomolecules. 371

Osteoblastic differentiation of MSCs comprises cell proliferation, cell maturation, and 372 matrix mineralization. During these phases, cells synthesize and secrete alkaline phosphatase, 373 type I collagen, and other noncollagenous ECM proteins, such as osteocalcin, osteopontin, 374 osteonectin, and bone sialoprotein. Mineralization occurs through accumulation of calcium 375 and phosphorous in the ECM. 376

#### 13.4.1. BMSCs Versus MSCs

The osteoprogenitor cells used for bone tissue-engineering purposes are derived from 378 various tissue sources. Bone marrow stroma consists of a heterogeneous cell population that 379 provides structural and physiological support for hematopoietic cells [126]. Bone marrow 380 contains three main cell types: endothelial cells, hematopoietic cells, and stromal cells. 381 Friedenstein [127, 128] were the first to identify in bone marrow cell populations with strong 382 osteogenic potential. When marrow cells are plated at low cell densities, BMSCs form colonies 383 known as "colony-forming unit-fibroblasts"; this term indicates that each colony derives from 384

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a single proliferating progenitor [129]. The term "BMSCs" is applied to isolated bone marrow
cells with potential to form connective tissues [129].

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Due to their high proliferation potential, BMSCs can be expanded in culture to obtain 387 large numbers of cells starting from a small sample of bone marrow aspirate. The BMSC popu-388 389 lation contains precursor cells capable of extensive proliferation and differentiation into several phenotypes. Furthermore, BMSCs maintain their multipotential capacity during prolonged 390 culture and multiple passages in vitro. Among these BMSCs there is a subpopulation of undif-391 ferentiated multipotent cells able to generate "mesenchyme," the mass of tissue that develops 392 from the mesoderm of an embryo. This cell population is present in all postnatal tissues and is 393 394 referred to as "MSCs" [130, 131]. In the past, researchers working with cells from the bone marrow used different names to refer to the same cells. This practice lead to nomenclature 395 396 confusion; for example, BMSCs have been referred to as multipotent adult progenitor cells, MSCs, bone marrow stromal stem cells (BMSSCs), and mesodermal progenitor cells [132]. 397 What is presently known is that, if appropriately induced, these cells can also differentiate along 398 pathways different from those associated with the cells' tissues of origin [133]. 399

Stem cells are able to provide replacements for various differentiated cell types. The use of MSCs has several advantages, as they have unique biological properties, are capable of extensive replication in culture in an undifferentiated state, and can differentiate along multiple pathways to form various cells from a number of tissues, including bone, cartilage, and fat [4]. Identification of stem cells using surface markers has not been definitive either, because similar markers are also present on nonstem cells, or because a particular marker may only be temporarily expressed on a stem cell at a certain stage or under specific conditions.

#### 407 13.4.2. Osteogenic Differentiation

In addition to being osteoconductive and osteoinductive, an ideal scaffold should also be osteogenic (that is, containing living cells capable of differentiation into osteoblasts). Differentiation of MSCs along the osteoblastic lineage in vitro starts with a period of cell proliferation followed by synthesis and deposition of ECM components by the cells; accumulation of calcium finally leads to mineralization of the ECM. To induce osteogenic differentiation in MSCs, the culture medium is usually supplemented with osteogenic agents such as dexamethasone,  $\beta$ -glycerophosphate, and ascorbic acid.

Dexamethasone, a synthetic glucocorticoid, stimulates MSC proliferation and supports 415 416 osteogenic lineage differentiation [134–136]. Organic phosphates, such as  $\beta$ -glycerophosphate, also support osteogenesis by contributing to mineralization of the ECM and modulat-417 418 ing osteoblast function [136–138]. Free phosphates can also induce expression of osteogenic protein markers, such as osteopontin [136, 139]. Other supplements, such as ascorbic acid, 419 420 enhance collagen synthesis and upregulate alkaline phosphatase expression in bone cells. Ascorbic acid stimulates marrow stromal cells to differentiate along the osteoblast lineage 421 [139–141]. Furthermore, ascorbic acid promotes osteogenic induction evidenced by increased 422 423 alkaline phosphatase activity and production of osteocalcin in osteogenic cultures [142].

424 Martins et al. [76] used marrow stromal cells cultured on starch-poly( $\varepsilon$ -caprolactone) 425 blend scaffolds in static cultures and reported that the enzyme lipase enhanced osteogenic 426 differentiation and promoted deposition of a mineralized ECM. The BMP family of growth 427 factors is frequently used for osteoinduction. BMP-2 increases calcium-containing nodule 428 formation and the calcium content of osteogenic cultures in vitro [136]. The TGF- $\beta$  super-429 family contains a large number of growth factors with different functions, many of which 430 regulate cell proliferation and ECM production. Fibroblast growth factors (FGFs), namely

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FGF-1 and FGF-2, are produced by oseoblasts and are constituents of the bone matrix s. 431 Insulin-like growth factors (IGF) stimulate osteogenesis; IGF-2 is the most abundant growth 432 factor found in bone matrix. Gomes et al. [143] demonstrated that an in vitro generated bone-433 like ECM produced by marrow stromal cells contains bioactive growth factors including 434 TGF- $\beta$ 1, FGF-2, vascular endothelial growth factor, and BMP-2. Pham et al. [144] reported 435 that the gene expression profiles of various bone-related growth factors and ECM proteins in 436 MSCs cultured in osteogenic media were upregulated; these chemical compounds are present 437 in native bone tissue. Costa-Pinto et al. [48] studied the osteogenic differentiation of a mouse 438 MSC line (BMC9) cultured on novel melt-based chitosan/polyester scaffolds and reported 439 high levels of alkaline phosphatase activity and formation of a calcified ECM; these results 440 are evidence of differentiation of the cells along the osteogenic pathway. 441

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Expression of osteoblast phenotype markers in culture defines three different phases of 442 bone-related activities: cell proliferation, ECM maturation, and ECM mineralization. During 443 active cell proliferation, growth-related genes are expressed, and minimal levels of type I col-444 lagen are observed [145]. Following this phase, a period of matrix maturation occurs when 445 alkaline phosphatase is maximally expressed. Finally, the ECM becomes mineralized, the 446 third period of the bone developmental sequence [145]. There are two transition periods 447 between the aforementioned developmental periods: the first occurs at the end of proliferative 448 period and the second when expression of osteoblastic phenotype markers (such as osteocalcin 449 and osteopontin), become significantly elevated with the onset of mineralization [145]. 450

Alkaline phosphatase activity, an early marker of the osteoblastic phenotype, is upregu-451 lated at the onset of cell differentiation but subsequently decreases as cell differentiation 452 progresses. Another marker of bone formation is calcium-containing mineral deposits in the 453 ECM. To detect mineral deposition, tetracycline-HCl, a fluorochrome-labeling agent for bone 454 tissues [146], is added to the osteogenic culture media [147]. Tetracycline accumulates at sites 455 of bone formation and fluoresces brightly when activated with appropriate fluorescent light. 456 Qualitative (or semiquantitative) analysis of calcium-containing mineral deposits in bone cell 457 cultures uses the von Kossa, alizarin red, and methylene blue/basic fuchsin staining methods 458 [147, 148]. An important artifact, which should be kept in mind when using these analyses, is 459 that the ECM uptakes calcium independently from cell-mediated mineral deposition. For this 460 reason, confirmation of the results obtained using the aforementioned staining methods should 461 be complemented with data from either diffraction or spectroscopy methods such as thin-film 462 X-ray diffraction and Fourier-transformed infrared spectroscopy [76, 148, 149]. 463

Expression of osteopontin occurs during the mid- to late-stages of osteogenic differen-464 tiation of MSCs [150]. Osteopontin is an extracellular protein secreted by differentiating 465 osteoblasts that is upregulated both during cell proliferation and at the onset of ECM minerali-466 zation. Osteocalcin, another late-stage marker of osteoblastic differentiation, can be assessed 467 using commercially available immunoassays. Immunohistochemistry using specific antibodies 468 to detect the presence of growth factors, bone- and ECM-related proteins, and enzymes is well 469 established and widely used. Real-time reverse transcriptase polymerase chain reaction is 470 used to determine expression of bone-related genes, such as osteoblast marker genes, growth 471 factors, and ECM biomolecules, in MSCs [144]. 472

#### 13.4.3. Bone-Specific Matrix Proteins

The bone matrix is not only composed of a mineralized phase, but also of an organic 474 phase containing collagenous and noncollagenous proteins, matrix metalloproteinases, pro-475 teoglycans, and glycoproteins. Bone formation involves regulated secretion, deposition, and 476

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removal of a complex array of these matrix proteins, which appear in a defined temporal and
spatial sequence [12]. Mineralization also dictates the spatial orientation of matrix deposition
[12]. Most proteins originally thought to be unique to the bone ECM were subsequently
proven to be expressed in many other tissues of the body. Osteocalcin is the only protein still
considered to be bone specific in bone mineralization [12].

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As discussed previously, alkaline phosphatase is considered an early-stage marker of osteoblastic differentiation [145] and is expressed during the postcell proliferative period of ECM deposition. Type I collagen, the major ECM protein of bone, provides a template for subsequent mineralization [151]. Alkaline phosphatase, collagen, and osteonectin are expressed at high levels near the end of cell proliferation and during the period of ECM deposition and maturation [139].

488 Osteopontin and bone sialoprotein, N-linked glycoproteins containing integrin-binding RGD motifs, are involved in cell-matrix interactions. Osteopontin is widely distributed in 489 different tissues, whereas bone sialoprotein is highly enriched in bone and skeletal cartilage 490 [152]. Osteopontin, a phosphorylated glycoprotein associated with the early stages of osteo-491 genesis that precede mineralization, is secreted by osteoblasts into the mineralizing ECM 492 during bone development [139, 153]. In bone, bone sialoprotein is expressed by fully mature 493 osteogenic cells capable of depositing mineralized matrix [152]. Extracellular bone sialopro-494 tein localizes to newly formed, mineralized bone matrix; its distribution coincides with that 495 of mineral deposits [154]. Bone sialoprotein, a protein expressed during the early phases of 496 bone deposition, controls both mineral formation and cell-matrix interactions [155]. This 497 protein is used as a marker of initial bone formation [155]. The function of bone sialoprotein 498 499 in bone, which has not been completely elucidated yet, may be related to the regulation of physiological mineralization of skeletal ECMs [154, 156]. Osteocalcin is another marker of 500 late-term osteogenic differentiation associated with osteoblast-mediated matrix deposition 501 and mineralization [157, 158]. Expression of osteopontin, osteocalcin, and bone sialoprotein 502 occurs later during the third period of ECM mineralization. 503

#### 504 13.5. Summary

505 Surface modification of biomaterials uses methods that mimic biomineralization and 506 enable incorporation of bioactive molecules and agents; such treatments can improve both in 507 vitro and in vivo osteogenic differentiation. The main objective of CaP coatings is osteocon-508 duction and enhanced adhesion of osteogenic cells onto biomaterial surfaces. Because CaP 509 coatings have structures and chemical properties similar to those of native bone, they have 510 great potential and promise to increase bone ingrowth in areas of clinical need.

511 Because they lack essential properties, such as bioactivity and osteoinductivity, most 512 currently available polymers present limitations for bone-related biomedical applications. In 513 this respect then, the biomimetic coating technique discussed in the present chapter has the 514 potential to impart these essential properties to biomaterials. Since CaP layers can be applied 515 on 3D scaffolds, the biomimetic-coating approach has been receiving increased attention in 516 the bone tissue-engineering field.

517 Moreover, CaP coatings have been considered as a potential carrier for the delivery of 518 various biomolecules, chosen for their physicochemical and biological properties as well as 519 for their osteoconductivity. Complementing the CaP biomimetic coating approach, incorpo-520 ration of biomolecules provides osteoinductive properties to biomaterials. Since this method 521 is carried out under physiological conditions, proteins, enzymes, and other bioactive agents

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can be incorporated into CaP layers without loss of their bioactivity. A major advantage is 522 the fact that the biomaterial-CaP coating-biomolecule can simultaneously exhibit osteoin-523 ductive and osteoconductive properties, because it can act as a carrier system for the control-524 led release of multiple biologically active proteins. Incorporation of enzymes into CaP layers 525 coated on the surface of scaffolds (using the biomimetic-coating technique) can be also used 526 to control the degradation rate of the material substrate in vivo. An integrated approach com-527 bining a material scaffold, CaP coatings, bioactive molecules and/or enzymes, and in vitro 528 cell cultures may provide an optimal environment for cell adhesion and osteogenic differen-529 tiation as well as generate a mineralized ECM containing select bioactive molecules. 530

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Incorporation of bioactive molecules into CaP coatings on scaffolds for tissue-engineering applications has the potential to provide advanced, tissue-specific constructs to promote improved alternative treatment of bone pathologies and trauma. The present chapter summarized the results of studies that used biomolecules important to bone tissue engineering. Further research is needed to elucidate important aspects such as details of the release profiles of entrapped bioactive molecules, retention of their bioactivity, etc. Establishment and further development of nature-inspired techniques to design and formulate novel biomaterials could provide the next generation of effective scaffolds for bone tissue engineering. 538

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## Author Queries

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Chapter No.: CH13

Queries	Details Required	Author's Response
AU1	Is the number "1" at the end of this sentence a citation "can be affected by the porosity of the scaffold 1."? If so, please indicate, or if not, please remove or correct as appropriate.	
AU2	Correct as edited: "molecular weight of chitosan may range from 300 to more than 1,000 kDa"?	
AU3	Correct as edited: "in some cases, may induce extraskeletal new bone formation (i.e., they are osteoinductive)."?	<u>k</u>
AU4	Correct as written: "namely FGF-1 and FGF-2, are produced by oseob- lasts and are constituents of the bone matrix s"? Is the "s" at the end of the sentence meant?	0
AU5	Please provide last page number in Ref. 34 if available.	5
AU6	Please update Ref. 98.	

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