NURSES KNOWLEDGE

2. The nurses' knowledge happens on the physiopathology of the COPD. The level of the national and international directives and the program of respiratory rehabilitation is not valued by the nurses. They don’t evidence knowledge about scales, dyspnea evaluation, life quality and life activities, in COPD specific.

PATIENTS CHARACTERIZATION

5. The profile of COPD person is in accordance with described in manuals: the age, professions, gender, smokers, social and economic status. Related to the perception of their health declare that they are worse than twelve months before. No person knows the process of the illness. They evaluate its dyspnea (scale of Borg) very as strong. At daily life, they are capable to walk 100 meters the normal step and in plain land. They do not obtain to carry light purchases. Comparing the state of perfect health, EuroQ5 dimensions is equal 1,000, the evaluated patients present values in interval 0,5919 and 0,024. They had never been part of a respiratory rehabilitation program.

CONCLUSION

Analysis of important data and clinic practice will allow: Development of formation plan to the nurses; Construction of new process of nursing care; Translation and adaptation of the Education Manual of COPD person; Follow-up of COPD person to evaluate intervention: weekly by phone, and 1, 3 and 6 months in consultation.

B - ACTION AND CHANGE

1. FORMATION PLAN

Twenty sessions with experts in COPD. Thomatic: illness, treatments, health promotion, nursing processes care, Project Goti: the evidence; scales of evaluation of the dyspnea and quality of life (generic and specific); the national policies of prevention COPD; the psychological process.

2. NURSING CARE NEW PROCESS

FOCUS OF NURSING PRACTICE

- IMPLANTATION ACCOUNTING
- DETERMINATION OF THE NURSING INTERVENTION
- OBJECTIVE NURSING ACTION
- SELF- CONTROL: BREATHE
- SELF- CARE: TO DRESS
- THE DOCTOR WORK

3. PERSON WITH COPD EDUCATION MANUAL

4. FOLLOW UP

- FOLLOW-UP 6LESS: Sit, Lie, Sit 2
- MONITOR (%)
- MONITOR BORG
- MONITOR SIE
- MONITOR CARES
- MONITOR CARES

MONITOR CARES PROGRESSIVE AND DEVELOPMENT OF COMPLICATIONS

- MONITOR EXPOSURE TO RISK FACTORS:
- MONITOR DISEASE PROGRESSION AND DEVELOPMENT
- MONITOR COMPLICATIONS:
- MONITOR EXPOSURE TO RISK FACTORS:

- MONITOR DISEASE PROGRESSION AND DEVELOPMENT
- MONITOR COMPLICATIONS:
- MONITOR EXPOSURE TO RISK FACTORS:
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