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# **Toward Osteogenic Differentiation of Marrow Stromal Cells and In Vitro Production of Mineralized Extracellular Matrix onto Natural Scaffolds**

### Ana M. Martins, Catarina M. Alves, Rui L. Reis, Antonios G. Mikos, **and F. Kurtis Kasper**

 Tissue engineering has emerged as a new interdisciplinary field for the repair of various tissues, 8 restoring their functions by using scaffolds, cells, and/or bioactive factors. A temporary scaf-9 fold acts as an extracellular matrix (ECM) analog to culture cells and guide the development 10 of new tissue. In this chapter, we discuss the preparation of naturally derived scaffolds of 11 polysaccharide origin, the osteogenic differentiation of mesenchymal stem cells cultured on 12 biomimetic calcium phosphate coatings, and the delivery of biomolecules associated with 13 ECM mineralization. 14

### **Abbreviations**



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- MSC mesenchymal stem cell RGD arginine–glycine–aspartic acid SBF simulated body fluid 1.0 SBF simulated body fluid (normal concentration) 1.5 SBF concentrated simulated body fluid (1.5× normal concentration)  $S PCL$  blend of starch and poly( $\varepsilon$ -caprolactone) 25 26 27 28 29 30
- TGF- $\beta$  transforming growth factor- $\beta$ 31
- TGF- $\beta$ 1 transforming growth factor- $\beta$ 1 32

#### **13.1. Introduction**  33

 Bone is a dynamic, highly vascularized tissue with a unique capacity to heal and remodel without leaving a scar. It is the structural framework of the body and is composed of an inorganic mineral phase of hydroxyapatite and an organic phase of mainly type I collagen. Bone continuously resorbs and reforms in a remodeling process that is carried out by two types of bone cells: the bone-building osteoblasts and the bone-resorbing osteoclasts. Slowly and insidiously, bone deteriorates, losing minerals and structure. Bone injuries produced as a result of disease and/or trauma present a major health concern. A fracture, usually of the hip, wrist, or a vertebra, is often the first indication that osteoporosis has been weakening the bones of a patient for years [1] . Treatment options include transplantation, surgical repair, prostheses, mechanical devices, and drug therapy [2] . However, major damage to a tissue or organ can neither be repaired nor long-term recovery effected in a truly satisfactory way using these methods. 34 35 36 37 38 39 40 41 42 43 44 45

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 In this context, an emerging field of science termed "tissue engineering," defined as an "interdisciplinary field that applies the principles of engineering and life sciences toward the development of biological substitutes that restore, maintain, or improve tissue function" [3] has been gaining significant recognition. Tissue engineering uses organ-specific cells for seeding a scaffold ex vivo, however it may also involve the implantation of an acellular construct for guided tissue regeneration [4] . Indeed, a wide range of strategies exists for tissue engineering in general, and bone tissue engineering specifically. 46 47 48 49 50 51 52

 Bone tissue engineering is a rapidly expanding field, full of innovative ideas for treating bone trauma and pathologies. Selection of the most appropriate material to produce a scaffold in bone-related applications is a very important step toward the construction of a tissue-engineered construct. There is an increasing interest in the production of novel scaffolds from renewable resources. Natural polymers are an attractive alternative to synthetic polymers for various clinical applications partly due to their biocompatibility and also because they are typically biodegraded by "normal" and/or enzymatic hydrolysis (carried out, in the majority of cases, by specific enzymes also present in the human body). Some of the advantages associated with naturally derived biomaterials are their cost effectiveness as well as the wide range of properties and structures attainable with these materials. A large number of different naturally derived biomaterials have been studied and proposed for bone tissueengineering applications, namely polysaccharides (chitosan, starch, alginate, hyaluronic acid, and cellulose, among others) and proteins (soy, collagen, and fibrin). Polysaccharides, in particular, have some attractive properties, such as nontoxicity (pertinent monomer residues are not hazardous to health), high swelling ability, and stability over a range of pH values. 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67

For successful bone replacement, the ideal scaffold should be biocompatible [5-8] with the surrounding biological fluids and tissues to avoid any detrimental tissue response. The scaffolding material should degrade into nontoxic residues that can be easily removed from 68 69 70

the body through normal excretion processes  $[5, 6, 8, 9]$ . The scaffolds serve as temporary substrates for living cells as well as physical supports for tissue regeneration [10] . Adequate surface area and appropriate surface energy are also needed to permit cell adhesion, promote cell proliferation, and allow retention of differentiated cell functions [5–8, 10]. In addition, sufficient mechanical stability of the scaffold material is necessary to maintain the desired shape and structure during cell culture in vitro and transplantation in vivo. Control of scaffold pore morphology is critical for controlling cell colonization rates and maintaining transport of oxygen, nutrients, and metabolic waste, as well as for supporting organization of the engineered tissue. Furthermore, angiogenesis, a requirement for the survival and success of vascularized tissues, can be affected by the porosity of the scaffold l. Pore morphology can also be expected to significantly affect scaffold degradation kinetics and the mechanical proper-71 72 73 74 75 76 77 78 79 80 81

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ties of the developing tissue [6, 11] . The scaffolds used for tissue-engineering purposes mimic the extracellular matrix (ECM) of the regenerating bone environment. Thus, in addition to serving as a mechanical support, a tissue-engineering scaffold may also be "informative" to the cells. An ideal three-dimensional (3D) construct for bone tissue engineering, above all other pertinent characteristics, should be simultaneously osteoinductive (capable of recruiting osteoprogenitor cells and stimulating their differentiation along the bone-forming cell lineage), osteoconductive (capable of supporting the formation of bone at the surface of the scaffold), and also resorbable and amenable to gradual replacement by newly formed bone [12] . In the medical field, consideration of biodegradation is a priority on the list of safety standards when choosing polymers as potential biomaterials for tissue-engineering applications. Naturally derived materials have recently gained interest, as they are structurally similar to the native ECM of many tissues; exhibit excellent biocompatibility; and induce minimal inflammatory response and tissue damage. Natural polymers may present a biologically active environment to the cells, since they usually contain domains that provide cues and can send important signals to guide cells at various stages of development [10]. 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97

 A method to potentially increase the biological activity of a bone tissue-engineering scaffold is to coat the surface of scaffolds with calcium phosphate (CaP). One of the main goals of using CaP coatings on bone tissue-engineering scaffolds is to promote osteoconduction by enhancing adhesion of osteogenic cells and ingrowth of bone into porous biomaterials [13] . New technologies have been developed to promote osteogenic activity of bone tissueengineering scaffolds. These approaches tend to integrate into the coatings osteoinductive or bioactive agents (e.g., enzymes and antibiotics), to immobilize constitutional elements of bone (e.g., growth factors, including bone morphogenetic proteins [BMPs] and other members of the transforming growth factor  $[TGF]-\beta$  superfamily), adhesion proteins (e.g., collagen, fibronectin, laminin, and vitronectin) and peptides (e.g., the arginine-glycine-aspartic acid [RGD] sequence) on the surface of biomaterials. Immobilization and/or delivery of bioactive molecules at specific sites have been exploited to enhance cell adhesion, differentiation, and other cell functions as well as to promote mineralization of the ECM of the tissueengineered bone constructs. 98 99 100 101 102 103 104 105 106 107 108 109 110 111

### **13.2. Scaffolds of Natural Origin – Polysaccharides**

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 A large number of natural polymers, including polysaccharides, have been suggested 113 as candidates for the production of scaffolds for bone tissue-engineering purposes. Polysaccharides are relatively complex carbohydrates. They are high molecular weight polymers having one or more monosaccharide repeating-units joined together by glycosidic 116 114 115

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bonds. Polysaccharides tend to be amorphous and insoluble in water. Some of the main advantages associated with this class of polymers are wide availability, cost effectiveness, good hemocompatibility (probably because of their similarities with heparin), nontoxicity, and a wide range of properties and structures suitable for biomedical applications. These polymers have been proposed as scaffolds for bone tissue-engineering applications as well as carriers for cells and bioactive molecules (e.g., proteins, enzymes, and growth factors) for controlled-release systems. 117 118 119 120 121 122 123

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 Chitosan, starch, and alginate, three examples of polysaccharide materials, will be described in detail in the sections that follow. 124 125

#### **13.2.1. Chitosan**  126

 Chitosan, a naturally derived polymer, is a partially deacetylated derivative of chitin found in crustacea exoskeletons (e.g., shrimp, crab, and lobster), cell walls of fungi, and cuticles of insects [14, 15] . Depending on the source and preparation procedure, the molecular weight of chitosan may range from 300 to more than 1,000 kDa [11]. Chitosan is a suitable AU2 functional biomaterial because it is biocompatible, biodegradable, minimally immunogenic, nontoxic, and hydrophilic. Moreover, it has adsorption properties with remarkable affinity for proteins, and is not expensive [16–21]. Some studies report that chitosan enhanced osteogenesis  $[22–24]$  and improved wound healing  $[25, 26]$ . In addition, chitosan is a hemostatic agent  $[11, 1]$  16] with antithrombogenic properties [27] . It has proved to be a useful excipient in various drug delivery systems due to its nontoxicity, high cohesive and hydrophilic properties, and polycationic character resulting from primary amine groups, which provide a high charge density in acidic solutions (pH < 6.5) [18, 28]. It is soluble in dilute or weak acids (such as acetic and formic acid), but it is normally insoluble in aqueous solutions above pH 6.5. 127 128 129 130 131 132 133 134 135 136 137 138 139

 Chitosan is a binary polyheterosaccharide of *N* -acetylglucosamine and glucosamine with a  $\beta$ 1→4 linkage. The superior tissue compatibility of chitosan can be partially attributed to its structural similarity to glycosaminoglycans, which are major components of the ECM of bone and cartilage [15, 29]. Chitosan is easily hydrolyzed by various chitosanases [30], which are completely absent in mammals, and is biodegraded in the presence of lysozyme in aqueous media in vitro  $[17, 31-35]$ ; this degradation process depends on the degree of deacetylation [31], which represents the proportion of *N*-acetyl-p-glucosamine units with respect to the total number of units [30] . Chitosan degradation kinetics are inversely related to the degree of deacetylation [31, 32] . In vitro and in vivo, chitosan is degraded by enzymatic hydrolysis; the primary agent of this process is lysozyme, which targets acetylated residues [36]. Chitosan and glucosamine, its biodegradation product, are not toxic in vivo [37]. Lysozyme, or muramidase, is an enzyme that catalyzes the hydrolysis of the peptidoglycan layer of bacterial cell walls [38]. This enzyme is active over a broad pH range (from 3 to 8) and hydrolyzes its substrates both inside and outside cells. Lysozyme is widely distributed in the human body [39] . It is found in the nose, bronchus, bronchiole, middle ear, lacrimal gland, bone marrow, and digestive tract [16] , and in lymphocytes; lysozyme is also secreted by monocytes, macrophages, and granulocytes, which are the largest source of the enzyme [40, 41] . Monocytes and macrophages are the primary contributors to the lysozyme content in human serum [41]; the concentration in serum is in the range of  $7-13 \text{ mg/L}$  [39]. The susceptibility of chitosan to degradation induced by lysozyme make the protein an attractive target for incorporation into this biodegradable material [29, 42–44]. 140 141 142 143 144 145 146 147 148 149 150 151 152 153 154 155 156 157 158 159 160

 Incorporation of active biomolecules, such as growth factors, has been used as a highly beneficial strategy for improving bone regeneration in tissue-engineering applications. The 161 162

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biological activity of chitosan on bone regeneration has been confirmed in many studies [18, 45] . Chitosan can be easily fabricated into bulk porous scaffolds, films, microparticles, sponges, and beads. The feasibility of forming porous scaffolds permits wide application of this polymer in tissue engineering. This is mainly true for bone tissue-engineering applications because chitosan supports osteoblast proliferation and phenotypic expression [15] . Chitosan fiber meshes with appropriate mechanical properties, developed by Tuzlakoglu et al. [46], exhibited bioactivity; this is a very important aspect for biomaterials used as bone tissueengineering scaffolds. Martins et al. [35] proposed the development of chitosan-based scaffolds with the capability of forming porous structures in situ following attack by specific enzymes (namely,  $\alpha$ -amylase and lysozyme) present in the human body. In addition to the capability of forming pores in situ, other advantages these scaffolds have when compared with other conventional materials are their suitable mechanical properties and lack of toxicity. Coutinho et al. [47] studied the function of an osteoblastic-like cell line (SaOs-2) on chitosan blends with synthetic biodegradable polymers, and reported enhanced the osteoblastic activity. Costa-Pinto et al. [48] formulated scaffolds based on blends of chitosan and synthetic polyesters, and provided evidence that these scaffolds are cytocompatible. Furthermore, chitosan-based scaffolds promoted the attachment and proliferation of mouse mesenchymal stem cells (MSCs) [48] , which exhibited high levels of alkaline phosphatase activity and produced a mineralized ECM [48] . 163 164 165 166 167 168 169 170 171 172 173 174 175 176 177 178 179 180 181

### **13.2.2. Starch**

 Starch is one of the most abundant naturally occurring polymers with properties that make it attractive for several biomedical applications. Starch is found as insoluble granules of  $\alpha$ -amylose (20-30%) and amylopectin (70-80%) [49]. Amylopectin polymers are highly branched structures containing  $(1\rightarrow 4)$ - $\alpha$ -D-glucose and  $(1\rightarrow 6)$ - $\alpha$ -D-glucose linkages, whereas amylose is much more linear with long stretches of  $(1\rightarrow 4)$ - $\alpha$ -p-glucose-linked monomer units. Starch is extremely difficult to process and is brittle when used without the addition of a plasticizer [49] . Over the years, several other materials have been blended with starch to improve its processability, including several synthetic [50–54] and natural polymers, such as polysaccharides [35, 55] and proteins [56]. Reis and coworkers [35, 57–70] have proposed use of starch-based scaffolds for biomedical applications. Starch exhibits low toxicity [35, 64], biodegradability  $[35, 70-72]$ , and biocompatibility  $[73-75]$ , which are excellent characteristics for bone tissue-engineering applications. Compared with other biodegradable polymers available, starch is inexpensive, and above all, reusable. Specific enzymes present in the human body, namely  $\alpha$ -amylase in the blood plasma, can easily degrade starch. The main enzymes involved in starch degradation are  $\alpha$ -amylases,  $\beta$ -amylases,  $\alpha$ -glucosidases, and other debranching enzymes. 183 184 185 186 187 188 189 190 191 192 193 194 195 196 197 198

 An important consideration of biodegradable materials of natural origin being considered for use in the biomedical field is the host response to the degradation products. Starch degradation products are oligosaccharides that can be metabolized to produce energy. Due to their degradation by  $\alpha$ -amylases, this constitutes another strategy to control and tailor the degradation of starch-based scaffolds. Martins et al. [35] developed a novel biodegradable matrix based on chitosan and starch, with the capability of forming a porous structure in situ following attack by specific enzymes (namely  $\alpha$ -amylase and lysozyme) present in the human body. These researchers showed that pore size and distribution in the chitosan matrix is controlled by the location of the "sacrificial" phase (i.e., native starch) that is enzymatically degraded [35]. This same study reported an interesting approach for the control of 199 200 201 202 203 204 205 206 207 208

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matrix degradation in situ and consequent pore formation, which could result in scaffolds with mechanical properties appropriate for the initial stage of implantation [35]. Martins et al. [76] also studied the influence of  $\alpha$ -amylase on the degradation of fiber-mesh scaffolds based on a blend of starch and  $poly(\varepsilon$ -caprolactone) (SPCL) and demonstrated enhanced scaffold porosity and pore size and decreased average fiber diameter with time. Furthermore, culture of rat marrow stromal cells on SPCL fiber meshes (in medium supplemented with  $\alpha$ -amylase) resulted in enhanced cell proliferation [76]. 209 210 211 212 213 214 215

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#### **13.2.3. Alginate**  216

Alginate (alginic acid or algin) is a linear polyuronate containing *D*-mannuronic acid and L-guluronic acid that is abundant in the cell walls of brown algae. Due to the biocompatibility and gelation of alginate with certain divalent cations, it is widely used for cell immobilization and encapsulation. Alginate is soluble in aqueous solutions at room temperature and forms stable gels in the presence of calcium, barium, and strontium without chemical crosslinking agents [77] ; for this reason, the viability and biological activity of entrapped cells and biochemical agents are maintained in alginate gels. As a biomaterial, alginate has a number of advantages including biocompatibility and nonimmunogenicity, which are related to its hydrophilicity [78, 79]. 217 218 219 220 221 222 223 224 225

 Several studies examined alginate sponges as scaffolds for tissue-engineering applications [78] and reported that their structural and morphological properties are appropriate for cell culture and proliferation as well as for neovascularization [78] . Other studies reported that alginate supports synthesis of pertinent ECM components by various cell types, and provides an amenable environment for cell encapsulation, drug delivery, and gene delivery [80] . Alginate also permits cotransplantation of multiple cell types and appropriate growth stimuli to promote, for example, the osteogenic phenotype [81] . Encapsulated bone marrow stromal cells (BMSCs) were studied for the purpose of healing bone defects in orthopedics [82] . Studies with gels containing MSCs and alginate beads loaded with vancomycin (a treatment for bone infections), reported that bone marrow-derived MSCs proliferated and expressed alkaline phosphatase, osteopontin, and collagen 1A1 genes [83] . Cai et al. [84] reported expression of bone-specific ECM markers when they examined the ectopic boneforming ability of BMSCs in combination with scaffolds made from alginate gel and implanted subcutaneously in nude mice for 8 weeks. Moreover, hydrogels such as alginate are effective substrates for both two-dimensional (2D) [85] and 3D [78, 85] cell cultures, indicating the suitability of alginate for tissue-engineering applications. 226 227 228 229 230 231 232 233 234 235 236 237 238 239 240 241

#### **13.3. CaP Biomimetic Coatings**  242

 Ideally, tissue-engineering scaffolds should mimic, to the greatest degree possible, the properties of the native target tissue in an effort to promote, direct, and control regeneration of a specific, desired type of tissue. The term "biomimetics" is used to describe a branch of science that seeks to produce such "bioinspired" materials for a variety of applications. 243 244 245 246

 Compared with other biomaterials, CaPs have a unique characteristic for bone mimicry and substitution. Their composition resembles that of bone mineral; most importantly, they can induce a biological response similar to that generated during bone remodeling, which involves resorption and formation of new bone tissue [86]. Osteoclasts are responsible for bone mineral degradation, resulting in bone resorption [86] . During bone resorption, 247 248 249 250 251

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the degradation products of CaP (calcium and phosphate ions) are naturally metabolized but do not cause abnormally increased calcium and phosphate levels in urine, serum, or organs [87] . It should be noted that osteoclasts degrade CaP in a similar fashion as they degrade natural bone [88–90]. 252 253 254 255

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In 1972 Hench et al. [91] showed that "Bioglass" (that is, glass in the  $\text{Na}_2\text{O}$ -CaO-SiO<sub>2</sub>- $P_2O_5$  system), spontaneously bonded to living bone without formation of surrounding fibrous tissue. In the early 1990s, Kokubo and coworkers [92, 93] proposed that the essential requirement for a biomaterial to bond to living bone is the formation of bone-like apatite on the surface of the biomaterial when implanted in vivo. This in vivo apatite formation can be reproduced in vitro using simulated body fluid, which is a solution containing inorganic ion concentrations similar to those of human extracellular fluids but without any cells or proteins [94] . Under such in vitro conditions, the formed layer consists of carbonate apatite with small crystallites and low crystallinity [94] . This apatite is referred to as "bone-like apatite" due to its similarity to apatite present in natural bone. 256 257 258 259 260 261 262 263 264 265

 Biomimetic methodology for coating biomaterials with a bone-like apatite layer has been described in several publications [92, 95-98]. This technique mimics the natural biomineralization processes, which involve controlled crystal phase nucleation and growth. The main advantage of the biomimetic methodology is the use of physiological conditions (pH 7.4 at 37°C) simulating the conditions under which apatite is formed in bone. Moreover, this technique allows incorporation of proteins and bioactive agents into CaP coatings without compromising bioactivity of the organic compounds [96, 98–101]. In 1997, Reis et al. [95] adapted the methodology developed by Kokubo and used bioactive glass as a precursor to nucleation and growth of CaP films on starch-based polymers. Briefly, for the preparation of biomimetic CaP coatings based on the methodology previously developed by Abe et al. [92] and Kokubo [93] and adapted by Reis et al. [95] , the materials under consideration were first impregnated with bioactive glass, and were then immersed in simulated body fluid (1.0 SBF) solution for several days at 37°C; this phase is known as the "nucleation stage" and allows formation of CaP nuclei. In order to accelerate apatite formation, the biomaterials were subsequently immersed at  $37^{\circ}$ C in simulated body fluid solution (1.5 SBF) with an ionic concentration 1.5-fold greater than physiological levels; this condition enhances CaP nuclei growth. The CaP biomimetic coatings, which are thus formed, exhibit osteoconductive properties that will be discussed later on in this chapter. 266 267 268 269 270 271 272 273 274 275 276 277 278 279 280 281 282 283 284

#### **13.3.1. Osteoconductivity**

 Scaffolds for bone tissue engineering should be osteoconductive; that is, able to support formation of bone within and/or upon the scaffold. Osteoconductivity has been observed when porous structures were implanted into or adjacent to bone. In such cases, osteoprogenitor cells migrated into pores and filled the porous structure with newly formed bone. This process is characterized by an initial ingrowth of fibrovascular tissue that invades the porous structure followed by later development of new bone directly within it [102] . Hydroxyapatitebased materials are osteoconductive, provided that fully differentiated osteogenic cells are available at the site of implantation [12] . Adsorption of growth factors from the local milieu and from the blood circulation contributes to the osteoconductivity of hydroxyapatite by creating suitable conditions for bone formation when implanted in an osseous environment in vivo. Many relatively insoluble CaP materials are osteoconductive, and, in some cases, AU3 may induce extraskeletal new bone formation (i.e., they are osteoinductive). 286 287 288 289 290 291 292 293 294 295 296 297

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#### **13.3.2. Osteoinductivity**  298

 Osteoinduction is the process by which stem and osteoprogenitor cells are recruited to the bone-healing site and stimulated to undergo osteogenic differentiation [103] . Osteoinductivity implies the ability of chemical compounds to induce osteogenic differentiation of uncommitted progenitor cells [12] . It has been proposed that biomaterials do not have an osteoinductive character in the absence of appropriate osteoinductive agents, such as certain BMPs and other bioactive molecules [104] . However, several studies have reported that some CaP biomaterials [105-107], namely CaP coatings [107, 108], may be osteoinductive. These CaP biomaterials may induce bone formation at extraskeletal sites without addition of osteogenic cells or bioactive agents. Hydroxyapatite is not osteoinductive because it cannot induce osteogenic differentiation of progenitor cells when implanted in a nonosseous environment, such as skin and muscle [12]. 299 300 301 302 303 304 305 306 307 308 309

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#### **13.3.3. Incorporation of Biomolecules into CaP Biomimetic Coatings**  310

 Numerous attempts have been made to improve the osteoconductivity of biomaterials. Coatings of CaP expedite osteoconduction and bone ingrowth at the surface of bone substitutes and, therefore, are useful strategies in tissue-engineering endeavors for the regeneration of bone tissue. However, a methodology that enables regeneration of bone tissue should not only expedite osteoconduction, but also osteoinduction through biochemical pathways [109–112]. It is known that BMPs can be incorporated into CaP implants (with adequate 3D) geometry) to promote osteogenesis [112, 113] ; the surface of such implants, however, will be rapidly conditioned by several highly concentrated molecules [114] . For this reason, other types of delivery-specific approaches have been investigated as alternatives that further functionalize and enhance the potential of CaP coatings. Specifically, the CaP biomimetic coatings have been used as a carrier of various molecules, including osteoinductive agents such as BMPs [115–117], other proteins [101, 118–120], enzymes [96, 98, 101], and antibiotics [13, 121]. 311 312 313 314 315 316 317 318 319 320 321 322

 Biomimetic CaP coatings, produced as described in earlier parts of this chapter, are deposited onto surfaces under physiological temperature and pH [110] , enabling coprecipitation and consequent incorporation of biologically active molecules [99] . This approach circumvents difficulties common to plasma spraying techniques. By using low temperatures, biomimetic processes can be applied not only to highly resistant materials (e.g., metallic alloys) but also to polymeric and naturally derived materials (e.g., chitosan, starch, and collagen) for implantation [122]. 323 324 325 326 327 328 329

 The major objective of CaP coatings is to provide appropriate biological composition and to improve the quality of the surfaces of various materials used for orthopedic applications. The conditions under which such a coating is prepared affect conformational stability of incorporated biomolecules, and thus the bioactivity and shelf-life of the final product. Such coatings, which are structurally and chemically comparable to the mineral component of bone, can possesses favorable bioactive properties that may facilitate outcomes in cases of critical clinical need [13, 123] . 330 331 332 333 334 335 336

 This alternative coating technique may be used to produce systems with several advantages, such as reduction of burst release of incorporated molecules into the biological milieu. In this case, biomolecules incorporated in the inorganic phase are gradually released as the latticework undergoes degradation. The advent of the slow degradation of the coating modulates delivery of bioactive agents. Slow release of these chemical compounds may improve the osteoinductive capacity of the implant material [100, 124] . 337 338 339 340 341 342

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 One of the potential applications of CaP coatings pertains to the incorporation of bioactive 343 agents and proteins. Azevedo et al. [101] used a biomimetic technique and successfully incorporated bovine serum albumin and  $\alpha$ -amylase into a CaP coating on the surface of a starch-based polymer. In that study, the properties of the resultant biomaterial were tailored by judicious choice of specific enzymes and their incorporation at different compositions and 347 combinations into CaP coatings that retained their bioactivity [101] . Efficient incorporation of active  $\alpha$ -amylase into biomimetic coatings controlled the degradation rate of starch-based biomaterials. Similar results and applications were achieved with chitosan scaffolds after incorporation of lysozyme [96, 98] . Martins et al. [96, 98] incorporated lysozyme into CaP coatings on the surface of chitosan scaffolds in order to control the degradation rate of chitosan and subsequent formation of pores. Furthermore, since lysozyme has antibacterial properties, these coatings may be used as a carrier for its sustained release, potentially mitigating infection at the implantation site. Several studies reported in the literature addressed incorporation of BMPs into biomimetic CaP layers [110, 116, 123, 125] . These studies indicated that CaP coatings have the potential for sustained delivery of many other bioactive agents. Liu and coworkers [99] demonstrated that BMP-2 retained its osteoinductivity when delivered from biomimetic systems and that the osteoconductivity of implant material surfaces was affected by BMP-2 and its delivery mode [123]. 344 345 346 348 349 350 351 352 353 354 355 356 357 358 359 360

 In summary, the results discussed in this section support the strategy of adding osteoinductive signaling molecules into CaP biomimetic coatings for the purpose of inducing bone growth. 361 362 363

### **13.4. Osteogenic Differentiation of Marrow Stromal Cells and Mineralized ECM Production In Vitro**

 Biomaterials and scaffolds considered for bone tissue engineering are often evaluated in vitro for their ability to support adhesion, proliferation, and differentiation of progenitor cells along the osteogenic pathway prior to being evaluated in vivo. In vitro cell–scaffold interactions are determined using osteoblasts, osteosarcoma cell lines, and osteoprogenitor cells. The scaffolds used for this purpose mimic the ECM of bone and play a crucial role in supporting cell functions and differentiation, but may also be used to deliver biomolecules. 366 367 368 369 370 371

 Osteoblastic differentiation of MSCs comprises cell proliferation, cell maturation, and matrix mineralization. During these phases, cells synthesize and secrete alkaline phosphatase, type I collagen, and other noncollagenous ECM proteins, such as osteocalcin, osteopontin, osteonectin, and bone sialoprotein. Mineralization occurs through accumulation of calcium and phosphorous in the ECM. 372 373 374 375 376

#### **13.4.1. BMSCs Versus MSCs**

 The osteoprogenitor cells used for bone tissue-engineering purposes are derived from 378 various tissue sources. Bone marrow stroma consists of a heterogeneous cell population that provides structural and physiological support for hematopoietic cells [126] . Bone marrow contains three main cell types: endothelial cells, hematopoietic cells, and stromal cells. Friedenstein [127, 128] were the first to identify in bone marrow cell populations with strong osteogenic potential. When marrow cells are plated at low cell densities, BMSCs form colonies known as "colony-forming unit–fibroblasts"; this term indicates that each colony derives from 379 380 381 382 383 384

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a single proliferating progenitor [129] . The term "BMSCs" is applied to isolated bone marrow cells with potential to form connective tissues [129] . 385 386

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 Due to their high proliferation potential, BMSCs can be expanded in culture to obtain large numbers of cells starting from a small sample of bone marrow aspirate. The BMSC population contains precursor cells capable of extensive proliferation and differentiation into several phenotypes. Furthermore, BMSCs maintain their multipotential capacity during prolonged culture and multiple passages in vitro. Among these BMSCs there is a subpopulation of undifferentiated multipotent cells able to generate "mesenchyme," the mass of tissue that develops from the mesoderm of an embryo. This cell population is present in all postnatal tissues and is referred to as "MSCs" [130, 131] . In the past, researchers working with cells from the bone marrow used different names to refer to the same cells. This practice lead to nomenclature confusion; for example, BMSCs have been referred to as multipotent adult progenitor cells, MSCs, bone marrow stromal stem cells (BMSSCs), and mesodermal progenitor cells [132] . What is presently known is that, if appropriately induced, these cells can also differentiate along pathways different from those associated with the cells' tissues of origin [133] . 387 388 389 390 391 392 393 394 395 396 397 398 399

 Stem cells are able to provide replacements for various differentiated cell types. The use of MSCs has several advantages, as they have unique biological properties, are capable of extensive replication in culture in an undifferentiated state, and can differentiate along multiple pathways to form various cells from a number of tissues, including bone, cartilage, and fat [4] . Identification of stem cells using surface markers has not been definitive either, because similar markers are also present on nonstem cells, or because a particular marker may only be temporarily expressed on a stem cell at a certain stage or under specific conditions. 400 401 402 403 404 405 406

#### **13.4.2. Osteogenic Differentiation**  407

 In addition to being osteoconductive and osteoinductive, an ideal scaffold should also be osteogenic (that is, containing living cells capable of differentiation into osteoblasts). Differentiation of MSCs along the osteoblastic lineage in vitro starts with a period of cell proliferation followed by synthesis and deposition of ECM components by the cells; accumulation of calcium finally leads to mineralization of the ECM. To induce osteogenic differentiation in MSCs, the culture medium is usually supplemented with osteogenic agents such as dexamethasone,  $\beta$ -glycerophosphate, and ascorbic acid. 408 409 410 411 412 413 414

 Dexamethasone, a synthetic glucocorticoid, stimulates MSC proliferation and supports osteogenic lineage differentiation [134–136]. Organic phosphates, such as  $\beta$ -glycerophosphate, also support osteogenesis by contributing to mineralization of the ECM and modulating osteoblast function [136–138]. Free phosphates can also induce expression of osteogenic protein markers, such as osteopontin [136, 139] . Other supplements, such as ascorbic acid, enhance collagen synthesis and upregulate alkaline phosphatase expression in bone cells. Ascorbic acid stimulates marrow stromal cells to differentiate along the osteoblast lineage [139– 141] . Furthermore, ascorbic acid promotes osteogenic induction evidenced by increased alkaline phosphatase activity and production of osteocalcin in osteogenic cultures [142] . 415 416 417 418 419 420 421 422 423

Martins et al. [76] used marrow stromal cells cultured on starch-poly( $\varepsilon$ -caprolactone) blend scaffolds in static cultures and reported that the enzyme lipase enhanced osteogenic differentiation and promoted deposition of a mineralized ECM. The BMP family of growth factors is frequently used for osteoinduction. BMP-2 increases calcium-containing nodule formation and the calcium content of osteogenic cultures in vitro  $[136]$ . The TGF- $\beta$  superfamily contains a large number of growth factors with different functions, many of which regulate cell proliferation and ECM production. Fibroblast growth factors (FGFs), namely 424 425 426 427 428 429 430

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FGF-1 and FGF-2, are produced by oseoblasts and are constituents of the bone matrix s . Insulin-like growth factors (IGF) stimulate osteogenesis; IGF-2 is the most abundant growth factor found in bone matrix. Gomes et al. [143] demonstrated that an in vitro generated bonelike ECM produced by marrow stromal cells contains bioactive growth factors including TGF- $\beta$ 1, FGF-2, vascular endothelial growth factor, and BMP-2. Pham et al. [144] reported that the gene expression profiles of various bone-related growth factors and ECM proteins in MSCs cultured in osteogenic media were upregulated; these chemical compounds are present in native bone tissue. Costa-Pinto et al. [48] studied the osteogenic differentiation of a mouse MSC line (BMC9) cultured on novel melt-based chitosan/polyester scaffolds and reported high levels of alkaline phosphatase activity and formation of a calcified ECM; these results are evidence of differentiation of the cells along the osteogenic pathway. 431 432 433 434 435 436 437 438 439 440 441

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 Expression of osteoblast phenotype markers in culture defines three different phases of bone-related activities: cell proliferation, ECM maturation, and ECM mineralization. During active cell proliferation, growth-related genes are expressed, and minimal levels of type I collagen are observed [145]. Following this phase, a period of matrix maturation occurs when alkaline phosphatase is maximally expressed. Finally, the ECM becomes mineralized, the third period of the bone developmental sequence [145] . There are two transition periods between the aforementioned developmental periods: the first occurs at the end of proliferative period and the second when expression of osteoblastic phenotype markers (such as osteocalcin and osteopontin), become significantly elevated with the onset of mineralization [145] . 442 443 444 445 446 447 448 449 450

 Alkaline phosphatase activity, an early marker of the osteoblastic phenotype, is upregulated at the onset of cell differentiation but subsequently decreases as cell differentiation progresses. Another marker of bone formation is calcium-containing mineral deposits in the ECM. To detect mineral deposition, tetracycline-HCl, a fluorochrome-labeling agent for bone tissues [146] , is added to the osteogenic culture media [147] . Tetracycline accumulates at sites of bone formation and fluoresces brightly when activated with appropriate fluorescent light. Qualitative (or semiquantitative) analysis of calcium-containing mineral deposits in bone cell cultures uses the von Kossa, alizarin red, and methylene blue/basic fuchsin staining methods [147, 148]. An important artifact, which should be kept in mind when using these analyses, is that the ECM uptakes calcium independently from cell-mediated mineral deposition. For this reason, confirmation of the results obtained using the aforementioned staining methods should be complemented with data from either diffraction or spectroscopy methods such as thin-film X-ray diffraction and Fourier-transformed infrared spectroscopy [76, 148, 149] . 451 452 453 454 455 456 457 458 459 460 461 462 463

 Expression of osteopontin occurs during the mid- to late-stages of osteogenic differentiation of MSCs [150] . Osteopontin is an extracellular protein secreted by differentiating osteoblasts that is upregulated both during cell proliferation and at the onset of ECM mineralization. Osteocalcin, another late-stage marker of osteoblastic differentiation, can be assessed using commercially available immunoassays. Immunohistochemistry using specific antibodies to detect the presence of growth factors, bone- and ECM-related proteins, and enzymes is well established and widely used. Real-time reverse transcriptase polymerase chain reaction is used to determine expression of bone-related genes, such as osteoblast marker genes, growth factors, and ECM biomolecules, in MSCs [144] . 464 465 466 467 468 469 470 471 472

### **13.4.3. Bone-Specific Matrix Proteins**

 The bone matrix is not only composed of a mineralized phase, but also of an organic 474 phase containing collagenous and noncollagenous proteins, matrix metalloproteinases, proteoglycans, and glycoproteins. Bone formation involves regulated secretion, deposition, and 476 475

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removal of a complex array of these matrix proteins, which appear in a defined temporal and spatial sequence [12] . Mineralization also dictates the spatial orientation of matrix deposition [12]. Most proteins originally thought to be unique to the bone ECM were subsequently proven to be expressed in many other tissues of the body. Osteocalcin is the only protein still considered to be bone specific in bone mineralization [12] . 477 478 479 480 481

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 As discussed previously, alkaline phosphatase is considered an early-stage marker of osteoblastic differentiation [145] and is expressed during the postcell proliferative period of ECM deposition. Type I collagen, the major ECM protein of bone, provides a template for subsequent mineralization [151] . Alkaline phosphatase, collagen, and osteonectin are expressed at high levels near the end of cell proliferation and during the period of ECM deposition and maturation [139]. 482 483 484 485 486 487

 Osteopontin and bone sialoprotein, *N* -linked glycoproteins containing integrin-binding RGD motifs, are involved in cell-matrix interactions. Osteopontin is widely distributed in different tissues, whereas bone sialoprotein is highly enriched in bone and skeletal cartilage [152]. Osteopontin, a phosphorylated glycoprotein associated with the early stages of osteogenesis that precede mineralization, is secreted by osteoblasts into the mineralizing ECM during bone development [139, 153] . In bone, bone sialoprotein is expressed by fully mature osteogenic cells capable of depositing mineralized matrix [152] . Extracellular bone sialoprotein localizes to newly formed, mineralized bone matrix; its distribution coincides with that of mineral deposits [154] . Bone sialoprotein, a protein expressed during the early phases of bone deposition, controls both mineral formation and cell-matrix interactions [155] . This protein is used as a marker of initial bone formation [155] . The function of bone sialoprotein in bone, which has not been completely elucidated yet, may be related to the regulation of physiological mineralization of skeletal ECMs [154, 156] . Osteocalcin is another marker of late-term osteogenic differentiation associated with osteoblast-mediated matrix deposition and mineralization [157, 158] . Expression of osteopontin, osteocalcin, and bone sialoprotein occurs later during the third period of ECM mineralization. 488 489 490 491 492 493 494 495 496 497 498 499 500 501 502 503

#### **13.5. Summary**  504

 Surface modification of biomaterials uses methods that mimic biomineralization and enable incorporation of bioactive molecules and agents; such treatments can improve both in vitro and in vivo osteogenic differentiation. The main objective of CaP coatings is osteoconduction and enhanced adhesion of osteogenic cells onto biomaterial surfaces. Because CaP coatings have structures and chemical properties similar to those of native bone, they have great potential and promise to increase bone ingrowth in areas of clinical need. 505 506 507 508 509 510

 Because they lack essential properties, such as bioactivity and osteoinductivity, most currently available polymers present limitations for bone-related biomedical applications. In this respect then, the biomimetic coating technique discussed in the present chapter has the potential to impart these essential properties to biomaterials. Since CaP layers can be applied on 3D scaffolds, the biomimetic-coating approach has been receiving increased attention in the bone tissue-engineering field. 511 512 513 514 515 516

 Moreover, CaP coatings have been considered as a potential carrier for the delivery of various biomolecules, chosen for their physicochemical and biological properties as well as for their osteoconductivity. Complementing the CaP biomimetic coating approach, incorporation of biomolecules provides osteoinductive properties to biomaterials. Since this method is carried out under physiological conditions, proteins, enzymes, and other bioactive agents 517 518 519 520 521

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can be incorporated into CaP layers without loss of their bioactivity. A major advantage is the fact that the biomaterial–CaP coating-biomolecule can simultaneously exhibit osteoinductive and osteoconductive properties, because it can act as a carrier system for the controlled release of multiple biologically active proteins. Incorporation of enzymes into CaP layers coated on the surface of scaffolds (using the biomimetic-coating technique) can be also used to control the degradation rate of the material substrate in vivo. An integrated approach combining a material scaffold, CaP coatings, bioactive molecules and/or enzymes, and in vitro cell cultures may provide an optimal environment for cell adhesion and osteogenic differentiation as well as generate a mineralized ECM containing select bioactive molecules. 522 523 524 525 526 527 528 529 530

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 Incorporation of bioactive molecules into CaP coatings on scaffolds for tissue-engineering applications has the potential to provide advanced, tissue-specific constructs to promote improved alternative treatment of bone pathologies and trauma. The present chapter summarized the results of studies that used biomolecules important to bone tissue engineering. Further research is needed to elucidate important aspects such as details of the release profiles of entrapped bioactive molecules, retention of their bioactivity, etc. Establishment 536 and further development of nature-inspired techniques to design and formulate novel biomaterials could provide the next generation of effective scaffolds for bone tissue engineering. 531 532 533 534 535 537 538

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# Author Queries

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Chapter No.: CH13



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